



# MOHAMMED SHIYAN ABDUL HAMEED

Health and Safety Supervisor

## CONTACT

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Saudi Arabia | Sri Lanka

## PERSONAL DETAILS

- Date of Birth:** 14th February 1979
- Marital Status:** Married
- Nationality:** Sri Lankan
- Iqama No:** 2562707352
- Passport No:** N 10147061

## EDUCATION & CERTIFICATIONS

### Health & Safety Certifications

- NEBOSH IGC (National Examination Board in Occupational Safety & Health)**
- Diploma in Occupational Health & Safety Administration** - Montreal Institute, Sri Lanka
- Certificate in Occupational Health & Safety** - St. Judy Home Nursing International, Sri Lanka
- Diploma in Leadership & Management** - Metropolitan Institute of Business Management, Sri Lanka
- Scaffold Supervision & Inspection Training** - Safe Tek EHS Global, Sri Lanka
- First Aid & Firefighting Training** - IHC Campus Colombo, Sri Lanka

### Academic Background

- G.C.E Advanced Level (Commerce)** - 1999

## SKILLS

### Health & Safety Management

- Workplace Safety & Health (WSH) Regulations
- Risk Assessment & Hazard Identification
- Occupational Health & Safety (OHS) Compliance
- Fire Safety & Emergency Response
- Accident Prevention & Root Cause Analysis
- Safety Audits & Inspections
- Personal Protective Equipment (PPE) Management
- First Aid & Firefighting

### Technical Expertise

- Permit to Work (PTW) System

## PROFILE

Dedicated Health and Safety Supervisor with over 8 years of experience in fire safety and workplace safety management, including 6 years in the Gulf region. Adept at implementing and enforcing safety regulations, conducting risk assessments, and ensuring compliance with HSE standards. Skilled in accident prevention, hazard identification, and emergency response management. Passionate about fostering a zero-accident culture through proactive safety measures and employee training.

## WORK EXPERIENCE

### Health & Safety Supervisor

TIEJUN International - RED SEA PROJECT, Saudi Arabia

#### 2023 - Present

- Overseeing safety compliance for a large-scale construction project.
- Implementing Personal Safety & Social Responsibilities (PSSR) programs.
- Conducting risk assessments, safety inspections, and job safety analysis (JSA).
- Ensuring strict adherence to Permit to Work (PTW) regulations.
- Leading HSE meetings, safety drills, and emergency response plans.
- Investigating accidents, incidents, and near misses to identify root causes and corrective actions.

### Construction & Safety Supervisor

Firnas Rice Mills (Pvt) Ltd, Sri Lanka

#### 2020 - 2023

- Developed and enforced safety protocols for construction activities.
- Trained workers on workplace safety, PPE usage, and emergency procedures.
- Conducted routine site inspections to eliminate hazards and ensure compliance.
- Coordinated with management and employees to develop site-specific safety plans and risk mitigation strategies.
- Reported and documented safety violations, corrective measures, and compliance improvements.

### Fire & Safety Officer

Bio Energy Solution (Pvt) Ltd, Sri Lanka

#### 2016 - 2018

- Monitored and ensured fire safety regulations in an industrial environment.
- Maintained firefighting equipment, conducted fire drills, and provided first aid training.
- Trained employees in fire prevention, emergency evacuation procedures, and first aid response.
- Ensured firefighting equipment maintenance and compliance with fire codes and safety standards.
- Investigated fire incidents and near-misses, providing recommendations to prevent future occurrences.

### Fire & Safety Technician

Al-Asmakh Facility Management, Qatar

#### 2010 - 2012

- Conducted fire hazard assessments and ensured fire prevention measures.
- Provided technical support in fire safety equipment maintenance.
- Assisted in fire drill planning and execution to improve emergency preparedness.
- Responded to fire emergencies, utilizing appropriate firefighting techniques and equipment.

- Job Safety Analysis (JSA)
- Scaffolding Inspection & Safety
- Fire Extinguishing Systems Maintenance
- Industrial & Construction Site Safety
- Hazardous Material Handling

#### Leadership & Training

- Safety Training & Employee Awareness Programs
- Incident Investigation & Reporting
- Crisis Management & Emergency Preparedness
- Team Leadership & Supervision

#### Soft Skills

- Strong Communication & Interpersonal Skills
- Problem-Solving & Critical Thinking
- Attention to Detail & Quick Decision-Making
- Adaptability & Willingness to Learn
- Team Collaboration & Coordination

## LANGUAGES

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- English
- Arabic
- Hindi
- Tamil
- Malayalam
- Sinhala

### Safety Officer / Firefighter

Middle East Paper Company (MEPCO), Saudi Arabia

#### 2007 - 2009

- Responded to fire and emergency situations, ensuring rapid and effective action.
- Operated firefighting equipment, including hoses, pumps, and breathing apparatus.
- Provided first aid and emergency medical assistance to injured personnel.
- Led fire drills and safety training sessions to enhance workplace preparedness.

### Firefighter

Saad Group, Saudi Arabia

#### 2001 - 2003

- Responded to fire outbreaks and emergency calls, minimizing damage and risk.
- Carried out search and rescue operations in hazardous environments.
- Assisted in fire prevention planning and safety awareness programs.
- Provided first aid and emergency medical assistance as needed.

## ADDITIONAL EXPERIENCE

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- **Holder of Sri Lankan Heavy Vehicle Driving License**
- **Sales & Marketing Experience** - Sri Lanka (6 Years)
- **Sanitation Supervisor** - Sri Lanka (1 Year)
- **Security Guard** - Sri Lanka (1 Year)