



Muhammad Faizan Ashfaq

Date of birth: 31 Dec 1997 **Place of birth:** Pakistan

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Home: Dammam, (Saudi Arabia)

ABOUT ME

To leverage my five years of experience in Health and Safety, combined with my academic background in Environmental Science and NEBOSH certification, to secure a challenging role in a reputable organization in Saudi Arabia, where I can utilize my skills to promote a safe and healthy work environment.

Iqama Status: Transferable and readily available to join

WORK EXPERIENCE

Environmental Scientist and Safety Officer

Techno Time Construction (PVT) LTD [1 Jan 2020 – 31 Mar 2023]

City: Islamabad | **Country:** Pakistan

- Conducted field research and Environmental assessments to identify and analyze Environmental issues
- Conducted comprehensive safety audits and inspections to identify and mitigate potential hazards
- Developed, Implemented and updated safety policies and procedures in compliance with local, state and federal regulations
- Lead safety training sessions and workshops to promote safety awareness and best practices
- Investigated and documented any accident/incident and implemented measures to prevent future occurrence.
- Coordinated with project managers and other stakeholders to address and resolve safety-related concerns promptly and efficiently.

Health and Safety Officer

KARCON (Pvt) LTD [5 Jun 2023 – 6 Feb 2025]

City: Islamabad | **Country:** Pakistan

- Implementation of a comprehensive safety management system, resulting in a notable reduction in workplace accidents.
- Conducted regular site inspections and audits to identify potential hazards and implemented corrective actions.
- Collaborated with management and employees to promote a safety-first culture.
- Developed and delivered training programs to enhance employees' knowledge and skills in health and safety.

EDUCATION AND TRAINING

Matric

The Educators Global Academic Campus (Boys) Pak Town G.T. Road Kamoki [2011 – 2013]

FSc (Pre-Medical)

Government College University Lahore [2013 – 2015]

BS (Hons) in Environmental Sciences

Government College University Lahore [2015 – 2019]

Courses:

Applied Ecology, Environmental Microbiology, Climate change, Health & Environment, Environmental Governance, Physics of the Environment, Earth Sciences, Environmental Toxicology, Natural Resource Management,

Environmental Economy, Environmental Management System, Remote Sensing and GIS, Water Resource Management, Pollutant movement in soil, Occupational health and safety, Conservation Biology, Environmental Impact Assessment, Environmental Biotechnology, Solid Waste management

NEBOSH International General Certificate in Health and Safety

[18 Feb 2025]

PUNJAB EMERGENCY SERVICE TRAINING

[7 Dec 2022]

Basic Community Safety Online Training Course

- Built community resilience through proactive accident prevention and emergency response
- Improved emergency response skills and knowledge
- Promoted a safety culture and responsibility among citizens
- Reduced accidents and injuries through safe practices and behaviors
- Supported disaster risk reduction efforts through education on disaster preparedness and response
- Developed basic life support skills, including first aid and CPR

COURSES AND DIPLOMA

[10 Sep 2020 – 10 Mar 2021]

Computer Applications

Professional Education and Skill Development Council Punjab

[24 Mar 2021 – 1 Jul 2021]

Professional Shorthand Course

Christian Computer Institute, Gujranwala Education Centre

PUBLICATIONS

[2018]

Water crises in Pakistan and its solutions

The News International

CONFERENCES AND SEMINARS

[12 Nov 2016]

Alkhidmat Youth Gathering

Certificate of recognition on participation in "Alkhidmat Youth Gathering"

[27 Sep 2017]

Laboratory Biosafety

One day training session on Laboratory Biosafety organised by Institute of Industrial Biotechnology, Government College University Lahore

[21 Feb 2018 – 23 Feb 2018]

4th International Conference "Role of Botanic Gardens in Climate Change Adaptation and Mitigation"

Certificate of participation in 4th International Conference organised by Department of Botany, Government College University Lahore

[13 Mar 2018 – 14 Mar 2018]

2nd International Conference on Environment and Sustainable Development

Certificate of participation in 2nd International Conference organised by Sustainable development study centre SDSC, Government College University Lahore

[3 Apr 2019]

Supporting the Global Goals for Sustainable Development

Certificate of participation in World's largest lesson and supporting the Global Goals for Sustainable Development organised by Sustainable development study centre, Government College University Lahore

HONOURS AND AWARDS

[2014]

Chief Minister Laptop Award

Received Merit based Laptop award from Chief Minister Punjab