

# Mohammed Fahad Al-Ahmari

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## SUMMARY

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Occupational Safety and Health Specialist with expertise in implementing safety standards, conducting risk assessments, and ensuring compliance with safety regulations. Skilled in providing training, preparing risk maps, and supervising daily site inspections to maintain a safe working environment. Expertise in fire safety systems, equipment inspections, and evacuation planning. Committed to promoting a culture of safety through continuous improvement and proactive measures to reduce workplace hazards.

## EXPERIENCE

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### Elaf Arabia Contracting Company | Saudi Arabia

Occupational Safety and Health Specialist | 13 January 2024 - Present

- Leading training and workshops to enhance employee understanding of safety standards and practices.
- Designing and implementing site-specific risk assessments to proactively address safety concerns.
- Conducting daily inspections of work sites to ensure strict adherence to safety procedures and regulations.
- Reviewing safety reports and providing actionable recommendations for continuous improvement.
- Managing the implementation of preventive safety measures to ensure a secure work environment.
- Organizing, executing emergency evacuation drills and developing detailed preparedness plans for workers.
- Issuing daily work permits and ensuring compliance with safety protocols before tasks commence.

### National Water Company - Al Aziziyah Children's Hospital | Jeddah | Saudi Arabia

Certified Occupational Health and Safety Specialist (Training)

- Trained in implementing comprehensive safety systems and risk prevention measures.
- Gained expertise in efficiently operating various firefighting equipment and systems.
- Studied advanced fire alarm systems and detection devices for optimal response.
- Learned detailed inspection procedures for fire sprinklers and emergency equipment.
- Educated workers on safety protocols and ensured consistent use of proper PPE.
- Conducted thorough safety inspections and ensured strict adherence to safety policies.

## EDUCATION

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### Technical & Vocational Training Corporation | Technical College | Jeddah | Saudi Arabia

Diploma in Occupational Safety & Health | GPA=4.69 With Second Class Honors | August 2023

## OTHER

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- **Workshops:**
  - Delivered a workshop on "Working in Confined Spaces" to raise awareness of safety procedures.
  - Provided training to new employees on the fundamentals of occupational safety and health.
  - Conducted training for site supervisors on essential hazards as approved by the National Water Company.
- **Certificates:**
  - British IOSH Certificate, Institute of Occupational Safety and Health.
  - OSHA Certificate, The American Academy.
  - NASP Certificate, Accredited by OSHA Academy.
  - NEBOSH H2S Certificate, Accredited by the NEBOSH International Organization.
- **Licenses:**
  - Accreditation from the Saudi Council of Engineers as an Occupational Safety and Health Technician.
  - Accreditation from the National Water Company as an Occupational Safety and Health Specialist.
  - First Aid Certificate and License, Internationally Accredited.
  - Cardiopulmonary Resuscitation (CPR) Certificate and License, Internationally Accredited.
  - Occupational Safety and Health Officer Certificate, Accredited by OSHA Academy.
- **Technical Skills:**
  - Risk Assessment.
  - Safety Standards Implementation.
  - Site Inspections.
  - PPE and Safety Equipment.
  - Training and Workshops.
  - Evacuation Planning.
  - Documentation & Reporting.
  - Computer Skills.
  - Microsoft Office Suite.
- **Soft Skills:**
  - Conflict Resolution.
  - Time Management.
  - Organizational Skills.
  - Interpersonal Skills.
  - Team Collaboration.
  - Communication.
- **Languages:** Arabic, English.