

# Curriculum Vitae - Qadeer Ameer Malik

## HSE Professional



### Professional and Academic Qualification

- Othm level 6 in progress
- NEBOSH International General Certificate – 2017
- ISO/IEC 9001:2015 & 14001:2015 & 45001:2018
- Passed OSHA training course from Institute of Occupational Safety and Health Administration.
- IOSH Managing Safely. Institution of Occupational Safety and Health
- Health Safety & Environmental Engineering (HSE) From NVTCC Pakistan
- Higher Secondary School certificate.  
Board of Intermediate & Secondary Education, Rawalpindi – 2012
- Intermediate School Certificate  
Federal Board of Intermediate & Secondary Education, Islamabad – 2010

Professional Skills	Other Skills
<ul style="list-style-type: none"> <li>○ Good Communication</li> <li>○ Resource management</li> <li>○ Hazard identification</li> <li>○ Pro-active</li> <li>○ Problem solving and decision making</li> <li>○ Risk Management</li> <li>○ Technical Knowledge</li> <li>○ reporting and documentation</li> <li>○ Handling emergencies</li> </ul>	<ul style="list-style-type: none"> <li>○ Microsoft Office (Word, PowerPoint, Excel).</li> <li>○ Having good typing skills.</li> </ul> <p style="text-align: center;"><b><u>Languages known</u></b></p> <ul style="list-style-type: none"> <li>○ English, (Spoken, Written)</li> <li>○ Arabic, (Spoken)</li> <li>○ Urdu/Hindi, (Spoken, Written)</li> </ul>
<b>Other Information's</b>	
Date of Birth: 12/12/1993 Religion: Islam Iqama Status: VALID Transferable Email: <a href="mailto:qadeermalik358@gmail.com">qadeermalik358@gmail.com</a>	Nationality: Pakistani Marital Status: Single Cell Ph/WhatsApp: +966- 539500178

### **Objectives**

Seeking an appropriate position in the field of health and safety in construction industry. I want to join an organization where I can utilize my previous experience and make positive difference in implementation of Safety on site. Moreover, I want to further enhance my experience and my skills and contributing to a culture of safety within the organization.

### **Profile**

I have 07 years of experience as a safety officer in Construction industry. I have experience both in building and infrastructure. I have experience in critical works such as underground utilities identification, working adjacent to the utilities, protection of utilities, plant & equipment's, working at height, excavations and confined space etc. I am Fast learner, self-motivated, and can work effectively in under pressure situation. I can take responsibility of a task and fulfil my task within due

## Detailed Work Experience

### **1. Creative Hive Contracting Company- Riyadh KSA- December 2023 – Till date**

Position: HSE SUPERVISOR

Client: Sports Boulevard Foundation

Consultant: WSP

Main Contractor: El Seif Engineering and Contracting Co

Currently I am working in Creative Hive company which is Sub-Contractor on one of infrastructure project in Riyadh city. The project includes excavation, identification and diversion of existing utilities and installation of new utilities. The major hazards on site are live utilities, lifting operations, deep excavations, Confined space, plant and equipment's, overhead transmission line, live traffic and Scaffoldings. The project is divided into 4 zones, and I am in charge of one zone, reporting directly to HSE Manager.

### **2. Modern Building Leaders (MBL) - March 2023 to Nov 2023**

Position: HSE OFFICER

Client: CPR

Consultant: PARSONS / Dar Al-Handasah

The project named L01 RIYADH was a mix used facilities included Offices HRH Private Suite, Command Centres, Staff Amenity Spaces. MBL was main contractor on the project and total manpower on peak of the project was 10000. Major issues on project were included but not limited to work at height, Electrical, Scaffoldings, Plant and equipment's, Confined space, Lifting operations etc.

### **3. SEPCOIII Electric Power Construction Co.ltd - August-2021 to Jan 2023**

Position: HSE OFFICERS

Consultant: JACOBS

Project: SWRO-II Project located at Al Jubail.

Main Contractor: Metito Saudi limited

Project Overview

The SWRO Phase 2 project aims to increase the potable water production capacity of the existing seawater desalination plant, addressing growing water demand and enhancing water security.

### **4. EA Consulting Private Limited Islamabad Period: SEP 2017 to June-2021**

HSE SUPERVISOR

PROJECT: BF TOWER

The project was multi stories tower in capital city Islamabad Pakistan. I joined the project as HSE officer and later on promoted on position of HSE Supervisor. Lifting operations, Work at height, Edge protection, emergency arrangements were major concerns on the project.

### **Overall Responsibilities.**

- Conduct daily site inspection to ensure that site safety requirements are in place and advise the construction team for implementation of standards.
- Assist the site engineer/supervisor in conducting daily toolbox meetings, weekly toolbox talks and other safety briefings.
- Attend internal safety meetings and discuss unresolved issues to the construction team for action.
- Participate in weekly leadership tour with client and close the observations raised during the site tour.
- Attend in HSE meetings with main contractor and discuss all safety concerns from the client and main contractor for action.
- Make sure the electrical log out and tag out (LOTO) is being followed properly.
- Maintain records of all safety matters.
- Conduct joint safety inspection with utility coordinator to ensure that all utilities are protected and secured as per project procedure.
- Conduct weekly joint inspection with Geotechnical engineer to ensure that all excavations and trenches are safe, Cave-in have been protected and shoring or trench boxes are provided where required.
- Assist the construction team in making work permits such as hot work permits, lifting permits, confined space permits etc.
- Daily inspection of hand tools, power tools and equipment's to ensure that they are in good condition and appropriate tag is posted.
- Checking operator daily check list mobile cranes, Boom Truck and other work equipment's.
- Recommending disciplinary action to HSE manager against the safety violators.
- Ensure that workers are using required PPEs and educate them on importance and its implementation.
- Closely work with the scaffolding team to ensure that all scaffoldings are erected, dismantled and altered under supervision of scaffolding supervisor.
- Carry out inspections of confined space and ensure that all arrangements are in place.
- Ensuring that all identified utilities are protected and secured before starting installation of pipes in the trenches.
- Thoroughly monitor the construction activities and report Near miss, incident and accident.
- Carry out inspection of firefighting equipment and ensure that these are in working condition.
- Carry out daily inspection of welfare facilities including arrangements for arrangements during summer.
- Verify that all tools and equipment are adequate and safe for use.
- Promotes safe practices at the job site, advising the site supervisor on safety concerns.
- Coordinate with accident investigation team and provide them necessary information.
- Responsible to take immediate action in case of any accident, incident or dangerous occurrences.