

CURRICULUM VITAE



ENGR. MAJ TARIQ JAMAL (R) **PMP ®, P.E, M.I.E (Pak)**

PERSONAL SUMMARY

An ambitious and high-energy project/construction management professional with significant expertise in planning and executing civil engineering projects. Recognized for addressing challenges, making pivotal decisions, and taking ownership of critical issues. With a blend of advanced qualifications and in-depth experience, I have a track record of successful project completion through methodical, thorough, and diligent workmanship. Adaptable to changing environments and skilled in strategic decision-making, I am committed to supporting team members and proactively addressing issues.

CONTACT

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MEMBERSHIPS

- Pakistan Engineering Council
(Professional Engineer – Life Membership)
- Institute of Engineers of Pakistan
(Member Civil – Life Membership)

EDUCATION & CERTIFICATIONS

- **BE (Civil Engineering)**
1986 - 1990
Military College of Engineering Risalpur (NUST)
- **MSc Engineering Management**
2004 – 2007
University of Engineering & Technology Taxila (CASE)
- **Project Management Professional (PMP)**
November 2024
Project Management Institute

AREAS OF EXPERTISE

- Project & Construction Management
- Contract Management & Administration
- Project Planning and Scheduling
- Proficiency in Project Management Software (Primavera, MS Project)
- Time and Cost Management
- Stakeholder Collaboration
- Risk and Change Management
- Quality and Procurement Management

SKILLS

- Leadership and Team Management
- Strategic Planning and Analysis
- Exceptional Communication and Interpersonal Skills
- Advanced Problem-solving Capabilities
- Contract Negotiation
- Risk Management

WORK EXPERIENCE

1. **Nov 2015 to Present**

a. **Organization:** **Shifa International Hospitals Ltd. Islamabad, Pakistan**

b. **Designation:** **Associate General Manager Projects**

c. **Projects:**

- (1) Shifa Medical Center Islamabad - (2B+G+6F) Secondary Care 100 bedded hospital at F-11 Markaz, Islamabad – 275,000 SFT.
- (2) Shifa National Hospital Faisalabad – (LG+G+7F) Multi Specialty tertiary care 400 bedded hospital at Faisalabad – 459,000 SFT.
- (3) Planning, designing and construction of second floor of SIHL, Faisalabad including civil, MEP and HVAC works – 12,500 SFT.
- (4) Construction of IV & F Center and L&D Area (IV&F OPD, L&D OPD, Laboratory and Modular OTs) – 16,000 SFT
- (5) Construction of OT & Oncology inpatient wards within existing facility – 8,110 SFT.
- (6) Upgradation, renovation and additional works in SIH emergency area – 8,500 SFT.
- (7) Extension and modification of Radiology Department – 25,000 SFT.
- (8) Construction of Surgical & ENT OPD areas, ICU, CCU and IPD area including inpatient rooms – 41,900 SFT.
- (9) Construction of Gulf Cooperation Council Medical Center in Rawalpindi.
- (10) Construction, renovation & finishing works of existing 5 Floors and construction of 2 x additional floors of the new building for Shifa College of Medicine – 52,900 SFT.
- (11) Remodeling, renovation and finishing works of new administrative building for SIH – 45,000 SFT.
- (12) Planning of Shifa Pan African Hospital Dar Us Salam, Tanzania.

d. **Responsibilities**

- (1) Lead the strategic planning and execution of over 1 million square feet of healthcare facility developments, including secondary and tertiary care hospitals.
- (2) Direct initiatives from conception through completion, integrating advanced civil, MEP and HVAC technologies.
- (3) Employ rigorous project control mechanisms to track progress and costs, facilitating informed decision-making and timely project delivery.
- (4) Supervise the bid process, evaluating contractor capabilities and compliance, culminating in the selection of optimal contractors that ensure quality and value.
- (5) Process Interim Payment Certificates (IPCs) and invoices, ensuring accurate and timely financial management throughout project lifecycles.
- (6) Review monthly progress reports, providing critical updates to the Board of Directors and conducting comprehensive progress meetings with project stakeholders.
- (7) Ensure strict adherence to all construction standards and safety regulations, implementing document and communication controls to maintain project integrity.

e. **Achievements:**

- (1) Led the planning and development of diverse facility extensions and upgrades, optimizing operational capabilities.
- (2) Implemented advanced project monitoring tools that reduced project completion times by 15% and decreased costs by 20% without compromising on quality.

2. **Dec 2013 to Oct 2015**

a. **Organization:** **Fauji Fresh n Freeze Ltd. (FFF), Sahiwal, Pakistan**

b. **Designation:** **Manager Civil Works**

c. **Projects:**

Planning and execution of all civil construction works for establishment of Fruits & Vegetables Processing Plant at Sahiwal with a total area of **76 Acres** and a Cost of **Rs 400 million**. The works included following with a total covered area of **3,310,560 SFT**:

- (1) Construction of different buildings including:
 - (a) Main Plant buildings
 - (b) Office Buildings
 - (c) Utility & Services Buildings
 - (d) Residential Buildings
 - (e) Agriculture Buildings & Services
- (2) Construction of all Infrastructure Services including roads, drainage, water supply and sewerage (domestic & industrial).
- (3) Horticulture and development of green areas.

d. **Responsibilities**

- (1) Drafted comprehensive project initiation documentation specifying project scope, objectives, milestones, deliverables, and budget estimates to ensure clear alignment of project goals.
- (2) Directed the construction of diverse building structures at the plant.
- (3) Managed the construction of critical infrastructure services to support plant operations.
- (4) Spearheaded the horticulture and development of green areas within the plant premises to promote environmental sustainability.
- (5) Executed detailed cost estimations and resource planning, maximizing efficiency in the use of materials and manpower.
- (6) Implemented and monitored sophisticated project management systems and controls to track progress against project plans efficiently.
- (7) Led cross-functional teams, fostering collaboration between stakeholders to meet project deliverables within stipulated timelines.

e. **Achievements:**

Successfully delivered the extensive project on schedule and within budget, demonstrating exceptional competencies in managing large-scale projects and yielding high client satisfaction.

3. **Jan 2012 till Oct 2013**

- a. **Organization:** Al Aqili Furnishings, Doha (Qatar)
- b. **Designation:** Manager Projects
- c. **Projects:**
 - (1) Construction of Nikki Beach Resort (26 million QAR)
 - (2) Construction of Villas
 - (3) Construction of Francisco Molan Showroom
 - (4) Renovation of Qatar National Bank
- d. **Responsibilities**
 - (1) Direct and inspire multidisciplinary project teams, fostering a collaborative environment that encourages productivity and high performance.
 - (2) Maintain stringent control of budgets, efficiently allocating resources to meet project specifications without compromising quality or timelines.
 - (3) Skillfully negotiate project changes and coordinate resource adjustments to respond to evolving project demands.
 - (4) Design and implement Key Performance Indicators (KPIs) which track and promote project improvements and accountability.
 - (5) Enforce rigorous project timelines to ensure milestones and final deliverables are achieved ahead of or on schedule.
 - (6) Provide strategic guidance to teams, ensuring consistent understanding and execution of project goals and deliverables.
 - (7) Independently devise innovative solutions to emerging challenges, securing project progression and success.
 - (8) Analyze project challenges from technical and contractual viewpoints to develop effective resolution strategies.
- e. **Achievements:**
 - (1) Successfully maintained project budgets within planned limits, ensuring financial efficacy and resource optimization.
 - (2) Led and motivated teams to exceed the strategic goals set for multiple projects, culminating in their timely and successful completions.
 - (3) Strategically navigated numerous project challenges through innovative problem-solving techniques, enhancing operational efficiencies and outcomes.

4. **May 2010 till Dec 2011**

- a. **Organization:** Bin Ham Agriculture, Al Ain (UAE)
- b. **Designation:** Project Manager
- c. **Projects:**
 - (1) Relocation and Upgrading for Existing W7 Pumping Station and Force Main (73 million AED) - Sewerage Project
 - (2) Rehabilitation of Old Water Networks in Al Ain Region (106 million AED) - Water Supply Project
- d. **Responsibilities**
 - (1) Overseeing the planning and execution of large-scale infrastructure projects, ensuring they are completed according to schedule, within budget, and according to project standards.

- (2) Managing and coordinating with engineers, contractors, and other stakeholders to ensure efficiency and adherence to plans.
- (3) Conducting detailed risk assessments to identify potential issues prior to their impact on the project, ensuring risk mitigation strategies are in place.
- (4) Allocating resources effectively, including manpower, materials, and equipment, to ensure optimal productivity and cost-efficiency.
- (5) Ensuring compliance with local regulations and safety standards to maintain a safe working environment and avoid legal issues.
- (6) Reporting regularly to senior management on project progress, challenges faced, and strategies employed.
- (7) Facilitating communication and problem resolution across various project teams to maintain project momentum and morale.
- (8) Implementing continuous improvement practices to enhance project outcomes and operational efficiencies.

f. **Achievements**

- (1) Strengthened relationship with stakeholders and local government bodies through effective communication and collaborative problem-solving approaches.

5. **Feb 2008 to Apr 2010**

a. **Organization:** **Pearl NLC, Doha (Qatar)**

b. **Designation:** **Contracts & Planning Manager**

c. **Projects:**

- (1) Construction of 10 Kindergarten Schools in and Around Doha – **(167 million QAR)**
- (2) Enabling Works – Barwa City – **(321 million QAR)**
- (3) Lusail Development Project (Earthworks) – **(106 million QAR)**
- (4) Qatar Entertainment City – **(27 million QAR)**
- (5) Pumping Station – 70 (Excavation Works) – **(16 million QAR)**
- (6) Excavation and other Works for Pumping Mains – **(41 million QAR)**
- (7) Barwa Peripheral Roads – Earth work **(19 million QAR)**
- (8) CP 1 Backfilling Works **(7 million QAR)**

d. **Responsibilities**

Planning:

- (1) Developed comprehensive project plans and schedules employing Primavera P6, ensuring all projects align with agreed timelines and milestones.
- (2) Coordinated the allocation of resources and tracked project advancements through detailed quantities, progress, and performance reporting.
- (3) Performed critical path analyses to identify potential delays and formulated effective mitigation strategies to minimize schedule impacts.
- (4) Conducted project risk assessments to identify potential issues and planned appropriate responses.
- (5) Ensured top-notch execution of all projects, focusing on time, quality, and cost-effectiveness, while fostering an environment of collaboration and transparent information sharing among project stakeholders.

Contract Management

- (1) Directed a rigorous competitive bidding process to ensure fair vendor selection based on comprehensive assessment of bids.
- (2) Managed the evaluation of quotations and led commercial and financial negotiations with potential contractors and suppliers.
- (3) Researched and vetted vendors and suppliers to form a reliable pool of candidates for various project needs.
- (4) Crafted negotiation strategies focusing on achieving an optimal balance between cost and quality of services.
- (5) Successfully navigated and settled contract terms, pricing, and schedules, ensuring that all contractual agreements served the company's best interests.

e. **Achievements:**

Championed negotiations for several high-stakes contracts, markedly bolstering project profitability. These strategic negotiations were instrumental in cutting project costs and enhancing the financial standing of the company.

6. **Jan 2006 to Aug 2007**

a. **Organization:** **Earthquake Reconstruction & Rehabilitation Authority, Islamabad (Pak Army)**

b. **Designation:** **Deputy Director (Monitoring & Evaluation)**

c. **Projects:**

- (1) Construction of 4000 Transitional housing units for earthquake affectees in Balakot, Muzaffarabad and Bagh.
- (2) Town Planning of Bagh City.
- (3) Monitoring & Evaluation of all construction activities in Mansehra & Muzaffarabad Districts.

d. **Responsibilities:**

- (1) Coordinated with multiple stakeholders, including local governments, NGOs, and community leaders, to facilitate smooth project execution and to address any arising challenges promptly.
- (2) Played a pivotal role in the town planning of Bagh City, developing strategies that prioritized sustainability and community needs. This involved innovative urban planning that incorporated disaster-resistant structures to promote long-term resilience.
- (3) Implemented robust monitoring frameworks to gauge project effectiveness and impact, adapting strategies in real-time to meet evolving project goals and community needs.
- (4) Directed comprehensive monitoring and evaluation of all construction activities within Mansehra and Muzaffarabad Districts, ensuring alignment with national standards and international best practices.
- (5) Developed and oversaw a systematic approach to collect, analyze, and report data, which enhanced transparency and accountability across all projects.
- (6) Conducted regular field visits and audits to assess progress and compliance, providing hands-on leadership to resolve issues on the ground.

e. **Achievements:**

- (1) Successfully delivered 4,000 transitional homes, contributing significantly to the region's recovery and providing displaced families with safe and durable living conditions.
- (2) Established a benchmark in project monitoring and evaluation within ERRA.

7. **Jan 2003 to Dec 2005**

a. **Organization:** **Civil Works Organization (Pak Army)**

b. **Designation:** **Deputy Director Works**

c. **Projects:**

Construction of new cantonment including construction of buildings (housing units, office blocks, community buildings) and all infrastructure works.

8. **Jan 2002 to Dec 2002**

a. **Organization:** **Multan Electrical Power Company (MEPCO), Pakistan (Pak Army)**

b. **Designation:** **Head of Civil Division**

c. **Projects:**

Planning, execution and monitoring all construction works of **MEPCO**, including buildings and infrastructure works worth **61.3 million Rupees**, spread over the complete circle of MEPCO.

9. **Jan 1984 to Dec 2001**

a. **Organization:** **Pakistan Army**

b. **Designation:** **Army Officer**

c. **Projects:** During the period executed following different civil engineering projects:

- (1) Construction of 80 kms road from Thahkot to Durband in Kala Dhaka Area.
- (2) Construction of Airfields.
- (3) Infrastructure works.
- (4) Renovation of existing facilities.
- (5) Earth works.