



Zia ur rehman (HSE Professional)
Aramco Approved, 06-year experience
Bachelors of Commerce, Nebosh IGC
Nebosh m Environment OSHA and IOSH.

ziaurrehman00899@gmail.com
0548986287
Jubail
Valid Iqama

Summary:

Health and Safety professional with extensive experience in risk management and regulatory compliance. Proficient in conducting thorough safety inspection, hazard assessments, and creating effective safety programs. Strong background in training employees and fostering a safety-first culture. Experienced in managing safety documentation, incident investigations, and accident reporting. Committed to ensuring a safe and healthy workplace through continuous improvement and proactive safety measures.

Education:

Bachelors of commerce
Diploma in commerce
Matric

University of Punjab, Pakistan
Punjab Board of Technical education Lahore
Board Of Intermediate and Secondary Education
Rawalpindi

Professional certification:

Nebosh Environment certified
Nebosh IGC certified
IOSH certified
OSHA certified

Fire safety
Basic Life Support

Experience:

SAFETY OFFICER
COMPANY: Al Touki trading and contracting
company

August 2023

SAFETY OFFICER
COMPANY: Al Robaya Holding Company

June 2022

SAFETY OFFICER
COMPANY: FNE Est

January 2020

SAFETY OFFICER
COMPANY: Oil and Gas development Company
Pakistan

July 2017

Roles and responsibilities

- ☆ Conducting Tool-Box talk as per the work criticality to inform and instruct the workforce about the hazards and control measures to overcome the hazards.
- ☆ Giving time to time feed back to the management about the status of HSE implementation.

- ☆ make sure compliance with the mandatory PPEs at all times as per the nature of work.
- ☆ Make sure the work is done under a valid and applicable work permit by authorized persons.
- ☆ Provide assistance and advice to project team in fulfilling their HSE responsibility. Inspecting site regularly and ensuring the effective implementation of HSE and giving recommendation where required.
- ☆ Checking temporary electrical connection, grounding & testing the circuit breakers.
- ☆ Inspection of electrical equipment, fire appliances.
- ☆ Implementation and monitoring of Emergency Response.
- ☆ Proper scaffolding is provided.
- ☆ Arranging and tie up firefighting equipment.
- ☆ Convincing team members and workers for safe work practices.
- ☆ Storage and handling of materials
- ☆ Ensure good housekeeping practices etc.
- ☆ Inspection of Fire Extinguishers. To check oxygen level %age & ammonia ppm (parts per million) value before man entry.
- ☆ To check electrical connections. GFCI is used. there is no leakage in wires.
- ☆ Implement the company safety policy.
- ☆ Coordination with top management in establishing a good HSE System in the Company.
- ☆ Awareness of personnel and provision of Safe Condition to reach to the Target of Zero accident.
- ☆ Inspect the work site daily and correct unsafe methods and conditions.

SKILLS:

Computer and technical skills

- ▲ proficient user of Computer and computer applications
- ▲ technical knowledge of basic programming.
- ▲ computer applications MS Office, typing tutor, etc.

Industrial skills

- ▲ Instruments like transmitters, gauges, valves calibrations,
- ▲ technical knowledge about industrial sensors and calibrations and operations and interlocking.

personal skills

- ▲ proficient in the English language written and verbal.
- ▲ handled the projects the immense hard work and self-belief
- ▲ Strong verbal and written communication skills

- ▲ ability to thrive under pressure

Occupational Health and Safety skills

- ▲ already trained HSE professional (Trainings H2S, BLS (expired), First Aid(expired), chemical safety, excavation safety, fire safety, lifting and rigging safety, etc.)
- ▲ Awareness of safety regulations and principles
- ▲ good observations skills
- ▲ technical knowledge of the processes and construction industries
- ▲ organizational skills lead to problem-solving skills
- ▲ relationship and consensus-building skills
- ▲ investigation and reporting incidents (Near misses and Accidents)
- ▲ Preparing JSA (as per the worksite) & risk assessment (site-specific) skills
- ▲ conducting monthly safety drills
- ▲ Safety training deliver to the workforce as per need.

Language:

English
Urdu
Arabic



Experience certificate

To whom it may concern

This is to certify that **MR. ZIA UR REHMAN** is worked as a **Health and safety officer** with **Al Toukhi Trading & Contracting**, from **August 10, 2023 To December 25, 2024** in our **KAFD PROJECT RIYADH**, He has performed his duty in a diligent and satisfactory manner and was a valuable member of KAFD Project
We wish him success in his future endeavors.



Engineer Ayman Khamis Project

Manager

Al Toukhi Trading & Contracting

**ONSHORE MAINTAIN POTENTIAL PROJECTS DEPARTMENT
HARADH GAS UPSTREAM PROJECTS DIVISION
Haradh PMT Office**

Tel: 013-576-7776, Fax: 013-576-7780

June 20th, 2022

OMPPD/HGUPD/M-940/22

Contract No. 6600038763

SAFETY PERSONAL ACCEPTANCE

MOHANED M. ATAALA, Project Manager
AL-ROBAYA HOLDING COMPANY.
Email: mohaned@alrobaya.com

In response to transmittal ref: ARHC-HGUPD/HRDH-T-0162/20, please be informed that the following Safety candidate has been accepted based on the recommendation to work in Haradh Gas Upstream Projects Division (HGUPD). He shall not be removed or reassigned without prior approval from the undersigned.

No.	Name	Position	Recommendation
01	Zia ur rehman	Safety Officer	Approved

The accepted Safety personal must review but not limited to Al-Robaya Holding Company's internal HSE Program, the SACSM 5th Edition, HIP/JSA procedure and the G.I requirements most part particularly the latest version Gl. 2.100.

Please note that OMPPD/HGUPD has the right to revoke the acceptance at any time due to poor and/or satisfactory performance of the subject safety personal. Also, this acceptance letter pertains only to OMPPD/HGUPD projects.

Should you have any inquiry, please do not hesitate to call Abdulaziz Saad Al Qahtani, Div. Lead HSE/OE on 576-7139.



ABDULLAH N. AL-NAMI, Project Manager
OMPPD/Haradh Gas Upstream Projects Division

cc: SPEs/ PE's/ HGUPD
OE & Compliance/ HGUPD
Business Admin/ HGUPD
Contract Admin/ HGUPD
Scheduler Admin, HGUPD
Letter File

Fawzi Saleh Al-Najrani Est.
For General Contracting
C.R. 2066001761



مؤسسة فوزي صالح النجراني
للمقاولات العامة
س.ت. ٢٠٦٦٠٠١٧٦١

Fawzi Saleh Al-Najrani Est.
P.O. Box 891-Rahima 31941
K.S.A

July 01, 2022

Experience Certificate

It is certified that **Mr. Zia ur rehman** was under the Employer of Fawzi Saleh Al-Najrani Company as a **HSE Officer** on Construction of Art and Science College (30054m2) Project from **January 2020 to July 2022**

His exposure in this area is very good, during his job he easily handled major responsibilities and found him to be hardworking and very productive for us.
Najrani wish him all success in his future endeavors.



Saed Handy
Project Manager
SDHOP

Head Office : Ras Tanurah - P.O. Box 891 - Rahima 31941
Operations Office :
Ph # 013 840 8404 - 013 831 0045 - 013 832 0816
Fax # 013 840 8006
Tel: + 966 13 830 3614 - 833 9624
6th Floor - Al Mussa Tower - Prince Turki St.
Al-Khobar 31952 - Saudi Arabia

Website: www.fawzigroup.com E-mail: fawzi@fawzigroup.com

المكتب الرئيسي : رأس تنورة - ص.ب ٨٩١ - رحيمة ٣١٩٤١
مكتب العمليات :
تلفون : ٨٤٠٤٠٨٤٠٤ - ٨٣١٠٠٤٥ - ٨٣١٠٨١٦ - ٨٣٢٠٨٣٣
فاكس : ٨٤٠٨٠٠٦ - ٨٣٠٨٤٠
تليفون : ٨٣٠٣٦١٤ - ٨٣٣٩٦٣٤ - ٨٣٣٨٣٣٣ + ٩٦٦
الدور السادس - برج موسى - شارع الأمير تركي
الخبير ٣٦٩٥٢ - المملكة العربية السعودية



CERTIFICATE OF APPRECIATION

This certificate is proudly presented to

ZIA UR REHMAN

HSE OFFICER

In recognition for his outstanding service , dedication and commitment to project safety during project execution.

Given this 15th day of July 2021 held at construction of Art and Science college project Ras Tanurah.

SAED HAMDY



OIL AND GAS DEVELOPMENT COMPANY LIMITED
DAKHNI OIL FIELD JAND

Ref/00768/89K0

Employment certificate


TO WHOME MAY IT CONCERN,

It is certified that **Zia ur rehman s/o Muhammad din** CNIC **37104-5017986-5** has worked in DAKHNI OIL AND GAS PLANT as **HSE Officer** from 01 July 2017 to 01 July 2019. The company is certifye its performance as he is an efficient , dedicated and resourceful person.

The company has found dim to be sincere and loyal employee, also over a peroid of this employment at our company has proved to be an assest for the company.

He has no issues whatever with the company and performed his duties with dedication and deligence. We wish him good luck in all his future prospects.




Abdul Qayyum

(Chief Engineer)

Dakhni Oil Field Jand

Date 01 JULY 2019

OIL & GAS DEVELOPMENT COMPANY LIMITED TEHSIL JAND DISTRICT ATTOCK. Tel. Phone # 057-2621304,
057-2621520, Ext 212 Fax: 057-2621320

CERTIFICATE OF APPRECIATION

This certificate is presented to

Zia ur rehman

HSE Officer

In recognizing his exceptional contribution and performance towards Health and safety work practices in OGDCL Dakhni oil filed project .



MUHAMMAD YASEEN
HR department



Dated 20 July 2018



COURSE COMPLETION CERTIFICATE

This is to certify that

ZIA UR REHMAN

has successfully completed mentioned training

Fire Safety

45637



Certificate Number

30th July 2018

Completion Date

A handwritten signature in black ink, appearing to be "Zia Ur Rehman".

Managing Director



COURSE COMPLETION CERTIFICATE

This is to certify that

ZIA UR REHMAN

has successfully completed mentioned training

Fire Safety

45637



Certificate Number

30th July 2018

Completion Date

A handwritten signature in black ink, appearing to read "Zia Ur Rehman".

Managing Director

Serial No 56409

Registration No S16-42096

CNIC NO 37104-5017986-5



Government of Pakistan

National Vocational and Technical Training Commission (NAVTTIC)

This certificate is awarded to **ZIA UR REHMAN** s/d/ of **MUHAMMAD DIN**
at **ISLAMABAD** on **5th** day of **November 2016**
on successful completion of certificate of course
CONSTRUCTION HEALTH AND SAFETY
in Grade **A+** from **01 August 2016** to **30 October 2016**
from **CONSTRUCTION TECHNICAL TRAINING INSTITUTE ISLAMABAD.**


Executive director
NAVTTIC



SSC No:- A294551

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

C.No. 205831/1348930



Board of Intermediate and Secondary Education, Rawalpindi

SECONDARY SCHOOL CERTIFICATE EXAMINATION
ANNUAL 2013



Certified that ZIA UR REHMAN
Son/Daughter of MUHAMMAD DIN whose particulars
are given below has passed the Secondary School Certificate Examination
held in the month of MAR-APR, 2013 Roll No 810986 Securing 630
Marks (SIX HUNDRED THIRTY) Grade awarded B
Registration No. 11222130001 Group of Subjects SCIENCE
As a whole / In Parts AS A WHOLE Regular / Private REGULAR
District/Institution GOVT BOYS HIGH SCHOOL UCHRI (ATTOCK)

Date of birth (in figures) 16-07-1996 (in words) 16th Jul
ONE THOUSAND NINE HUNDRED NINETY-SIX

SUBJECT - WISE DETAIL OF MARKS OBTAINED

S.NO	NAME OF THE SUBJECT	MAXIMUM	OBTAINED
1	ENGLISH (COMPULSORY)	150	046 *
2	URDU (COMPULSORY)	150	105
3	PAKISTAN STUDIES (COMPULSORY)	075	065
4	ISLAMIYAT (COMPULSORY)	075	048
5	MATHEMATICS (COMPULSORY)	150	121
6	PHYSICS	150	094
7	CHEMISTRY	150	077
8	COMPUTER SCIENCE	150	074
TOTAL		1050	630

* NOTIONAL GRACE MARKS AWARDED
INTERNAL GRADE : C



Rawalpindi, dated: **NOVEMBER 1, 2016**

Zama Javed
SECRETARY

Note:- This certificate is issued without alteration/erasure.

S.No. 472792



Punjab Board of Technical Education Lahore

First Annual Examination, 2016

Certified that ZIA UR REHMAN
son/daughter of MUHAMMAD DIN
Registration No 113-1197-02377 of the
GOVERNMENT INSTITUTE OF COMMERCE, JAND

has satisfactorily completed the TWO YEAR Programme of Instructions in
DIPLOMA IN COMMERCE

and has passed the Examination By Parts securing 699 marks
out of 1200 and has been placed in "C" Grade



In recognition thereof this

Diploma in Commerce

is awarded at Lahore on the August 24, 2016



Secretary



Registration Number
2017-3-66857

University of the Punjab

رول نمبر
Roll Number
000028



جامعہ پنجاب

This university hereby confers upon

Zia Ur Rehman

son of **Muhammad Din**
of the **Attock District**

the degree of

Bachelor of Commerce

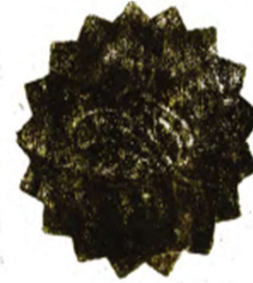
together with all the rights, privileges and
honours belonging to this degree.

Session 2016-2018

Marks Obtained 700/1500

Division Second

BC 427207



محمد بلیغ الرحمن

Chancellor

چانسلر

Lahore : Pakistan 19 DEC 2023

Controller of Examinations

کنٹرولر امتحانات

یہ جامعہ

ضیاء الرحمان

بن محمد دین

از ضلع اٹک

کو

بی۔ کام

کی سند عطا کرتی ہے مع تمام حقوق، امتیازات
اور اعزازات جو اس سند کے ساتھ وابستہ ہیں۔

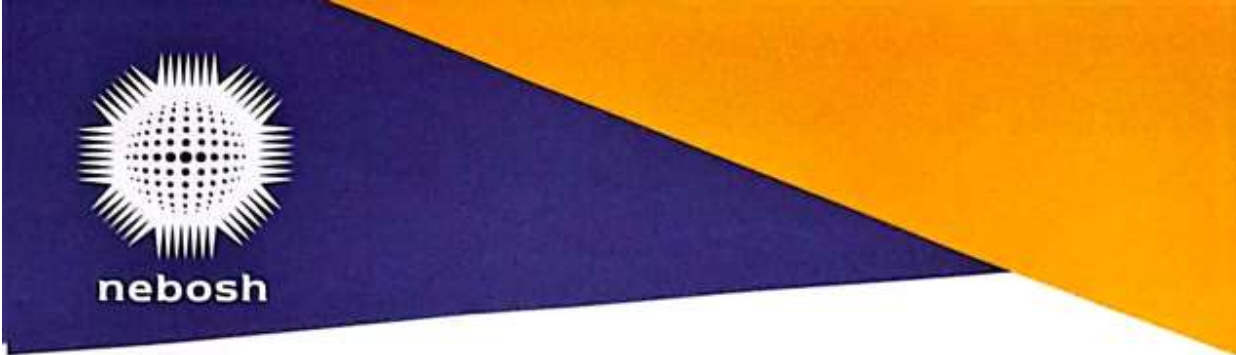
دورانیہ ۲۰۱۸-۲۰۱۶

حاصل کردہ نمبر ۱۵۰۰/۷۰۰

درجہ دوم

لاہور: پاکستان

007030 #18 e



NEBOSH Environmental Management Certificate

This is to certify that

Zia Ur Rehman

was awarded this qualification on

15 January 2024

Rob Hull
Chair

Dee Arp
Accountable Officer

Master log certificate No: 00798283/1403403

SQA Ref: R690 04



**The National Examination Board in
Occupational Safety and Health**

Registered in England & Wales No. 2698100
A Charitable Company Charity No. 1010444



NEBOSH International General Certificate in Occupational Health and Safety

This is to certify that

Zia Ur Rehman

was awarded this qualification on

06 June 2024

Rob Hull
Chair

Dee Arp
Accountable Officer

Master log certificate No: 00798283/1430553

SQA Ref: R630 04



**The National Examination Board in
Occupational Safety and Health**
Registered in England & Wales No. 2698100
A Charitable Company Charity No. 1010444



This is a certificate awarded to

Zia Ur Rehman

on successfully completing

Managing Safely

a course approved and validated by the

Institution of Occupational Safety and Health

in association with

SS Institute Of Safety And Health

Approved Centre: 5032

Signed on behalf of IOSH

Vanessa Hansard-Wicks

Chief Executive

Yousuf Qureshi
Course Organiser



Date: 26 March 2024

Cert No: MSS28939T

Possession of this certificate does not confer exemption from accredited qualifications which lead to membership of IOSH



OSHAcademy™

Occupational Safety & Health Training



SS INSTITUTE
Institute of Health & Safety

Certificate of Completion Professional Development Program

This is to certify that
ZIA UR REHMAN

Has demonstrated academic excellence with distinction by completing all academic requirements in this 30-hour OSHAcademy Professional Development Certificate Program presented by OSHAcademy Authorized Training Provider (ATP), SS Institute of Safety & Health. This achievement demonstrates commitment and professionalism in the field of Occupational Safety and Health.

General Industry Safety and Health

Steven J. Geigle, MIA, GFI, CSHM-E
Director, Instructor
OSHAcademy Safety and Health Training

203590-207

Student #

01-30-2021

Issue Date

Muhammad Younas
Training Director
SS Institute of Safety & Health
United Arab Emirates
ATP# 207

Validate Certificate



Certificates can be validated through the
OSHAcademy website.
Validation Code: 203590-207-352-b23d1
www.oshacademy-atp.com/verify



The content of this training conforms with U.S. Department of Labor (OSHA) training standards and ANSI Z490.1, Criteria for Accepted Practices in Safety, Health and Environmental Training.

ROBERE & ASSOCIATES (THAILAND)

Certificate of Achievement

This is to certify that

Zia Ur Rehman

Has successfully passed all the course assessment requirements

QMS ISO 9001:2015 Lead Auditor

Training Course

Course ID:18096 Certified by CQI-IRCA

Held in Pakistan

Presented by

United Veritas Certification (UVCERT)



In association with


Robere & Associates (Thailand) Ltd.
(Approved Training Partner No:01180438)

This course is certified by the CQIRCA and satisfies part of the formal training requirement for individuals seeking registration under the IRCA Auditor Registration Scheme. Certificates of successful completion are valid for five years from the last day of the course.

Certificate No. 1692

UDN:498966

Signed:


Paul J. Robere, Ph.D.
President

ISO Principal Auditor Number A013992



Date: 21st -25th June 2023



CERTIFICATE

FOR SUCCESSFULLY COMPLETING

ISO 45001:2018 Occupational Health & Safety Management System Awareness

PRESENTED TO

Zia ur Rehman

DALE ALLEN
FOUNDER OF THE KNIGHTS OF SAFETY

ROY ROGERS, CFOSH
COURSE PROVIDER

Issued: 2024-04-26

Certificate ID: Ixa2ijavcx



30-HOUR GENERAL INDUSTRY SAFETY AND HEALTH



OSHAcademyTM
Occupational Safety & Health Training



SS INSTITUTE
Institute of Health & Safety

Zia Ur Rehman

Student Name

203590-207

Student #

01/30/2023

Issue Date

GENUINE ★ AUTHENTIC ★ ORIGINAL

هوية مقيم

رقم النسخة ١

المملكة العربية السعودية

وزارة الداخلية



زيا روريان محمد محمد دين
ZIA UR REHMAN MUHAMMAD DIN

رقم الهوية: ٢٥٩٥٣٣٩٩٩١ تاريخ الانتهاء: ٢٥/٠٦/٢٠٢٥

تاريخ الميلاد: ١٦/٠٧/١٩٩٦ مكان الميلاد: باكستان

الجنسية: باكستان الديانة: الاسلام

المهنة: عامل انشاءات

هوية صاحب العمل: ٧٠٠٤٥١٦٢٠٤

مكان الاصدار: شركة العلم لامن المعلومات

مكان العمل: المنطقة الشرقية

اسم صاحب العمل: مؤسسة موسى جعفر السبتي للمقاولات



يجب التحقق
من الرمز السريع
قبل اعتماد
التعامل مع الهوية