



# Mustafeez Ur Rahman

**Work :** Al laith, Saudi Arabia

**Email:** [urrahmanh97@gmail.com](mailto:urrahmanh97@gmail.com) **Phone:** (+966) 549866012

**WhatsApp Messenger:** +966549866012

**Gender:** Male **Date of birth:** 10/03/2003 **Nationality:** Pakistani

## ABOUT ME

Highly motivated and results-oriented HSE/Safety Officer with 2 years of experience in implementing and maintaining a comprehensive HSE (Health, Safety, and Environment) management system. Proven ability to identify and mitigate workplace hazards, conduct safety inspections, and deliver effective training programs. Strong analytical and communication skills with a commitment to fostering a safe and healthy work environment.

## WORK EXPERIENCE

[ 26/10/2024 – Current ]

### HSE officer

#### *Emaar Al badar*

**City:** Duba | **Country:** Saudi Arabia

- Conduct tool box talk to aware the employees from the hazard and it's control measures.
- Inspected tools and equipment to ensure that they were safe to use and properly maintained.
- Monitored the color-coding of portable power tools, fire extinguishers, full body harnesses, etc. to ensure that they were properly identified and used.
- Conducted risk assessments and developed control measures to mitigate hazards.
- Conducted routine site safety inspections and reporting to identify and address potential hazards.
- Conducted and organized mock drills to ensure that employees were prepared for emergencies.
- Ensured that the site welfare facilities were adequate and properly maintained.
- Conducted HSE patrols to identify and address unsafe acts/conditions, non-environment-friendly operations, and behaviors.
- Ensured the implementation of a safe LOTO system at the site.
- Captured near misses, first aid cases, and incidents and prepared reports to track trends and identify areas for improvement.
- Install different safety signage at different location in the site.

[ 15/10/2022 – 15/10/2024 ]

### HSE Officer

#### *Universal Tobacco Pvt Limited*

**City:** Mardan | **Country:** Pakistan

- Conducted HSE patrols to identify and address unsafe acts/conditions, non-environment-friendly operations, and behaviors
- Conducted risk assessments and developed control measures to mitigate hazards.
- Inspected hot work areas, height work areas, and confined space areas to ensure that they were safe for employees to work in.
- Observed all activities and reported all unsafe acts and conditions to management.
- Ensured that the workplace met all safety requirements by conducting regular inspections and implementing corrective actions as needed.
- Inspected tools and equipment to ensure that they were safe to use and properly maintained.
- Ensured the implementation of a safe LOTO system at the site.
- Monitored the color-coding of portable power tools, fire extinguishers, full body harnesses, etc. to ensure that they were properly identified and used.
- Ensured that the site welfare facilities were adequate and properly maintained.
- Conducted and organized mock drills to ensure that employees were prepared for emergencies.

## EDUCATION AND TRAINING

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[ 07/09/2020 – 07/09/2023 ] **Diploma In Health & safety engineering**

*PIEMS College system*

**City:** Peshawar | **Country:** Pakistan |

[ 02/09/2019 – 21/09/2021 ] **Higher secondary school certificate**

*Mardan model school & college*

**City:** Mardan | **Country:** Pakistan |

[ 10/02/2017 – 10/03/2019 ] **Secondary school certificate**

*Govt. Centennial model high school for boys*

**City:** Mardan | **Country:** Pakistan |

## CERTIFICATION

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### **NEBOSH IGC Level 3**

International general certificate in occupational health and safety

### **OSHA 30 hours general industry standard**

Occupational health and safety American society

### **IOSH**

Institution of occupational health and safety

### **ISO 45001: Lead auditor course**

Occupational health and safety American society

### **Level 2 award in fire safety principle**

Aosh awarding body united kingdom

### **International Level 2 Award in First Aid at Workplace**

Occupational health and safety American society

### **Basic life support**

Saudi heart association

## SKILLS

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### **HSE Management System Implementation**

### **Risk Assessment & Management**

### **Permit to Work System & Method Statement**

### **Workplace Safety & Welfare Management**

### **OSHA Standard**

### **Equipment & Tool Inspection & Management**

**Safety Inspection**

**Emergency preparedness**

**Communication Skills**

**Safety Training & Drill Preparation**

**Incident Reporting & Investigation**

## **LANGUAGE SKILLS**

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**Other language(s):**

**English**

**LISTENING B2 READING B2 WRITING C1**

**SPOKEN PRODUCTION B2 SPOKEN INTERACTION B2**

**Urdu**

**LISTENING C2 READING C2 WRITING C2**

**SPOKEN PRODUCTION C2 SPOKEN INTERACTION C2**

*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*

## **REFERENCES**

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**Available upon request**



nebosh

# NEBOSH International General Certificate in Occupational Health and Safety

This is to certify that

**Mustafeez Ur Rahman**

was awarded this qualification on

**17 April 2023**

Les Philpott  
Chair

Dee Arp  
Accountable Officer

Master log certificate No: 00712697/1351634

SQA Ref: R630 04



**The National Examination Board in  
Occupational Safety and Health**  
Registered in England & Wales No. 2698100  
A Charitable Company Charity No. 1010444



This is a certificate awarded to

**Mustafeez Ur Rahman**

on successfully completing

**Managing Safely**

a course approved and validated by the

**Institution of Occupational Safety and Health**

in association with

**ACME Institute of Safety Professionals**

*Approved Centre: 3278*

Signed on behalf of IOSH

*Vanessa Howard-Williams*

Chief Executive

*[Signature]*

Course Organiser





OSHAS

Occupational  
Safety & Health  
American Society

Cert No. : 0052706

# Certificate of Completion

**Mustafeez Ur Rahman**

Has successfully completed all academic requirements in this Occupational Safety & Health course of study presented by OSHAS authorized training provider (ATP)

**30 Hours General Industry Standards**

**Henry D'Cooper**  
Chief Executive Officer



**14-10-2022**

Issue Date

**Marcus Hilton**  
Director Training



[www.oshas.us](http://www.oshas.us)

**OSHA**



Occupational  
Safety & Health  
American Society

**OSHAS**

# OSHAS

OCCUPATIONAL SAFETY & HEALTH AMERICAN SOCIETY

This is to certify that

## Mustafeez Ur Rahman

Has successfully completed all the assessments & academic  
requirements for following program

### ISO 45001:2018 (OHSMS) Lead Auditor Course

**12-10-2022**

Issue Date

**HENRY D'COOPER**  
CHIEF EXECUTIVE OFFICER

**MARCUS HILTON**  
DIRECTOR TRAINING



[www.oshas.us](http://www.oshas.us)

Cert No. : 52710



This is to certify that

**Mustafeez Ur Rahman**

has successfully completed

**Level 2 Award in Fire Safety Principles**

a course approved and validated by the

**Aosh Awarding Body United Kingdom**

in association with

**HSE Academy (private) Limited**

  
Course Provider

  
Chief Executive



Cert. No.: 0078615875



Date: 04 Oct 2022



Occupational  
Safety & Health  
American Society

# OSHAS

OCCUPATIONAL SAFETY & HEALTH AMERICAN SOCIETY

This is to certify that

## Mustafeez Ur Rahman

Has successfully completed all the assessments & academic  
requirements for following program

### International Level 2 Award in First Aid at Workplace

**19-12-2022**

Issue Date

**HENRY D'COOPER**  
CHIEF EXECUTIVE OFFICER

**MARCUS HILTON**  
DIRECTOR TRAINING



## BLS Provider

This certifies that the holder of this card has successfully completed the national cognitive and skills performance examination in accordance with the standards and guidelines of the Saudi Heart Association for the Basic Life Support.



Saudi Heart Association  
جمعية القلب السعودية

### MUSTAFEEZ UR RAHMAN

**Registration ID:** 220598  
**Issued:** Jan 17 2025  
**Expired:** Jan 17 2027  
**eCertificateID:** 205550115040  
**Training Center:** Al Borg Academy Center



**Prof. Fahad Alshime**  
Chairman, National CPR Committee  
Saudi Heart Association

To view or verify authenticity, students and employers should scan this QR code with their mobile device.

جمعية القلب السعودية  
Saudi Heart Association



NATIONAL LIFE  
SUPPORT COMMITTEE



Roll No. 9003737

Session: 2020-2023

Serial No. 33655

# Pakistan Technical & Educational Council Islamabad

Islamabad - Pakistan

Established Under (ACT, XXI of 1860 Govt. of Punjab Pakistan)  
www.ptec.com.pk



## Diploma

Certified that Mr/Miss/Mrs. MUSTAFEEZ UR RAHMAN S.O/D.O/W.O HAFEEZ UR RAHMAN

Registration No. PTEC/PCS/A261-9880 Institute PIEMS COLLEGE SYSTEM PESHAWAR

appeared and passed the trade proficiency test in accordance with the requirements of the National Occupational Skills standards of 3 YEARS duration prescribed by the Pakistan Technical & Education Council, Government of Punjab in the Trade of HEALTH AND SAFETY ENGINEERING

The test was conducted by the Pakistan Technical & Education Council in the month of JULY, 2023

His/Her proficiency in the trade test is as under:- 1) Theory 1616 2) Practical 995

The examination was taken as a whole/in parts.

And in recognition thereof this Trade Certificate is issued on the TUESDAY SEPTEMBER 12, 2023

Total Marks	Marks Obtained	Percentage	Grade
3450	2611	75.68%	A



Controller of (Exam)



Secretary, PTEC



# Pakistan Technical & Educational Council Islamabad

## DETAILED MARKS CERTIFICATE

### 1ST YEAR HEALTH AND SAFETY ENGINEERING

Roll No: 7003757 Session: ANNUAL 2020-2021  
Reg No: PTEC/PCS/A261-9880  
Name of Candidate: MUSTAFEEZ UR RAHMAN  
Father's Name: HAFEEZ UR RAHMAN  
Institute / College: PIEMS COLLEGE SYSTEM PESHAWAR



S#	SUBJECTS	TOTAL MARKS	OBTAINED MARKS		
			TH	PR	TOTAL
01	Foundations in Health, Safety, and Environment	50	35	-	35
02	Policy	100	64	-	64
03	Organizing	150	124	-	124
04	Planning	50 / 50	29	31	60
05	Measuring, Audit, and Review	50 / 50	41	30	71
06	Work Equipment Hazards and Risk Controls	100 / 100	67	92	159
07	Fire Hazards and Risk Controls	100 / 50	95	45	140
08	Transport Hazards and Risk Controls	50 / 100	47	67	114
09	Electrical Hazards and Risk Controls	50 / 50	36	43	79
10	Construction Hazards and Risk Controls	50	-	28	28
<b>TOTAL MARKS</b>		<b>1150</b>	<b>-</b>	<b>-</b>	<b>874</b>

Errors and omissions excepted any mistake in above particulars must be intimidated within 30 days of issuance of this certificate.

Theory Passing Marks=40%  
Practical Passing Marks=50%



Controller of Examination



# Pakistan Technical & Educational Council Islamabad

## DETAILED MARKS CERTIFICATE

### 2ND YEAR HEALTH AND SAFETY ENGINEERING

Roll No: 8003787 Session: ANNUAL 2021-2022  
Reg No: PTEC/PCS/A261-9880  
Name of Candidate: MUSTAFEEZ UR RAHMAN  
Father's Name: HAFEEZ UR RAHMAN  
Institute / College: PIEMS COLLEGE SYSTEM PESHAWAR




S#	SUBJECTS	TOTAL MARKS	OBTAINED MARKS		
			TH	PR	TOTAL
<b>1ST YEAR MARKS</b>		<b>1150</b>	-	-	<b>874</b>
01	Significance of HSE	100	50	-	50
02	Health and Safety Management and Administration	150	145	-	145
03	Health and Safety Management	50 / 50	28	39	67
04	Principles of Accident Prevention	50 / 50	36	48	84
05	Occupational Diseases and Conditions	100 / 100	81	59	140
06	First Aid	100 / 50	76	48	124
07	Construction and Contractors	50 / 100	25	55	80
08	The Working Environment	50 / 50	42	39	81
09	Dangerous Substances	50 / 50	26	48	74
<b>TOTAL MARKS</b>		<b>2300</b>	-	-	<b>1719</b>

Errors and omissions excepted any mistake in above particulars must be intimated within 30 days of issuance of this certificate.

Theory Passing Marks=40%  
Practical Passing Marks=50%



  
Controller of Examination



# Pakistan Technical & Educational Council Islamabad

## DETAILED MARKS CERTIFICATE

### 3RD YEAR HEALTH AND SAFETY ENGINEERING

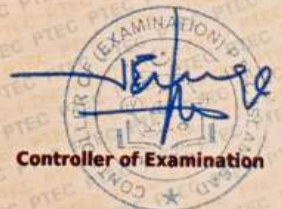
Roll No: 9003737 Session: ANNUAL 2022-2023  
Reg No: PTEC/PCS/A261-9880  
Name of Candidate: MUSTAFEEZ UR RAHMAN  
Father's Name: HAFEEZ UR RAHMAN  
Institute / College: PIEMS COLLEGE SYSTEM PESHAWAR



S#	SUBJECTS	TOTAL MARKS	OBTAINED MARKS		
			TH	PR	TOTAL
<b>2ND YEAR MARKS</b>		<b>2300</b>	-	-	<b>1719</b>
01	Safety in Offices, Workshops and in Catering	50	47	-	47
02	Introduction to Health and Environment	100	50	-	50
03	Environmental Quality and Human Activity	50 / 100	26	82	108
04	Energy use and Sustainable Development	100	94	-	94
05	Outdoor Air Pollution	150 / 50	140	40	180
06	The Indoor Environment	100 / 50	67	36	103
07	Global Climate Change and Human Health	100 / 50	95	38	133
08	The Balance of Ecosystems and Human Health	100 / 50	50	38	88
09	Action at Global and Local Levels	100	-	89	89
<b>TOTAL MARKS</b>		<b>3450</b>	-	-	<b>2611</b>

Errors and omissions excepted any mistake in above particulars must be intimated within 30 days of issuance of this certificate.

Theory Passing Marks=40%  
Practical Passing Marks=50%



Controller of Examination

Roll No. 608685

Serial No. 438036

Reg\_No:  
26-B/MMCM-2019

Group:  
PRE MEDICAL

Board of Intermediate and Secondary Education  
Mardan  
Khyber Pakhtunkhwa Pakistan



Higher Secondary School Certificate Examination ,Annual 2021

This is to certify that MUSTAFEEZ UR RAHMAN Son of HAFEEZ UR RAHMAN  
and student of THE MARDAN MODEL SCHOOL & COLLEGE MARDAN  
has passed the Higher Secondary School Certificate Examination of the Board of Intermediate and Secondary  
Education, Mardan, held in July/August,2021 as a Regular Candidate.  
He obtained 824 Marks out of 1100 and has been placed in Grade A Representing Excellent.  
The Examination was taken as a whole.

  
Asstt. Secretary

This certificate is issued without alteration or erasure.

  
Secretary





BOARD OF INTERMEDIATE AND SECONDARY EDUCATION  
MARDAN  
Khyber Pakhtunkhwa, Pakistan

BISE MARDAN  
KHYBER PAKHTUNKHWA

S.No.MB 0033421

Roll No: 608685

Reg No: 26-B/MMCM-2019



PROVISIONAL AND DETAILED MARKS CERTIFICATE  
INTERMEDIATE (ANNUAL) EXAMINATION - 2021  
PRE-MEDICAL ( Part-II )

MUSTAFEEZ UR RAHMAN Son/Daughter of HAFEEZ UR RAHMAN

of Institution/District THE MARDAN MODEL SCHOOL & COLLEGE MARDAN

has secured the marks shown against each subject in the Higher Secondary School Examination held in the month of JULY/AUGUST as REGULAR Candidate.

Subjects	Marks	Marks Obtained					
		Part-I		Part-II		Total	Marks in Words
		Theory	Pract	Theory	Pract		
English	200	77	--	77	--	154	One Hundred Fifty-Four
Urdu	200	77	--	77	--	154	One Hundred Fifty-Four
Islamic Education	50	39	--	--	--	39	Thirty-Nine
Pakistan Studies	50	--	--	39	--	39	Thirty-Nine
Physics	200	48	12	48	12	120	One Hundred Twenty Only
Chemistry	200	62	13	62	13	150	One Hundred Fifty Only
Biology	200	70	14	70	14	168	One Hundred Sixty-Eight

Total : 1100

824-A Eight Hundred Twenty-Four Only

Remarks :

Prepared by :

Checked by : *Farman*

Date of Declaration of Result: 21-09-2021

Date of Issue: 21-09-2021

Note: Errors/Omissions are excepted. Any mistake in above particulars must be intimated within 30 days after declaration of result.

*Rashidul*

Controller of Examinations

BISE, Mardan

Roll No. 103336

Serial No. 685094

Group Science

Board of Intermediate and Secondary Education  
Mardan  
Khyber Pakhtunkhwa Pakistan



Secondary School Certificate Examination ,Annual 2019

Certified that MUSTAFEEZ UR RAHMAN Son of HAFEEZ UR RAHMAN  
and student of GOVT. CENTENNIAL MODEL HIGH SCHOOL FOR BOYS MARDAN has passed the Secondary School  
Certificate Examination of BISE, Mardan, held in Mar/Apr,2019 as Regular Candidate.

He obtained 843 Marks out of 1100 and has been placed in Grade A Representing Excellent.

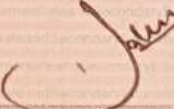
The candidate passed the following subjects:

- |            |            |                     |                     |
|------------|------------|---------------------|---------------------|
| 1. English | 2. Urdu    | 3. Islamiyat (Comp) | 4. Pakistan Studies |
| 5. Maths   | 6. Physics | 7. Chemistry        | 8. Biology          |

Date of birth as per record is: Tenth March Two Thousand Three (10-03-2003)

  
Asstt. Secretary

This certificate is issued without alteration or erasure.

  
Secretary





BISE MARDAN  
KHYBER PAKHTUNKHWA

BOARD OF INTERMEDIATE AND SECONDARY EDUCATION  
MARDAN  
Khyber Pakhtunkhwa, Pakistan

S.No.MB 0251590

Roll No 103336

Enrolment No 94-B/GCMHM-  
2017

Group SCIENCE

PROVISIONAL AND DETAILED MARKS CERTIFICATE  
SECONDARY SCHOOL CERTIFICATE EXAMINATION  
Session 2019 (Annual)



Mustafeez Ur Rahman

Son/Daughter of Hafeez Ur Rahman

of Institution/District Govt. Centennial Model High School For Boys Mardan

has secured the marks shown against each subject in the Secondary School Examination held in the  
month of March/April as Regular Candidate

Subject	Marks			MARKS OBTAINED					In Words
	Theory	Pract	Total	9Th		10Th		Total	
				Th	Pract	Th	Pract		
1. English	75	-	150	52	--	61	--	113	One Hundred Thirteen
2. Urdu	75	-	150	56	--	60	--	116	One Hundred Sixteen
3. Islamiyat (Comp)	50	-	100	37	--	38	--	75	Seventy-Five
4. Pakistan Studies	50	-	100	37	--	39	--	76	Seventy-Six
5. Physics	65	10	150	38	10	45	10	103	One Hundred Three
6. Chemistry	65	10	150	59	10	41	10	120	One Hundred Twenty Only
7. Biology	65	10	150	57	10	57	10	134	One Hundred Thirty-Four
8. Maths	75	-	150	52	--	54	--	106	One Hundred Six

Total 1100

843-A Eight Hundred Forty-Three Only

Date of Birth (In Figures) 10 March , 2003

Remarks

(In Words) Ten, March , Two Thousand Three

Prepared by

Result Date

27-06-2019

Checked by

Issue Date

27-JUN-19

*Rashidul .*  
Controller of Examinations BISE  
Mardan

Note:- Error & Omissions are excepted. Any mistake in above particulars must be intimated within 30 days after declaration of result.



TO WHOM IT MAY CONCERN

It is certied **Mustafeez Ur Rahman S/O Hafeez Ur Rahman** has worked in our company as safety Officer in our projects from **15 October 2022 to 15 October 2024**.

His duties included an inspection of the hot work area, work at height, implemented LOTO, Captured near misses, Monitored the color-coding of equipment and tools etc.

Universal Tobacco (Pvt.) Ltd.

