

MUHAMMAD WAJID

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Executive Profile

I have over five years of experience as a Health and Safety Officer. I am a qualified and knowledgeable professional with a proven track record in reducing accidents and injuries. Well-versed in mandated safety regulations, policies, standards, and safe operating procedures (SOPs), I have significant experience in the construction and oil & gas sectors, including work on metro systems and high-rise buildings.

In my role as an HSE (Health, Safety, and Environmental) Officer, I assist organizational management in ensuring compliance with all occupational health and safety standards and maintaining adherence to environmental laws in business settings. I develop safety plans, monitor practices to ensure compliance, document safety policies and procedures, and respond to emergencies as needed. Additionally, I assess the environmental impact of business operations and create strategies to minimize or eliminate any negative effects on the environment.

As an HSE Officer, I review safety issues and potential environmental impacts, providing practical solutions to prevent accidents and injuries while addressing environmental concerns.

Skill Highlights

Development and implementation of HSE Systems, policies and standards and ensuring the availability of HSE guidance to all stakeholders. Auditing of compliance with HSE Management Systems

Training stakeholders in risk assessment and risk management systems. Identifying HSE training needs, writing training packages and conducting training to clients with English as a second language. Supplying HSE Consultancy and training services to the Construction and Management Facilities Industries.

Core Accomplishments

- **OTHM LEVEL 6 (DIPLOMA IN OCCUPATIONAL HEALTH AND SAFETY).**
- **NEBOSH IGC IN OCCUPATIONAL HEALTH AND SAFETY CERTIFIED.**
- **IOSH CERTIFIED.**
- **OSHA CERTIFIED.**
- **ISO IRCA 14001 ENVIRONMENTAL MANAGEMENT SYSTEM (EMS CERTIFIED).**
- **DIT (DIPLOMA OF INFORMATION TECHNOLOGY).**
- **FIRE SAFETY AND FRIST AIDS CERTIFIED.**
- **FIGHTING (FFF) CERTIFIED.**
- **CONSTRUCTION SITE SAFETY MANAGEMENT CERTIFIED.**
- **WORK AT HEIGHT 3RD PARTY CERTIFIED.**
- **CONFINED SPACE TRAINING CERTIFIED.**
- **ACCIDENT/INCIDENT INVESTIGATOR.**

Professional Experience

Company: ABDULLA NASS AND PARTNERS

Worked as a HSE Officers

Project: Qiddiya Water Theme Park

CLINT: (ESA) AL-SEIF.ALEC

Duration: September 2023 till to Date

As a Safety Officer, I was responsible for ensuring all scaffolding activities were carried out safely and in full compliance with local and international standards (OSHA/CSM). My duties included inspecting scaffolds before first use, after any modifications, and at regular intervals to verify structural integrity, proper assembly, and stability. I enforced scaffold tagging systems, authorized safe use, and restricted access to incomplete or unsafe structures. I ensured that only trained and competent personnel were involved in scaffold erection, modification, and dismantling. I monitored the correct use of fall protection systems, guardrails, toe boards, and safe access points. Additionally, I conducted hazard assessments, ensured proper load management, maintained detailed inspection records, and initiated corrective actions promptly. I also led toolbox talks and safety briefings to reinforce scaffold safety awareness and prevent work-at-height incidents.

Company: THABAT CONSTRUCTION COMPANY (KSA)

Worked as a HSE Officers

Project: Sewage Treatment Plant Phase III

CLINT: (NWC) National Water Company

Duration: January 2020 TO February 2022

As an HSE Officer, I play a key role in maintaining a safe working environment by ensuring that all personnel are equipped with the appropriate personal protective equipment (PPE) for their specific tasks. I actively monitor daily site operations, including leading or supervising Toolbox Talks to reinforce safety awareness. My responsibilities include conducting regular inspections of site premises and equipment, identifying non-conformities such as improper PPE usage, and issuing daily action notices to address unsafe conditions. I carry out daily assessments of high-risk activities—such as lifting operations, confined space work, and tasks at height or on suspended platforms—while also assisting in the development and monitoring of security systems. Accident, incident, and near-miss investigations are thoroughly conducted under my supervision, with findings used to identify control gaps and improve safety procedures. I prepare detailed weekly and monthly HSE reports, circulate audit findings with corrective measures to site teams, and contribute to the creation and updating of Job Hazard Analyses (JHAs). In addition, I provide ongoing safety guidance and instruction, enforce preventive actions through risk assessments, and ensure existing safety policies are reviewed and updated in accordance with current legislation. I also oversee HSE compliance during installations and maintenance work to promote a culture of continuous safety improvement.

Company: HARISCO SAUDI LTD (KSA)
Worked as a HSE Officers
Project: Qiddiya Construction Worker Village in Riyadh
Duration: May 2022 to July 2023

As a safety professional, I have been actively involved in ensuring excavation safety by implementing and monitoring comprehensive safety protocols on-site. My responsibilities have included conducting thorough risk assessments, ensuring compliance with local and international safety standards, and overseeing the proper installation of protective systems such as shoring, shielding, and sloping. I have consistently worked to identify and mitigate potential hazards related to cave-ins, utility strikes, and hazardous atmospheres. In addition, I have provided training and guidance to site personnel on safe excavation practices, emergency response procedures, and daily inspections. My commitment to excavation safety has contributed to maintaining a safe working environment and reducing incidents on construction sites.

Personal Information

Name: Muhammad Wajid

Marital Status: Married

Nationality: Pakistani

Date of Birth: 01-09-2000

Qualifications

Bachelor of Science in physics (BS).

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