

MUSHTAQ SHEIKH

HSE Professional

Contact information:

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Personal Details:

Father Name: ISHFAQ SHEIKH
Nationality: PAKISTANI
Date of birth: 03/09/1992
Marital status: Married
Languages: English- Urdu - Basic Arabic - Chinese (Beginner).
Driving License: Saudi Arabia & Pakistan.

International Organizations Memberships:



(GradIOSH) Graduate Member of Institution of Occupational Safety and Health (IOSH)



(MIIRSM) Full Member of International Institute of Risk and Safety management (IIRSM)

Academic & Professional Qualifications:

- (MLIS) Master's degree in information sciences
- OTHM Level 6 Diploma in Occupational Health & Safety
- NEBOSH IGC
- ISO 45001:2018 Lead Auditor OHSMS
- OSHA 30 hours Construction Safety
- IOSH Managing Safely
- (IASP) Occupational Safety and Health Advanced Diploma
- First Aid, CPR & AED training
- (SFO) Station Fire officer From Nation Institute of Fire Technology Islamabad Pakistan
- AOSH Environment Management Level 3
- Confined space entry safety & Fire watcher training TUV Rheinland UAE
- Fire Prevention & Safety from Civil Defense Pakistan
- Fireman & Leading Fireman Course from Civil Defense Pakistan
- Lock out, Tag out (LOTO), Work at Height, Rail Track Safety Training Level 1 (PTS), Power tools Safety Training
- Civil Defence Specialist Instructor's Casualty Service (First Aid)
- (MEPI) Mobile Equipment Personal Interface Training

Relevant Experience:

Health Safety & Environment professional with over 9 years of experience in various projects including High-rise buildings, Port work, tunnels & underground work, metro train infrastructure, airports maintenance, and hydropower projects. Skilled in ensuring compliance with local and international standards such as OSHA, BS 6164, & NEOM to create a positive safety culture, minimizing risks, and optimizing project performance.

1. Oxagon Terminal 2 Dredging & Quay Walls Marine Work Neom Port

Company: Archirodon Group NV Saudi Arabia

Position: HSE LEAD July 2024 To till date

- Dredging work
- Drilling, piling & Diaphragm wall
- Excavation, backfill and concrete work
- MEP Work

2. NEOM Spine Infrastructure Running Tunnels (Mountain Section) East

Company: Archirodon, Samsung C&T, Hyundai E&C Group JV Saudi Arabia

Position: HSE SUPERVISOR / LEAD May 2023 to July 2024.

- Construction of Adits, High-Speed Rail (HSR) and Freight Tunnel (FRT).
- Drilling, blasting, muck out, rock bolts installation and shotcrete operation.
- Assembling of Lining gantry & working platform for structure work.
- MEP work

3. Tunnel Access Adits & Portals Formation Project Tabuk NEOM

Company: China Railway Construction Corporation (CRCC) Saudi Arabia

Position: HSE SUPERVISOR Nov 2021 to Apr 2023

- Construction of Tunnel, adits, access and portal.
- Construction of batching plant.
- Installation of firefighting equipment's.
- Construction of site camp

4. Riyadh Metro project Line 1, Line 2 (BACS) Riyadh Saudi Arabia.

King Khalid International Airport Air Medical Evacuation (KKIA) .

King Abdullah Financial District (KAFFD) Riyadh Saudi Arabia.

Granada Mall Extension Project Riyadh Saudi Arabia.

Company: Al Bawani co, ltd. Saudi Arabia

Position: HSE OFFICER May 2019 to Nov 2021

- Facade Work
- Precast Work
- High rise Building
- HVAC work

5. BOROUGE 2 - ADNOC Shutdown Abu Dhabi UAE

Company: Doosan Babcock United Arab Emirates

Position: HSE OFFICER Dec 2018 to Feb 2019

- Maintenance, shutdown of borouge petro chemical power plant.

6. 150 M/W Pakistan Patrind Hydro Power Project AJK

Company: Guangdong Yuantian Engineering (GDYT) PAKISTAN

Position: HSE OFFICER Feb 2014 to Jul 2017

- Tunnel work
- Fabrication & installation of penstock pipes
- Powerhouse work, MEP Work

- Dam Construction
- Steel Fixing work

Roles & Responsibilities:

- Plan, implement, and execute safety management programs to ensure compliance with applicable safety regulations, codes, and standards.
- Providing guidance to the project management team regarding health & safety issues and recommend solutions to issues, improvement opportunities or new prevention measures.
- Conduct thorough investigations of incidents, accidents, near misses, and safety-related concerns, and develop appropriate corrective actions to prevent recurrences.
- Conducting daily and weekly safety inspections with client and documents them for reference.
- Collaborate with the project team, subcontractors, and stakeholders to promote a safety-conscious culture and ensure adherence to safety policies and procedures.
- Implementing new employee onboarding processes focused on safety and health management.
- Responsible to ensure compliance of BS 6164 standard (Health and Safety in Tunneling & Construction).
- Conduct emergency drills and exercises on how to manage emergency situations.
- Promote a culture of safety by creating awareness campaigns and ensuring that all team members understand their responsibilities.
- Regularly conducting Toolbox Meeting for workers and supervisors.
- Ensure that M.E.P./Traffic management plan is being implemented and followed at site.
- Provide orientation & trainings to new and existing employees at workplace.
- Lead team in an immediate response to incidents and emergency situations that occur on site, act as emergency marshal, and provide first aid.
- Conduct training sessions for employees to prevent workplace accidents.
- Stay updated on safety regulations, industry standards, and best practices to continuously improve the safety program.
- Reviewing all work procedures and ensuring they meet industry safety standards.
- To ensure fire suppression system and PWAS system is installed with equipment's and regular inspection of fire suppression system and proximity warning alert system (PWAS) system.
- Responsible to ensure compliance with gas monitoring procedure and all gases are in safe limit at site.
- To ensure all lifting activities are being carried out safely as per lifting plan and under the supervision of competent lifting team.

Skills:

- Substantial experience in monitoring various activities in high-risk industries.
- Excellent knowledge of various Health & Safety principles and regulations.
- Ability to work well in both team environments and individual assignments.
- Excellent Communication Skills
- Problem Solving
- Autodesk BIM 360, Enablon, ARCOSPHERA, MS Office Applications.