



ZAIN UL ABIDIN

Certified HSE Professional | NEOM Experience

Contact Information

- +966 538 696 623
- zaink1995@gmail.com
- Sharma, Tabuk Saudi Arabia

Career Objective

Detail-oriented and committed QHSE (Quality, Health, Safety, and Environment) professional with extensive experience ensuring compliance with safety regulations and quality standards on large-scale construction and infrastructure projects. Proven ability to implement QHSE systems, conduct audits and inspections, deliver training, and lead root cause investigations. Passionate about maintaining safe work environments and reducing risk through proactive strategies.

Core Competencies

- QHSE Systems Implementation
- Incident Investigation & RCA
- Hazard Identification & Risk Assessment (HIRA)
- Emergency Response Preparedness
- Environmental Impact Control
- ISO 45001, ISO 14001 Compliance
- PPE Compliance & Safety Audits
- Training & Toolbox Talks
- Documentation & Permit Management
- Team Coordination & Subcontractor Engagement

WORK EXPERIENCE

- AL Ayuni Investment and Contracting Company- Sharma Tabuk Saudi Arabia Health, Safety And Environmental (HSE Coordinator) | 2023 – Present**
Client: NEOM
 - Developed and implemented HSE plans aligned with NEOM guidelines.
 - Conducted site audits, risk assessments, and safety inspections.
 - Led safety orientation, inductions, and awareness campaigns for new workers.
 - Investigated incidents and ensured effective implementation of corrective/preventive actions.
 - Oversaw environmental controls, waste disposal, and spill prevention.
 - Maintained documentation, inspection logs, and incident reports.
 - Ensured daily compliance with safe work permits and control measures.
- Canadian International Trading (CIT) – Al-Bida, Sharma, NEOM, Saudi Arabia Senior QHSE Inspector / HSE Coordinator | 2021 – 2022**
Client: NEOM
 - Inspected high-risk work areas such as scaffolding, lifting, excavation, and hot work.
 - Maintained close liaison with project management to integrate QHSE into planning.
 - Delivered training on hazard awareness, heat stress, fire safety, and first aid.
 - Maintained legal compliance by ensuring licenses, work permits, and procedures were up to date.
 - Supervised waste management processes and monitored air/noise pollution controls.
 - Led coordination between subcontractors to align safety procedures and enforce standards.
- Mohammed Al-Rashid Contracting Co. – Riyadh, Saudi Arabia HSE Supervisor | Sep 2018 – Oct 2020**
Client: Diriyah Project
 - Supervised daily HSE activities, ensuring compliance on multi-discipline construction sites.
 - Managed emergency drills (fire, evacuation, chemical spills) and emergency preparedness plans.
 - Facilitated internal safety audits and contributed to external ISO certification readiness.
 - Participated in safety committee meetings and provided regular HSE performance updates.
 - Assisted in developing Safe Work Method Statements (SWMS) and Job Safety Analysis (JSA).
 - Conducted incident investigations and implemented behavior-based safety observations.

ACADEMIC EDUCATION

Intermediate (FA)

Govt. Degree College Latamber | 2012 – 2013

Matriculation (Science)

Govt. Degree College Latamber | 2010 – 2011

Languages

- English (Fluent)
- Urdu (Native)
- Arabic (Intermediate)

Driving License

- Valid Saudi Driving License

DIPLOMA & PROFESSIONAL EDUCATION

Diploma in Health, Safety & Environment (HSE)

ISB, Pakistan | 2015 – 2018

Office Management (MS Word, Excel, Outlook)

Commerce Academy | 2014

CERTIFICATIONS

- **NEBOSH International General Certificate (IGC)** – Units 01, 02, 03 (2018)
- **NEBOSH ILO Certificate** – Managing Heat Stress & Climate Change
- **IOSH Managing Safely** – Version 5.0
- **OSHA 30-Hour Certification** – Occupational Safety and Health (Construction Industry)
- **Fire Safety Certification** – Level 2
- **First Aid Certification** – Level 2
- **NFPA 101: Life Safety Code**
- **NFPA Electrical Safety Training**
- **Permit Receiver Training** – Hot Work & Confined Spaces
- **Stress & Conflict Management Training**
- **ISO 45001:2018** – Occupational Health & Safety Management Systems (Lead Auditor)
- **ISO 14001:2015** – Environmental Management Systems
- **Office Management Certification** – MS Word, Excel, Outlook

REFERENCE

Available upon request.