



JALIL AHMED

SAFETY SUPERVISOR / OFFICER
VISA STATUS (TRANFORABALE / IMMEDIATE AVAILABLE)



jalilahmedktk@gmail.com



0551858732
0532750636



Riyadh, KSA

EDUCATION

- **NEBOSH**
The National Board In OS&Health, United Kingdom
February 2024 – October 2024
- **OSHA**
Professional Safety Training & Consultancy, Pakistan
February 2012 - October 2012
- **Bachelor of Arts**
Sociology & Political Science
Peshawar University, Pakistan
June 2006 - October 2008
- **Pera Medics diploma**
Health Jinnah Institute of Medical Sciences, Pakistan
September 2007

PROFESSIONAL SUMMARY

Accomplished and results-driven Safety Officer with over 10 years of experience implementing safety protocols that effectively reduce workplace incidents and enhance productivity. Proven record of accomplishment in fostering a safety-conscious culture by promoting awareness, compliance, and best practices. Adept at leading teams through safety training initiatives, ensuring continuous improvement in risk management, and maintaining a secure and efficient working environment. Committed to driving safety excellence through strong leadership, strategic planning, and the development of comprehensive safety programs.

WORK HISTORY

TAHQIQ ALEZDEHAR – Safety Supervisor

(2024 till Now) Riyadh

- Conducted risk assessments and implemented safety measures to eliminate workplace hazards.
- Ensured compliance with local and international safety regulations, maintaining a safe and legal work environment.
- Led safety training programs, toolbox talks, and emergency drills to enhance staff awareness and preparedness.
- Performed regular inspections, identifying risks and implementing corrective actions.
- Investigated incidents, analyzed root causes, and enforced preventative measures.
- Monitored PPE compliance and ensured proper use of safety equipment.
- Developed and enforced emergency response plans for efficient crisis management.
- Maintained accurate safety records, reports, and compliance documentation.
- Supported audits and regulatory inspections, ensuring HSE compliance.
- Advised management on safety improvements for equipment and operational processes.

Al Zahour Al Arabia Al Khidmat – Safety Supervisor

(2018 –2023) (FM Services), Qatar (5 Years)

- Conducted comprehensive risk assessments across facility operations to Identify in addition mitigate workplace hazards effectively.
- Ensured strict compliance with local safety regulations and industry standards To maintain a secure and efficient working environment.
- Trained over 200 staff members on safety protocols and procedures, fostering A culture of safety awareness within the organization.

Skills

- NEBOSH
- OSHA
- Occupational Health Hazards
- HSE Regulatory Compliance
- Risk Management
- Ms. Office
- HSMS Development
- Hazard Identification
- Supervision
- Attention to Detail
- Communication

- Implemented preventative measures to minimize incidents and ensure the smooth operation of all managed facilities.
- Performed regular inspections of facilities to identify potential hazards and Recommended corrective actions to uphold safety standards.
- Investigated safety incidents thoroughly, resulting in improved procedures In addition, enhanced safety practices.
- Maintained accurate records of safety-related activities, including incidents, training sessions, and inspections, for compliance and operational improvements.
- Developed and streamlined emergency evacuation plans, ensuring readiness Moreover, efficient responses during emergencies.
- Monitored the proper use of personal protective equipment (PPE) among staff To reduce exposure to workplace risks.
- Organized safety toolbox talks and regular meetings to address ongoing and Emerging safety concerns.
- Advised management on necessary safety enhancements to equipment, Systems, in addition operational practices.
- Ensured the availability of first aid supplies and conducted regular checks for Emergency readiness.
- Supported audits and inspections to ensure compliance with health, safety, Moreover, environmental regulations specific to facility management.
- Created detailed reports on safety performance and provided actionable Recommendations for continuous improvement.

Asif Rafiq Pens Manufacturer – Safety Officer (2013 -2018) Jeddah, Saudi Arabia (5 Years)

- Reduced safety incidents by 80% implementing rigorous health and safety protocols in 5 years' tenure.
- Conducted thorough risk assessments to minimize workplace hazards.
- Led team meetings for improved communication and productivity.
- Conducted thorough risk assessments to minimize workplace hazards.
- Ensured compliance with local safety regulations, enhancing overall workplace security.
- Provided comprehensive training to staff, promoting safety-conscious work culture.
- Implemented preventative measures to reduce accidents in workplace.
- Coordinated fire drills regularly for staff to enhance preparedness.
- Identified potential hazards through regular site inspections, resulting in Improved working conditions.
- Maintained detailed records of all safety-related incidents, providing valuable Data for future reference.
- Advised management on necessary alterations to machinery for increased operational safety.
- Communicated effectively about health and safety matters, fostering Atmosphere of transparency and trust among employees.

LANGUAGES

English

Fluent

Hindi

Fluent

Urdu

Native

Arabic

Beginner

PERSONAL DETAILS

- **Nationality:** Pakistani
- **Visa Status:** Transferable
- **Driving License:** Yes

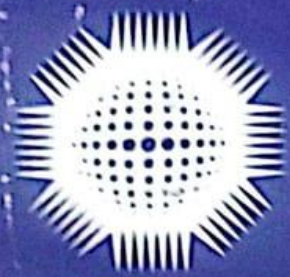
- Trained staff in safety best practices and required standards to achieve legal Moreover, regulatory compliance.
- Regularly inspected facilities to ensure adherence to fire, hazard and safety guidelines.

Pakistan Tobacco Company (PTC) Safety Officer (2008 - 2009) Akora Khattak, Pakistan (1 Year)

- Ensured employee well-being through the implementation of best Practice procedures.
- Trained staff in health and safety protocols to reduce workplace Accidents.
- Implemented environmental strategies, contributing to sustainability goals.
- Conducted site inspections to ensure adherence to safety standards.
- Monitored indoor office conditions to enhance worker comfort and Productivity.
- Organized regular training sessions, keeping staff aware of their health and Safety responsibilities.
- Conducted ergonomic assessments within office spaces, improving work Environment conditions for employees.
- Promoted safe working practices, enabling staff safety and wellbeing.
- Conducted site inspections to determine a hazard-free environment.
- Managed Health, Safety and Environmental compliance for various Projects.
- Scheduled meetings to detect health and safety concerns.
- Inspected outlets to assess and achieve compliance with current health Moreover, Safety standards.
- Documented accidents and injuries in detail to enable future prevention.

REFERENCES

References available upon



nebosh

NEBOSH International General Certificate in Occupational Health and Safety

This is to certify that

Jalil Ahmed

was awarded this qualification on

07 October 2024

Rob Hull
Chair

Dee Arp
Accountable Officer



SQA Ref: R630 04



**The National Examination Board in
Occupational Safety and Health**
Registered in England & Wales No. 2698100
A Charitable Company Charity No. 1010444

25451

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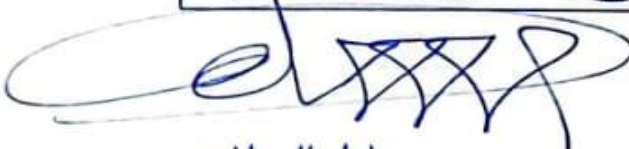
تصادق سفارة المملكة العربية السعودية
 (القسم القنصلي) في اسلام آباد على صحة
 الختم و التوقيع دون مسؤوليتها عن المحتويات

التاريخ: ١٦ جمادى الأولى ١٤٤٦



رئيس القسم القنصلي

29/11




حمد بن مطر العطاوي
Hamad Al-Atawi

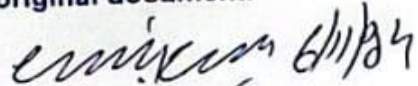
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 Ministry of Foreign Affairs is
 not responsible for the
 contents of this document



07 NOV 2024

Checked by Muhammad Mohsin
 Assistant Director (Cons-V) 

I have checked with the Issuing body and
 they have confirmed that they issued the
 original document.



MUNIR HUSSAIN
 Venue Manager
 British Council, British High Commission, Diplomatic
 Enclave, Ramna 5, Islamabad



**Professional
Safety Training
& Consultancy**

OSHA® Occupational
Safety and Health
Administration

This Certificate is awarded to

Mr. Jalil Ahmed s/o Mr. Muhammadi Gul

On successful completion of a course

OSHA 30-Hour General Industry Safety & Health

*A course provided by approved trainer of
Occupational Safety and Health Administration
(OSHA-USA)*

Registration No: 12-1000111
Course Date : 10-20-2012



Universtiy Of Peshawar

(Pakistan)

Session: Annual 2008



JALIL AHMED Son Of MUHAMMADI GUL and a

Private Candidate of District Nowshera having Passed the

prescribed examination held in June 2008 is this day admitted by the University Of Peshawar to

the Degree of Bachelor of Arts in 2nd Division

The examination was taken In Parts

Registration No. 2006-PC-7092

Roll No. 85813

C.N.I.C.No. 17201-2122345-1

Result Declared on October 11, 2008



J. A. U.
Registrar

[Signature]
Vice Chancellor



025975

Asif Rafiq Pens Manufacturer

C.R. No. 4030183879 - C.C.NO. 134276

Licence No. 2/1/1672



مصنع أحمد رفيق لصناعة الأقلام

س.ت: ٤٠٣٠١٨٣٨٧٩ - رقم العضوية ١٣٤٢٧٦

رقم الرخصة: ٢/١/١٦٧٢

Date: 04/04/2018

التاريخ / / ١٤

TO WHOM IT MAY CONCERN

This is to certify that **Jalil Ahmed** served as a **Safety Officer** at **Asif Rafiq Pens Manufacturer**, Jeddah, Saudi Arabia, from **April 2013 to April 2018**. He played a vital role in ensuring workplace safety and maintaining high standards of compliance. His contributions were highly valued by the company. We wish him continued success in his career.

Authorized by:
Asif Rafiq Pens Manufacturer


Factory Manager





CHERAT CEMENT COMPANY LIMITED

P.O. BOX 28, NOWSHERA-24100, NWFP, PAKISTAN
TEL : (091) 5270531-34 (Four Lines); (0923) 626176, 610997
UAN : (0923) 111-000-009
FAX : (091) 5270536
E-mail : cherat.site@gfg.com.pk
Web : www.cheratcement.com



Ghulam Faruque
Group

Ref. LCF- 40 /OJPT/39

Dated: 15 September 2012


TO WHOM IT MAY CONCERN

(TRAINING CERTIFICATE)

This is to certify that Mr. *Jalil Ahmad S/O Muhammadi Gul* has undergone and successfully completed *Six Weeks* on-the-job-practical training (*Safety*) in our *Administration* Department from *01 August 2012* to *15 September 2012*.

He took keen interest in his training and his technical know-how was found to be satisfactory. His character / conduct during the course of the training was **GOOD**.

For CHERAT CEMENT CO LTD


15/9
MUHAMMAD ASIM
General Manager (Works)



Head Office : Modern Motors House, Beaumont Road, Karachi-75530 Pakistan, Tel: (0092-21) 35683566-67, 35689538, 35688348 UAN: (021) 111-000-009, Fax: (0092-21) 35683425.
E-mail: cherat@cheratcement.com, cherat@gfg.com.pk, Web: www.cheratcement.com
Peshawar : 1st Floor Betani Arcade, Jamrud Road, Peshawar. Tel: (091) 5841373, 5842272 UAN: (091) 111-000-009; Fax: (091) 5840447.
E-mail: cherat.sop@gfg.com.pk
Lahore : 3-Sunderdas Road, Lahore. Tel: (042) 6308259-6360309 UAN: (042) 111-000-009; Fax: (042) 6367523 E-mail: cherat.sol@gfg.com.pk
Islamabad : Mezzanine Floor, Razia Sharif Plaza, 91-Blue Area, Islamabad. Tel: (051) 2274096, 2873720 UAN: (051) 111-000-009; Fax: (051) 2274970
E-mail : cherat.soi@gfg.com.pk





PAKISTAN TOBACCO
COMPANY

10.01.2010

Akora Khattak Factory,
P.O. & District Nowshera,
NWFP - Pakistan,

Tel: + 92 (923) 630901
Fax: + 92 (923) 510792/630102

To Whom It May Concern

This is to certify that Mr. Jalil Ahmed was employed as a Safety Officer at Pakistan Tobacco Company, Akora Khattak, Pakistan, from 2008 to 2009.

During his tenure, he demonstrated professionalism, dedication, and strong safety management skills. He was punctual, efficient, and a valuable team player with excellent conduct.

We wish him success in his future endeavors.


Signature

EH&S Manager

AROF RAHIMI CONSTRUCTION COMPANY



د معروف رحیمی ساختمانی شرکت

Office of infrastructure

Road & Building Construction (RBC)

Supply & logistic Service (SLS)

Fence, HESCO, B-huts Construction (FHBC)

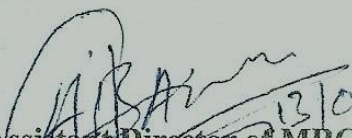

Date:-13-04-2011

TO WHOM IT MAY CONCERN

It is certified that **Mr. Jalil Ahmad S/O Muhammadi Gul** has been working With us as a **Proposal Engineer** from **Nov 2010 to April 2011**.

His prime responsibilities are read Company emails and make a Bid for it. He also makes BOQ for different projects for his Company. We have found him motivated, punctual, honest and hard working person.

We pray for his success in future.


13/04/11
Assistant Director of MRCC:-
AKBAR KHAN

د معروف رحیمی ساختمانی شرکت


13/04/2011
Director of MRCC:-
MAROF KHAN

د معروف رحیمی ساختمانی شرکت

Cell: 0799136188, 0777136188, 0797369461, 0797047441

E-mail: marof_rahimi@yahoo.com

Main Office: First Road near by Kabul khosese Lisa kart-e- nawe Kabul, Afghanistan

Khost Branch: Khost Province Business Trade Center 3rd Floor

Jinnah Institute of Medical Sciences

Registered (Reg. No. 01MF) with Govt. of NWFP Medical Faculty
Warsak Road, Peshawar

Ref. No. 366/02/JIMS/07

Date: November 06, 2007

COURSE COMPLETION CERTIFICATE

This is certified that Mr. Mr. JALIL AHMAD No. MUHAMMADI GUL
Academic Rec. No. 00 Session 2005-2007 has completed
his training of HEALTH TECHNOLOGY Course Duration TWO YEARS from
Jinnah Institute of Medical Sciences.

Dr. Mohammed Ishaq
MBBS (Pesh), FCPS (Pak), FRCGS (Ireland)
Chairman
Jinnah Institute of Medical Sciences (JIMS) NWFP
Warsak Road Peshawar

Dr. Sheraz Muhammad
MBBS (MD), MS, M. Phil, PhD
Principal
Jinnah Institute of Medical Sciences
Warsak Road, Peshawar

This certificate is issued without alteration or erasure

Serial No. LRC-596

Reg. No. SDC/PTC/1307

SKILL DEVELOPMENT COUNCIL PESHAWAR

A joint project of the National Training Bureau
Govt. of Pakistan, World Bank, ILO, EFP



Certificate of Participation



This is to certify that

Mr. / Mrs. / Miss Jalil Ahmad
Son/Daughter of Muhammadi Gul has successfully
completed a special Training Course organized by the SDC Peshawar in the trade
of Office Automation Course. The course was sponsored by

PAKISTAN TOBACCO COMPANY LIMITED AKORA KHATTAK

and conducted at its

LEARNING RESOURCE CENTRE

From 24-08-2004 To 08-12-2004

In recognition thereof this certificate is issued on the 5th day of January, 2005

FACTORY MANAGER

Technical Training Manager
Pakistan Tobacco Company Limited
Akora Khattak

PAKISTAN TOBACCO
COMPANY

CHAIRMAN
Skill Development Council
N.W.F.P. Peshawar



NEBOSH ONLINE CONFERENCE 2024

CREATING... GREAT HEALTH
AND SAFETY PRACTICE

Certificate of Attendance

Jalil Ahmed

Attended the online conference session

Creating...a work-related stress risk assessment

Delivered as part of the NEBOSH Online Conference 2024

Date watched: November 21, 2024

Astutis.

Gulf Academy
OF SAFETY



ONGC
ENERGY: Now AND Next

RRC
INTERNATIONAL

SHEilds



NEBOSH ONLINE CONFERENCE 2024

CREATING... GREAT HEALTH
AND SAFETY PRACTICE

Certificate of Attendance

Jalil Ahmed

Attended the online conference session

Creating...HSEQ excellence through sustainability

Delivered as part of the NEBOSH Online Conference 2024

Date watched: November 21, 2024

Astutis.

Gulf Academy
OF SAFETY



ONGC
ENERGY: Now AND Next

RRC
INTERNATIONAL

SHEilds



NEBOSH ONLINE CONFERENCE 2024

CREATING... GREAT HEALTH
AND SAFETY PRACTICE

Certificate of Attendance

Jalil Ahmed

Attended the online conference session

**Creating...a workplace risk assessment: confidently
navigate the qualitative process**

Delivered as part of the NEBOSH Online Conference 2024

Date watched: November 21, 2024

Astutis.

Gulf Academy
OF SAFETY



ONGC
ENERGY: Now AND Next

RRC
INTERNATIONAL

SHEilds



World Health Organization

HEALTH
EMERGENCIES
programme

Certificate of Achievement

This is to certify that

Jalil Ahmed

successfully completed and received a passing grade in

Introduction to the Emergency Response Framework (ERF)



Verified certificate
issued on:
July 17, 2024

Verify online: <https://openwho.org/verify/xosop-lozar-zivit-cyhuk-hutod>

Certificate validity
1 year from date of issuance.

a course offered on OpenWHO.org,
an online learning initiative of WHO Health Emergencies Programme.

Confirmation of Participation

**The Joint Risk Assessment (JRA OT): A
Training for Implementers**

Jalil Ahmed

July 31, 2024

