

PERSONAL DETAILS

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📍 Saudi Arabia



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10-April-1991

EDUCATION

- **HABC Level 3 International Award in Delivering Training (IADT Train the Trainer with Merit-2024).**
- **BSC – IDIP LEVEL 6 – (International Diploma in Occupational Health and Safety 2021-2022) Certificate No: 13134109102022-2022.**
- **NEBOSH IGC-3 -NEBOSH Ltd. UK (International General Certificate in Occupational Health and Safety-2018-2019). Certificate No: 0046212/1151756-2019.**
- **IOSH Managing Safety -2014- Certificate No: 900383**
- **BBA (HONS) In Human Resource Management, Institute of Management Sciences Hayatabad Peshawar (2010-2014).**

LANGUAGES

- English (advanced level)
- Hindi (Moderate)
- Urdu (Native)

SUMMARY OF THE CAREER

Experienced HSE Manager and Resource Specialist with 12+ years of expertise in overseeing health, safety, and environmental operations for large-scale, high-value projects. Proven success in risk management, incident investigation, and emergency response, ensuring compliance with regulatory standards and company policies. Highly skilled in developing and implementing HSE programs, safety training, and risk assessments. Adept in supplier and contract management, including procurement strategies, vendor negotiations, and lifecycle management using ERP systems (SAP/Oracle).

Recognized for leadership in driving operational safety improvements, enhancing safety culture, and reducing workplace incidents. **Expertise in team building, training development, and cross-functional collaboration, ensuring effective safety solutions. A Train-the-Trainer specialist,** proficient in delivering impactful training across multiple sectors. Strong communicator with excellent influencing skills, focused on fostering a proactive safety environment while managing complex supply chain operations

PROFESSIONAL SKILLS:

- Risk Assessment & Hazard Mitigation (JSA, HIRA, ARA, Bowtie, Fault Tree Analysis, HAZOP, PrHA, LOPA)
- Regulatory Compliance, Environmental Regulations, Stakeholder Engagement.
- Emergency Response Planning, Incident Management & Root Cause Analysis.
- Health & Safety Audits, Safety Data Analysis, Continuous Professional Development (CPD)
- Safety Procedures & Program Development, Safety Culture & Behavioral Safety.
- HU Tools, Psychological First Aid, SOP & Policy Development.
- Certified Train-the-Trainer | Staff Training & Planning | Leadership & Communication
- HSE Induction & Toolbox Talks | Safety Campaigns | Coaching & Competency Building.
- Self-Audits, Internal/External Inspections, Review Assurance.
- Vendor Risk & Commercial Assessment | ERP Systems (SAP, Oracle).
- Contract Database Management | Contract Expiry & Renewal Tracking.
- Crisis Management & Continuity Planning.
- Operational Risk Control | ZOPA | Risk Evaluation | Decision-Making Under Pressure.

TECHNICAL COURSES

- **ISO 14001:2015 Environmental Management System Awareness.**
- **ISO 50001:2018 Energy Management System Awareness.**
- **ISO 45001:2018 Lead Auditor.**
- **FMS2000 black Box-Rig Reporting.**
- **H2S Level 2 Awareness Trainings**
- ADNOC PTW/DEWA PTW,ESA PTW & Oryx GTL Qatar Plant.
- Work at height, CSE, LOTO, SIMOPS Awareness.

- Emergency evacuation and waste management awareness training.
- Working In Confined Space.
- Basic First Aid Training Form ITAC Safety/Basic Fire Fighting Training /Fire Marshal Certified Form TUV.
- Community Adult & Pediatric CPR / AED / Standard First Aid-Elis Education services.
- Rad Worker Respirator Nuclear Professional.
- Continued Behavior Observation Program.
- Health and Safety Atmospheric Evaluator.
- Learn Six Sigma-Yellow Belts.
- Human Performance Initial eLearning including Lab.
- Radiation Protection Donon/doff -Special Training on Working Inside RCA-DCON area.

ACHIEVEMENT OF CAREER

- **Awarded& Appreciated by Vice President (AHMED SALEH) of Adnoc Gasco Processing TR-02 Major Outage Ruwais May to June 2023.**
- **Awarded & appreciated twice by ADNOC Sour Gas Operation for the outstanding HSE performance during the Major turnaround Shutdown 2022.**
- Got appreciation from Doosan Babcock internally for the best HSE performer deliverables at ADNOC Sour Gas 2022.
- Certificate Of Achievement for Tackling the Novel Corona Virus COVID-19(London School of Hygiene &Tropical Medicine and UK Public Health Rapid Support Team).

PROFESSIONAL EXPERIENCE

- ❖ **DESIGNATION:** HSE MANAGER
COMPANY: ALTRAD BABCOCK
CLIENT: NAWAH ENERGY CORPORATION, ESA, DEWA, ADNOC AGP & ADNOC SOURGAS - UAE
DURATION: May-2021—OCT-24.
PROJECT SCOPE: MAINTENANCE & SERVICES
PROJECT: Barakah Nuclear Power Plant (BNPP) – Nawah Energy Company | UAE.
 - Unit 2 Refueling Outage | Aug 2024 – Oct 2024
 - Unit 1 Refueling Outage | Jul 2023 – Nov 2023
 - Unit 2 Refueling Outage | Nov 2022 – May 2023
 - Emirates Steel Industries | Abu Dhabi, UAE
 - DRP-1 Emergency Shutdown – 100% PG Heater Coil Replacement (CRH & HRH) | 2024
 - DRP-2 PG Heater Coil Replacement (CRH & HRH) | 2023
 - ADNOC Gas Processing (GASCO) | Abu Dhabi, UAE.
 - Major Gas Processing Shutdown | 2023
 - Dubai Electricity & Water Authority (DEWA) | UAE.
 - Annual Evaporator Maintenance D1-D8 Station | 2022-2023
 - Annual Evaporator Maintenance M41-M47 Station| 2022-2023
- ❖ **DESIGNATION:** HSE MANAGER
COMPANY: TAR EMIRATES CONTRACTING & TRANSPORT-SOLE PROPRIETORSHIP LLC | UAE
CLIENT: COMMAND OF MILITARY WORK-UAE
DURATION: FEB-2019—APRIL-2021.
PROJECT SCOPE: CIVIL-WORK
PROJECT: Civil work of Aldafra BASE |Abu Dhabi, UAE.S
 - Construction Of Building, Storage, Roads, Runway & Apron | 2019-2021
- ❖ **DESIGNATION:** SR HSE ENGINEER
COMPANY: DOOSAN BABCOCK GENERAL CONTRACTING AND MAINTENANCE LLC | UAE & QATAR
CLIENT: DEWA, ESA, BUHASA HIPPS, HABSHAN & ADNOC AGP & ORYX GTL-QATAR
DURATION: APRIL-2017—Jan-2019.
PROJECT SCOPE: MAINTENANCE & SERVICES
PROJECT: Emirates Steel Industries | Abu Dhabi, UAE & QATAR
 - Oryx GTL-Qatar –Cobalt Reactor Maintaianance-2019-2020
 - DRP-1 PG Heater Coil Replacement (CRH & HRH) | 2016
 - Furnace Tube Bundle Refurbishment Project | 2018
 - ADNOC Gas Processing (GASCO) | Abu Dhabi, UAE.
 - Major Gas Processing Shutdown | 2023
 - Long-Term Maintenance Shutdown Services | 2018 – 2019
 - EPC – HIPPS & Interconnection Pipeline | 2017 – 2018
 - Dubai Electricity & Water Authority (DEWA) | UAE.
 - Annual Evaporator Maintenance-L62-L94 | 2022-2023
 - Annual Evaporator Maintenance – Units K41-K45 | 2017 – 2021
 - Desalination Units 1–8 – Distiller Refurbishment | 2017 – 2021

- ❖ **DESIGNATION:** HSE OFFICER
COMPANY: DOOSAN BABCOCK GENERAL CONTRACTING AND MAINTENANCE LLC | UAE.
CLIENT: ESA, BUHASA HIPPS, HABSHAN.
DURATION: Nov-2015—March-2017.
PROJECT SCOPE: MAINTENANCE & SERVICES
PROJECT: Emirates Steel Industries & Adnoc Gasco | Abu Dhabi, UAE
 - DRP-1 Emergency Shutdown – 100% PG Heater Coil Replacement (CRH & HRH) | 2016
 - DRP-2 PG Heater Coil Replacement (CRH & HRH) | 2016
 - Gas Pipeline Project | 2016 – 2017

- ❖ **DESIGNATION:** HSE PROJECT COORDINATOR
COMPANY: RAILWAY CONSTRUCTION PAKISTAN LIMITED-| ISLAMABAD, PAKISTAN
CLIENT: PAKISTAN ENGINEERING COUNCIL (PEC)
DURATION: MAY-2013—AUGUST -2015.
PROJECT SCOPE: CIVIL-WORK
PROJECT: PEC Building Project Power Block-04

KEY ACHIEVEMENTS & ROLE

- Reduced workplace accidents by **35% within the first year at BNPP & ADNOC GASCO by implementing strategic risk assessments and robust safety controls.**
- Increased safety training **participation by 50%, fostering improved safety awareness** and reducing incident rates.
- Led the implementation of **HSE Management Systems, resulting in a 25% reduction in Lost Time Injuries (LTIs) and a 20% improvement in overall safety performance.**
- Managed a team of 35 HSE professionals, **achieving a 95% on-time completion rate** for critical safety projects and initiatives.
- Developed and enforced HSE policies, ensuring compliance with regulations and client specifications.
- Delivered targeted training, driving protocol adherence and cultivating a zero-incident culture.
- Directed incident investigations and root cause analysis, implementing corrective actions to eliminate future risks.
- Led **risk assessment workshops (JSA, HIRA, ARA, HAZID), driving proactive hazard identification and effective control implementations.**
- Maintained close engagement with field personnel, incorporating real-time feedback for continuous safety improvement.
- Delivered **practical classroom and field-based training for various HSE protocols** (e.g., PTW, Confined Space, Working at Heights, Emergency Response) to diverse workforces across the UAE, Qatar, and KSA.
- Designed and **executed emergency response and waste management plans**, enhancing site readiness and environmental compliance.
- Led **site-wide HSE audits** and inspections to verify compliance with procedures, delivering project **close-out reports** with lessons learned and **corrective/preventive actions.**
- Directed **incident investigations using Root Cause Analysis (RCA)**, reducing incident recurrence through targeted corrective actions.
- Planned and **executed HSE campaigns** (e.g., Heat Stress, Work at Height, PPE compliance) to **drive safety culture** and improve organizational performance.
- Managed site activities to ensure **HSE compliance**, coordinated with **subcontractors, and enforced Safe Systems of Work (SSOW).**
- Monitored safety performance metrics, identifying trends and areas for improvement.
- ❖ **Procurement & Vendor Management:**
 - Optimized procurement strategies, delivering cost savings through effective vendor evaluations and supplier management.
 - Led supplier pre-qualification, registration, and performance evaluations, ensuring timely deliveries and compliance.
- ❖ **Project Management & Coordination:**
 - Managed project operations, ensuring timely milestone completion, coordinating with contractors, subcontractors, and PRC teams.
 - Enforced safety protocols and ensured compliance with industry standards and sustainability practices.

REFERENCES

Iqama: Transferable

Note: Available to join immediately

References will be provided when HR requires them