

# CURRICULUM VITAE

## **Ijlal Mahmood Sulahria**

Aramco Approved HSE/Safety **Officer**

Mobile No: 00966-581952734  
00966-533963249(WhatsApp)  
Email id: [ijlalmahmood90@gmail.com](mailto:ijlalmahmood90@gmail.com)



### **Carrier Summary:**

Overall having 5 and 1/2 years' experience in Safety & loss prevention for maintenance and construction of High-Rise Buildings, infrastructure & Utilities, Housing Societies & in Oil and Gas Field, Bulk excavation, Demolition, Soil mixing plant, and Asbestos management.

### **Objective:**

To be part of the Company that would enhance and utilized my knowledge skills, to grow and be a part of the company and its goal and objectives through hard working and creativity.

### **Capabilities**

- **Safe Crusher Operation Third-Party Certificate:**  
Successfully completed a third-party certification program focused on safe crusher operation. Demonstrated proficiency in operating crushers with a strong emphasis on safety protocols, equipment handling, and emergency procedures.
- **Fire Marshal Third-Party Training:**  
Completed comprehensive third-party training as a Fire Marshal. Acquired in-depth knowledge and practical skills in fire prevention, fire safety regulations, evacuation procedures, and fire incident management. Certified to lead and coordinate fire safety efforts in the workplace.
- **First Aid CPR Training by Third-Party Inspection Company:**  
Received First Aid and CPR training from a reputable third-party inspection company. Proficient in providing immediate medical assistance in emergency situations, including CPR, wound care, and other life-saving techniques. Certified to handle medical emergencies effectively.
- **Safety Mixer Plant Safety Training:**  
Completed specialized safety training for mixer plant operations. Acquired knowledge in the safe handling of mixing equipment, preventive maintenance, and emergency response procedures. Demonstrated commitment to ensuring a secure working environment within the mixer plant setting. LOTO procedure.

- Demolition Safety Training:  
Completed rigorous training in demolition safety, covering key aspects such as structural assessment, hazard identification, controlled demolition techniques, and adherence to safety regulations. Certified in ensuring safe practices during demolition activities.
- Environmental protection and controls through proactive management system
- Hazards studies and risk assessment and analysis through method statement
- Implementation and updating of the Health, Safety and Environment Procedures
- Establish and maintain a professional relationship with Company's workforce, Sub-contractor HSE personnel and multinational workforce.

### **Educational Qualification**

- **HSSC (12<sup>th</sup> Standard) From BISE Lahore, Pakistan**

### **Technical qualification**

- NEBOSH-IGC (UK)

### **Professional certification Training**

- Personal Safety and Social Responsibility- **PHA Karachi, Pakistan**
- Fire Prevention & Fighting Training- **PMA Karachi, Pakistan**
- Basic Safety for OIL & CHEMICAL tanker-PMA Karachi, **Pakistan**
- Pulse For Supervision one day Training
- DTRA – Daily Task Risk Assessment Training
- Fire Marshal – Third Party
- Safe Crusher Operation: Third Party
- First CPR training – Third party

### **Training attended during Job**

- PTW -Permit to work
- JHA -Job hazards analysis
- BBS -Behavioral based safety
- WAH -Work at height
- MERP -Medical emergency responsible procedure
- CSE -Confined space entry
- SLR -Safe lifting and ringing
- EXS -Excavation safety

### **Training attended from Sadara**

- Hot Works
- Confined Space
- LOTO

### **Responsibilities**

- Environmental and Hygienic Control.
- Inspection of Construction Equipment, Lifting Equipment, and Scaffoldings.
- Fire Prevention and Protection System.
- Preparation of observation logbook and trend analysis.
- Implementation of procedures for hot work, cold work, Confined Space Entry (CSE), etc., at the site.
- Preparation of job reports for the HSE Department.
- Responsible for inspecting heavy equipment working on-site according to checklists.
- Job safety analysis and implementation of HSE procedures.
- Conducting weekly mass Toolbox Talks/stand-downs with the entire workforce to promote safety awareness.
- Working as a team member for joint weekly site safety inspections.
- Carrying out regular checks of installed safety equipment.
- Emphasizing the importance of Personal Protective Equipment (PPE).
- Materials segregation according to waste management procedure.
- Responsible for maintaining and implementing the company and client safety Manual Program and Safety Action Plan.
- Inspection of rigging and lifting tools and monitoring for safe operation.
- Inspection for maintenance of safety-related equipment.
- Maintain a good and safe working environment.
- Maintain good housekeeping at the site and provide basic facilities to the workforce.
- Arrangement for site safety publicity program, posters, visual signs, etc.
- Inspection of equipment, lifting tools to identify hazards, maintain logbook, conduct daily toolbox talks, and maintain monthly reports.
- Attempt to communicate with workers in English or the local language for better understanding.
- Implementation of Permit to Work (PTW) system and monitoring activities.
- Implementation of in-house and client procedures at the site.
- Check all emergency contact numbers like clinic, ambulance, fire brigade, nearest hospital, police station, safety officer, safety manager's phone or

mobile number, ensuring they are written or available on the work site.

### **Employment History:**

1. Company : Sino hydro (Branch of Sinohydro Corporation Ltd.)

Project : King Salman Energy Park (SPARK)

Project Title : Infrastructure & Maintenance Buildings

Client : Saudi Aramco King Salman Energy Park (SPARK)

Designation : Safety Officer

2. Company : Al Yamama Co.

Project : King Salman Energy Park

Project Title : Light Infrastructure, Earthworks, Retaining Walls and Soils

Client : King Salman Park Foundation, Riyadh, KSA

Designation : Safety Officer

Duration : 2-Jan-2023 to Till Date

### **3. EXPERIENCE IN PAKISTAN**

Company : Country Developers (Pvt.) Limited Lahore, Pakistan

Project: 1. Construction of PGC Campus (**2B+G+7**) at Air line  
Society Campus Lahore.  
2. Construction of PGC Campus (B+G+5) at Sialkot byPass Road  
Gujranwala, Pakistan

Owner : Punjab Group of Colleges (PGC)

Designation : **Safety Officer**

Duration : 14-Dec-2020 to 26-Dec-2022

#### 4. EXPERIENCE IN PAKISTAN

Company : Country Developers (pvt.) Limited Lahore, Pakistan.  
Project : Construction of **Dunya News Head office** at 8-Abott Road,  
Lahore. **(B+G+5)**.  
Owner : National Communication Services- A Subsidiary of Punjab Group of  
Colleges.  
Designation : **Safety Officer**  
Duration : 26-Dec-2019 to 30-Dec-2020

#### Personal Information

Name	Ijlal Mahmood Sulahria
Iqama No.	2541128175
Father's Name	Mahmood Ali
Date of Birth	December 01, 1998
Nationality	Pakistani
Marital Status	Single
Religion	Muslim
Passport No	BC 5740631
Date of Issue	09-July, 2021
Date of Expiry	08-July. 2026
(Language Known	Arabic, English, Hindi, Urdu)



GOVERNMENT OF PAKISTAN  
PAKISTAN MARINE ACADEMY  
Karachi



Certificate of Proficiency No. 11938

This is to certify that Mr. **IJLAL MAHMOOD SULAHRIA**

Date of Birth. **01/12/1998** CDC/SSB. NO. **Fresher**

CNIC No. **35202-6082063-3**

Has successfully completed training based on **IMO model course 1.13** for

**CERTIFICATE OF PROFICIENCY IN  
ELEMENTARY FIRST AID**

held from: **20-09-2019** to **22-09-2019** and has been found duly qualified in accordance with the provisions of:

*Chapter VI, Regulation VI/1, of STCW Convention 1978, as amended and Chapter VI, Section A-VI/1, Para 2 & Table A-VI/1-3 of STCW Code 1978, as amended*

This training course syllabus is approved by the Competent Authority:

**Directorate General Ministry of Maritime Affairs (Ports & Shipping Wing)**

This Certificate is issued under the authority of:

**Directorate General Ministry of Maritime Affairs (Ports & Shipping Wing)  
Government of Pakistan**

Signature of Candidate

Date of Issue : **23-09-2019**

Date of Expiry: **22-09-2024**



Commandant

Cdre Rahat Ahmed Awan SI(M)  
Commandant PMA

Course Incharge

**CAPT. M. KHURSHID  
Officer Incharge  
Seamen Training Wing**





GOVERNMENT OF PAKISTAN  
PAKISTAN MARINE ACADEMY  
Karachi



Certificate of Proficiency No. 030028

This is to certify that Mr. **IJLAL MAHMOOD SULAHRIA**

Date of Birth. **01/12/1998** CDC/SSB. NO. **Fresher**

CNIC No. **35202-6082063-3**

Has successfully completed training based on IMO model course 1.19 for

CERTIFICATE OF PROFICIENCY IN  
PERSONAL SURVIVAL TECHNIQUES

held from: **21-06-2019** to **23-06-2019** and has been found duly qualified in accordance with the provisions of:

*Chapter VI, Regulation VI/1, of STCW Convention 1978, as amended and Chapter VI, Section A-VI/1, Para 2 & Table A-VI/1-1 of STCW Code 1978, as amended*

This training course syllabus is approved by the Competent Authority:

**Directorate General Ministry of Maritime Affairs (Ports & Shipping Wing)**

This Certificate is issued under the authority of:

**Directorate General Ministry of Maritime Affairs (Ports & Shipping Wing)  
Government of Pakistan**

Signature of Candidate

Date of Issue : **24-06-2019**

Date of Expiry: **23-06-2024**



Commandant

Cdre Rahat Ahmed Awan SI(M)  
Commandant PMA

Course Incharge

**CAPT. M. KHURSHID**  
Officer Incharge  
Seamen Training Wing





GOVERNMENT OF PAKISTAN  
PAKISTAN MARINE ACADEMY  
Karachi



Certificate of Proficiency No. 016588

This is to certify that Mr. **IJLAL MAHMOOD SULAHRIA**

Date of Birth. **01/12/1998** CDC/SSB. NO. **Fresher**

CNIC No. **35202-6082063-3**

Has successfully completed training based on **IMO model course 1.21** for

**CERTIFICATE OF PROFICIENCY IN  
PERSONAL SAFETY AND SOCIAL RESPONSIBILITY**

held from: **05-07-2019** to **07-07-2019** and has been found duly qualified in accordance with the provisions of:

*Chapter VI, Regulation VI/1, of STCW Convention 1978, as amended and Chapter VI, Section A-VI/1, Para 2 & Table A-VI/1-4 of STCW Code 1978, as amended*

This training course syllabus is approved by the Competent Authority:

**Directorate General Ministry of Maritime Affairs (Ports & Shipping Wing)**

This Certificate is issued under the authority of:

**Directorate General Ministry of Maritime Affairs (Ports & Shipping Wing)  
Government of Pakistan**

Signature of Candidate

Date of Issue : **08-07-2019**

Date of Expiry: **07-07-2024**



Commandant

**Cdre Rahat Ahmed Awan SI(M)  
Commandant PMA**

Course Incharge

**CAPT. M. KHURSHID  
Officer Incharge  
Seamen Training Wing**





GOVERNMENT OF PAKISTAN  
PAKISTAN MARINE ACADEMY  
Karachi



Certificate of Proficiency No. 0028736

This is to certify that Mr. **IJLAL MAHMOOD SULAHRIA**

Date of Birth. **01/12/1998** CDC/SSB. NO. **Fresher**

CNIC No. **35202-6082063-3**

Has successfully completed training based on **IMO model course 1.20** for

**CERTIFICATE OF PROFICIENCY IN  
FIRE PREVENTION AND FIRE FIGHTING**

held from: **28-06-2019** to **30-06-2019** and has been found duly qualified in accordance with the provisions of:

*Chapter VI, Regulation VI/1, of STCW Convention 1978, as amended and Chapter VI, Section A-VI/1, Para 2 & Table A-VI/1-2 of STCW Code 1978, as amended*

This training course syllabus is approved by the Competent Authority:

**Directorate General Ministry of Maritime Affairs (Ports & Shipping Wing)**

This Certificate is issued under the authority of:

**Directorate General Ministry of Maritime Affairs (Ports & Shipping Wing)**

**Government of Pakistan**

Signature of Candidate

Date of Issue : **01-07-2019**

Date of Expiry: **30-06-2024**



Commandant

Cdre Rahat Ahmed Awan SI(M)  
Commandant PMA

Course Incharge

**CAPT. M. KHURSHID**  
Officer Incharge  
Seamen Training Wing





GOVERNMENT OF PAKISTAN  
PAKISTAN MARINE ACADEMY  
Karachi



Certificate of Proficiency No. 002866

This is to certify that Mr. **IJLAL MAHMOOD SULAHRIA**

Date of Birth. **01/12/1998** CDC/SSB. NO. **Fresher**

CNIC No. **35202-6082063-3**

Has successfully completed training based on **IMO model course 1.01** for

CERTIFICATE OF PROFICIENCY IN  
**BASIC TRAINING FOR OIL & CHEMICAL TANKER CARGO  
OPERATIONS**

held from: **11-07-2019** to **14-07-2019** and has been found duly qualified in accordance with the provisions of:

*Chapter V, Regulation V/1, Para 1-2, of STCW Convention 1978, as amended and Chapter V, Section A-V/1-1, Para 1 & Table A-V/1-1-1 of STCW Code 1978, as amended*

This training course syllabus is approved by the Competent Authority:

**Directorate General Ministry of Maritime Affairs (Ports & Shipping Wing)**

This Certificate is issued under the authority of:

**Directorate General Ministry of Maritime Affairs (Ports & Shipping Wing)**

**Government of Pakistan**

Signature of Candidate

Date of Issue : **15-07-2019**

Date of Expiry: **14-07-2024**



Commandant

Cdre Rahat Ahmed Awan SI(M)  
Commandant PMA

Course Incharge

**Muhammad Yousuf**  
Officer Incharge (Nautical)  
Pakistan Marine Academy  
Karachi





nebosh

# NEBOSH International General Certificate in Occupational Health and Safety

This is to certify that

**Ijlal Mahmood Sulahria**

was awarded this qualification on

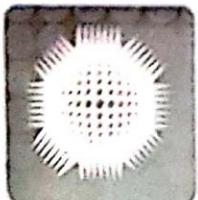
**17 April 2023**

Les Philpott  
Chair

Dee Arp  
Accountable Officer

Master log certificate No: 00719553/1351838

SQA Ref: R630 04



**The National Examination Board in  
Occupational Safety and Health**  
Registered in England & Wales No. 2698100  
A Charitable Company Charity No. 1010444

# NEBOSH Verifications



Thank you for using the NEBOSH online successful learner verification service.

Based on the following information:

## Name

Ijlal Mahmood sulahria

## Date of Achievement

17-04-2023

## Master Log Number

00719553/1351838

We are happy to confirm that **Ijlal Mahmood Sulahria** successfully achieved the **NEBOSH International General Certificate in Occupational Health and Safety** on **17 April 2023**.

PLEASE NOTE: This document can be used for your records to confirm a NEBOSH Certificate has been verified. We recommend employers visit the NEBOSH website to verify certificates and should not accept this document on its own as proof of qualification.

If you require a formal verification for attestation or legal purposes, there is an applicable fee for this. Please visit [here](#) to complete the request.

Should you need any further information please contact our Customer Experience Team on +44 (0)116 263 4700 or email [info@nebosh.org.uk](mailto:info@nebosh.org.uk)

Thank you

**NEBOSH Customer Experience Team**



# CERTIFIED SAFE CRUSHER OPERATION

**TAC00746**

**NAME : IJLAL MAHMOOD**

**ID NO : 2541128175 / 118116**

**ISSUED : 02-JUL-2023**

**EXPIRY : 01-JUL-2024**

**COMPANY : AL YAMAMA COMPANY**

**PROJECT : NA**



7158 King Khalid St, Al Khobar, Saudi Arabia 34427 | Telephone: +966 1383 11390

Fax : +966 1383 12077 Email: [info@uvgulf.com](mailto:info@uvgulf.com) Website : [www.uvgulf.com](http://www.uvgulf.com)

**TRAINED BY : NAHID ALAM SIDDQUEE**

**ENR NO**

**APPROVED BY : SAYED RAFIK ABDULLAH**

**GAT00292**



**SAFETY OFFICER**

**This card is only valid for the equipment as stated. Use of this card by a person other than it's owner is considered forgery and will be punishable b Law and whoever finds it shall return to UV Gulf Co. Ltd. office. Any liability occurring due to error in operation or damage will not be the responsibility of the issuing agency.**

**THIS IS NOT SAUDI GOVERNMENT LICENSE ID**



**CERTIFIED  
FIRE MARSHAL**

**TAC00652**

**NAME : IJLAL MAHMOOD**

**ID NO : 2541128175**

**ISSUED : 17-JUN-2023**

**EXPIRY : 16-JUN-2024**

**COMPANY : AL YAMAMA COMPANY**

**PROJECT : NA**



**7158 King Khalid St, Al Khobar, Saudi Arabia 34427 | Telephone: +966 1383 11390**

**Fax : +966 1383 12077 Email: info@uvgulf.com Website : www.uvgulf.com**

**TRAINED BY : NAHID ALAM SIDDQUEE**

**ENR NO**

**APPROVED BY : SAYED RAFIK ABDULLAH**

**GAT00253**



**BASIC**

**This card is only valid for the equipment as stated. Use of this card by a person other than it's owner is considered forgery and will be punishable b Law and whoever finds it shall return to UV Gulf Co. Ltd. office. Any liability occurring due to error in operation or damage will not be the responsibility of the issuing agency.  
THIS IS NOT SAUDI GOVERNMENT LICENSE ID**



# CERTIFICATE

## OF COMPETENCE

THIS CERTIFICATE IS PRESENTED TO

**IJLAL MAHMOOD**

2541128175 / 118116

For successfully completing a course in  
Safe Crusher Operation

*in accordance with required framework and syllabus. This certificate also demonstrates that the individual has completed the cognitive and skills evaluation in accordance with the curriculum of The United Vetting Gulf Co.*

Date of Issue: 02-JUL-2023

Date of Expiry: 01-JUL-2024

President



Trained By

شركة خليج التعقيب المودد للفحص

7158 King Khalid St, Al Khobar, Saudi Arabia 34427

Telephone : +966 1383 11390 Fax : +966 1383 12077

Email : info@uvgulf.com Website: www.uvgulf.com





# CERTIFICATE

OF COMPETENCE

THIS CERTIFICATE IS PRESENTED TO

**IJLAL MAHMOOD**

2541128175

For successfully completing a course in  
**FIRE MARSHAL**

*in accordance with required framework and syllabus. This certificate also demonstrates that the individual has completed the cognitive and skills evaluation in accordance with the curriculum of The United Vetting Gulf Co.*

Date of Issue: 17-JUN-2023

Date of Expiry: 16-JUN-2024

President



Trained By

شركة خليج التعقيب الموحد للفحص

7158 King Khalid St, Al Khobar, Saudi Arabia 34427

Telephone : +966 1383 11390 Fax : +966 1383 12077

Email : info@uvgulf.com Website: www.uvgulf.com





Saudi Heart Association  
جمعية القلب السعودية



NATIONAL CPR  
COMMITTEE

# CERTIFICATE OF Life Support Training

**IJLAL MAHMOOD**

*has successfully completed*

**SHA BLS PROVIDER**

TRAINING CENTER:  
KINGDOM OF DOCTORS  
DAMMAM

Date of issue: Jul 15 2024

Date of expiry: Jul 15 2026

**Prof. Fahad Alsohime**  
Chairman, National CPR Committee  
Saudi Heart Association



**Prof. Waleed Al Habeeb**  
President  
Saudi Heart Association





Saudi Heart Association  
جمعية القلب السعودية



NATIONAL CPR  
COMMITTEE

# CERTIFICATE OF Life Support Training

**IJLAL MAHMOOD**

*has successfully completed*

**SHA HSFA CPR AED COURSE**

TRAINING CENTER:  
KINGDOM OF DOCTORS  
DAMMAM

Date of issue: Jul 15 2024

Date of expiry: Jul 15 2026

**Prof. Fahad Alsohime**  
Chairman, National CPR Committee  
Saudi Heart Association



**Prof. Waleed Al Habeeb**  
President  
Saudi Heart Association



SAUDI ARABIAN OIL COMPANY  
Unconventional Resources Project Management  
and Technical Services Department  
Jafurah US P/L & Well Tie-in Ph-I Project Division  
Tower Building, R-TN-920, Dhahran,  
Saudi Arabia

أرامكو السعودية  
saudi aramco



August 27, 2024

**SUBMISSION OF SUB-CONTRACTOR's (ALYAMAMA)**  
**HSE PERSONNEL CREDENTIALS**  
**FOR SAUDI ARAMCO REVIEW AND APPROVAL**  
**Contract No. 6600050464**

SAJAF-PM-L-SAIPEM-1668-24

SERGIO CORTI, Contractor Representative  
Saipem – Snamprogetti E&C Co. Ltd.

With reference to CONTRACTOR letter JUPWT5-SAUDR-PM-L-01982 dated July 03, 2024. and the subsequent interviews on August 11, 2024, COMPANY have reviewed the proposed candidate's credentials and will accept the applicant for the positions as in the table below under the following conditions:

NO.	NAME	POSITION	COMPANY	STATUS
1	ANWAR HABIB	HSE OFFICER	AL YAMAMA	PASSED
2	IJLAL MAHMOOD SULAHRIA	HSE OFFICER	AL YAMAMA	PASSED
3	NADEEM AKHTAR	HSE OFFICER	AL YAMAMA	PASSED
4	GLESON VERAS ORCULLO	HSE OFFICER	AL YAMAMA	PASSED

The following candidate will not be considered as he was a No Show.


5	FAHEEM ALI	HSE OFFICER	AL YAMAMA	PASSED
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Saudi Aramco reserve the right to revoke this approval if the candidate's performance is found to be unsatisfactory. The CONTRACTOR must find a suitable replacement within two (2) weeks upon receiving the demobilization.

Should you have any questions, please contact Jacques Fourie, Sr. Field Compliance Coordinator at 050-511-5624

JHQ

SF

  
MAMMDOUH M. ANZI, Company Representative  
Unconventional Resources Project Management  
and Technical Services Department

Attachment(s): N/A  
Cc: Project File