



MALIK ADNAN

HSE PROFESSIONAL



+966 54 941 4816



malikadnanadnan95@gmail.com



RIYADH SAUDI ARABIA

Education

Bachelor of Electrical engineering
COMSATS University Islamabad
2018

Professional courses

- NEBOSH
- OSHAS Work at height
- OSHAS Risk assessments
- OSHAS First Aid at workplace
- OSHAS industrial standards

Language

- English
- Urdu
- Hindi

Skills

- Good communication
- Regulatory compliance
- Team leading
- Risk assessments
- incident investigation
- Problem solving skills
- Analytical thinking
- Effective reporting
- Team mangement

About Me

I am a dedicated HSE professional with six years of experience in the different construction and MEP companies, specializing in risk assessments and incident investigations. My strong analytical skills enable me to develop effective solutions that minimize workplace hazards. I excel in collaborating with cross-functional teams and am committed to fostering a robust safety culture within the organization.

Experience

- **ADVANCE TECHNICAL SERVICES (ATS)**
HSE Officer
AR-Riyadh Metro- Saudi Arabia
2025 - Present
- **Delta Valleys Contracting CO**
HSE Officer
Khobar- Saudi Arabia
2022 - 2024
- **RAQ Contracting CO**
HSE Officer
Dubai
2021 - 2022
- **AGCM company**
HSE Officer
Abu-Dhabi
2019 - 2020

Roles and responsibilities

- Implementing Health, Safety and Environmental Management.
- Ensure the Health and Safety compliance at workplace.
- Facilitate site health and safety meetings.
- Make good effective communication.
- Daily site inspection reports.
- Ensure the reporting of all near misses, hazards, incidents and accidents.
- Keeping records of all safety related issues.
- Ensure that all checklists are maintained regularly.
- Conduct TBT (Tool Box Talk).
- Coordinate safety training whenever it is required at workplace.
- Check and maintain all emergency procedures.
- Ensure the availability and maintenance of the first aid facilities at site.
- Ensure the housekeeping and inspection of all equipment and machinery at site.

Serial No: 061194



Registration No: CHT/FA14-BEE-101/ATD

COMSATS University Islamabad

MALIK ADNAN s/o MUHAMMAD SULEMAN

of

Abbottabad Campus


has been conferred upon the degree of

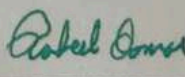
Bachelor of Science in Electrical (Electronics) Engineering

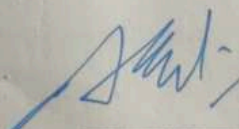
Given on this Fifteenth day of September two thousand and Eighteen at Islamabad

Date of Issuance: 14th January 2019




Controller of Examinations


Rector


Registrar



nebosh

NEBOSH International General Certificate in Occupational Health and Safety

This is to certify that

Malik Adnan

was awarded this qualification on

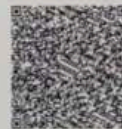
13 May 2024

Rob Hull
Chair

Dee Arp
Accountable Officer

Master log certificate No: 00821396/1427465

SQA Ref: R630 04



The National Examination Board in
Occupational Safety and Health

Registered in England & Wales No. 2698100
A Charitable Company Charity No. 1010444



Occupational
Safety & Health
American Society



Malik Adnan

Student Name

Has successfully completed

30 Hours General Industry Standards

Date of Issue: **16-Feb-2019**

Registration No: **0064**



REGISTERED ENGINEER

COMPLIMENTARY CARD

ENGR MALIK ADNAN

Reg No: ELECT/76031

Expiry: DECEMBER 31, 2019

Address: NEW MAMA FABRICS SADDAR BAZZAR
CHOWK ABBOTTABAD



Signature of Holder

Registrar

am Sorry !!!!!



Occupational
Safety & Health
American Society

OSHAS

OCCUPATIONAL SAFETY & HEALTH AMERICAN SOCIETY

This is to certify that

Malik Adnan

Has successfully completed all the assessments & academic
requirements for following program

Level 2 Award in Working at Height

20-02-2019

Issue Date

HENRY D'COOPER
CHIEF EXECUTIVE OFFICER

MARCUS HILTON
DIRECTOR TRAINING



www.oshas.us

Cert No. : 64028



Occupational
Safety & Health
American Society

OSHAS

OCCUPATIONAL SAFETY & HEALTH AMERICAN SOCIETY

This is to certify that

Malik Adnan

Has successfully completed all the assessments & academic
requirements for following program

Level 2 Award in Risk Assessment

17-02-2019

Issue Date

HENRY D'COOPER
CHIEF EXECUTIVE OFFICER

MARCUS HILTON
DIRECTOR TRAINING



www.oshas.us

Cert No. :64027



CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Malik Adnan

The learner has exhibited exceptional academic achievement by satisfying all academic prerequisites in the Professional Development Certificate Program offered by an OSHAS Authorized Training Provider. This signifies their unwavering commitment and professionalism in the designated course and serves as a testament of their dedication.

Level 2 Award in First Aid at Workplace

IN ASSOCIATION WITH OSHAS APPROVED TRAINING PROVIDER

Ibrahim Technical Training Institute

DATED : 16-Feb-2019

CERTIFICATE NO : 0064026

MARCUS HILTON
DIRECTOR TRAINING



Certificate can be validated by scanning the bar code or by visiting www.oshas.us

This certificate remains property of OSHAS, and shall be returned upon request.

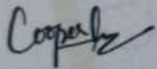
Cert No. : 0064025

Certificate of Completion

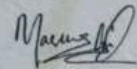
Malik Adnan

Has successfully completed all academic requirements in this Occupational Safety & Health course of study presented by OSHAS authorized training provider (ATP)

30 Hours General Industry Standards



Henry D'Cooper
Chief Executive Officer



Marcus Hilton
Director Training

16-02-2019

Issue Date



www.oshas.us

OSHA[®]

TO WHOM IT MAY CONCERN

This is to certify that Mr. Malik Adnan has been employed with Delta Valleys Contracting Co. (DVC) as an **HSE Officer** from **March 2022** to the present. During his tenure, Mr. Adnan has consistently ensured compliance with health, safety, and environmental (HSE) standards and demonstrated professionalism in maintaining a safe work environment.

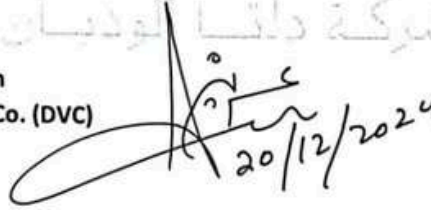
His key responsibilities included:

- Conducting site inspections and ensuring adherence to safety protocols.
- Preparing safety documentation and reports.
- Coordinating training sessions to enhance safety awareness.
- Leading incident investigations and implementing corrective actions.

Mr. Adnan's dedication and proactive approach have significantly contributed to the success of our projects. We are confident he will be a valuable asset to any organization and wish him success in his future endeavors.

Sincerely,

Engr Adnan Ali Awan
HSE Manager
a.awan@delta-valleys.com
Delta Valleys Contracting Co. (DVC)


20/12/2024



Date: 24 Dec, 2020

EXPERIENCE CERTIFICATE

This is to certify that **Mr. Malik Adnan s/o Muhammad Suleman** under employee # 358221 has been worked with M/S Al Ahd General Contracting LLC worked as a **Safety Officer** form 20th February, 2019 to 20 December 2020, at Khaily Building Project, E3-18 C10 – Abu Dhabi.

During this period we found him hard worker, obedient and keen set towards his duty.

We wish him best of luck for his future prospects.

For,
Al Ahd General Contracting LLC



Suleman Aslam
AGCM Site Manager
Khaily Building Project



RAMI AL QAISI GROUP مجموعة رامي القيسي

Date: 24 Feb, 2022

TO WHOM IT MAY CONCERN

This is certify that **Mr. Malik Adnan** holder of **Pakistani** passport Number **CC1405172** has worked in our Company as **Safety Officer** from **15 January 2021** to **15 February 2022**, when his resignation was accepted

During his services, his performance and behavior were to the full satisfaction of the Management.

For,
RAMI AL QAISI GROUP


Daud Salar
RAQ General Manager
Brand for less Project

Abu Dhabi
12th Floor,
Al Hely Tower
P.O. Box 255783
Abu Dhabi, U.A.E.

RE RE

PAKISTAN ENGINEERING COUNCIL Serial No. 198935

Form PEC-7



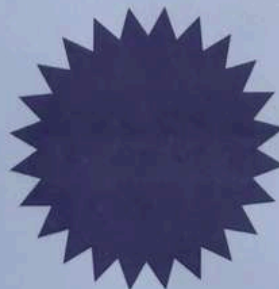
Registration No: ELECT/76031
Date of Registration: May 14, 2019

CERTIFICATE OF REGISTRATION
UNDER
PAKISTAN ENGINEERING COUNCIL ACT 1976

This is to certify that ENGR. MALIK ADNAN son of MUHAMMAD SULEMAN born on FEB 10, 1994 resident of NEW MAMA FABRICS SADDAR BAZZAR CHOWK ABBOTTABAD has been registered with Pakistan Engineering Council as REGISTERED ENGINEER on the basis of following particulars:-

Engineering Qualification: **BACHELOR OF SCIENCE IN ELECTRICAL (ELECTRONICS) ENGINEERING / 2018 - COMSATS UNIVERSITY ISLAMABAD (ABBOTTABAD CAMPUS)**

Date of Issue: May 23, 2019



Registrar
Pakistan Engineering Council,
G-5/2, Islamabad.

Note: This registration certificate is valid until DEC 31, 2019 unless renewed further.
This certificate is property of Council, returnable on request.

RE RE

CERTIFICATE OF APPRECIATION

This certificate is awarded to

Malik Adnan

as a **participant** in a one day workshop on

“Latex Document Compilation”

conducted by

Electrical Engineering Department, CIIT, Abbottabad

on

4th May, 2018.



Workshop Supervisor:

Hazrat Ali

HoD EE: