

Jahanzaib Tariq

✉ Jhanzaib675@gmail.com ☎ +966 53 630 8254 📍 Saudi Arabia, Riyadh

👤 2531304042 📄 Transferable 📅 01 February 1999

📅 05+ Years 🗣️ English, Urdu, Arabic 🌐 Pakistani

🌐 <https://www.linkedin.com/in/jahanzaib-tariq-206057225>



Professional Summary:

Dynamic and results-driven HSE (Health, Safety & Environment) professional with over 5 years of proven experience in ensuring workplace safety and regulatory compliance across mega projects in Pakistan and the Gulf region. Holds internationally recognized certifications including NVQ Level 6 in Occupational Health and Safety, NEBOSH IGC, IOSH, OSHA, and a bachelor's degree, demonstrating a solid academic and professional foundation in safety management.

Possesses strong expertise in risk assessment, incident investigation, safety audits, emergency response planning, and compliance with international HSE standards. Renowned for exceptional documentation and communication skills, with a keen ability to prepare comprehensive safety reports, and training materials. Adept at promoting a positive safety culture, coordinating with multi-disciplinary teams, and ensuring adherence to project-specific safety plans and legal requirements. Committed to continuous improvement and the proactive identification and mitigation of hazards to protect personnel, assets, and the environment.

Professional Experience:

- **HSE Officer**

Webuild, Riyadh Metro Package 02 Line 03

Client: RCRC (Royal Commission for Riyadh City)

Consultant: RMTc (Riyadh Metro Transit Consultant)

Duration: 2022 to present.



- **HSE Officer**

Shahzada Industries, UCH Power Plant, Baluchistan, Pakistan

Client: Engie

Duration: 2020 to 2022



Key Responsibilities:

- Ensured compliance with health, safety, and environmental regulations.
- Conducted risk assessments to identify and minimize workplace hazards.
- Led weekly HSE meetings for updates and collaborative decision-making.
- Maintained detailed safety records, incident logs, ensuring accurate management reporting.
- Reviewed and generated Incident Notification Reports, Near Miss Reports, Dangerous Occurrence Reports, and Final Incident Reports.
- Generated and compiled the KPI report.
- Developed and delivered HSE training for employees, contractors, and visitors.
- Established incident reporting systems, investigated accidents, and implemented corrective action.
- Created emergency response plans, including evacuation procedures.
- Conducted safety inspections, promptly addressing issues, and tracking progress.
- Promoted a strong safety culture, encouraging employee participation in safety initiatives.
- Managed environmental sustainability, implementing eco-friendly practices to reduce waste.
- Oversaw Personal Protective Equipment selection, provision and ensuring employee training.
- Actively sought opportunities to enhance workplace HSE performance.
- Collaborated with management, employees, and contractors for a holistic HSE approach.
- Ensured compliance with all relevant health, safety, and environmental regulations.
- Conducted Daily toolbox talks to engage the workforce with HSE culture.
- Conducted regular safety inspections and audits, ensuring corrective actions.
- Implemented environmental sustainability programs to reduce impact.
- Maintained detailed records of HSE activities, incidents, and training.

Professional Qualifications:

- **ProQual Level 6 NVQ Diploma in Occupational Health and Safety Practice**
- **NEBOSH International General Certificate in Occupational Health and Safety.**
- **IOSH Managing safely.**
- **OSHA Construction Safety 30Hr.**
- **Certificate of Life Support Training (SHA HSFA CPR AED) Courses**

Professional Achievements:

- **Safest Station of Riyadh Metro** Certificate by RMTTC Client (March 2023)
- **Safest Station of Riyadh Metro** Certificate by RMTTC Client (April 2023)
- **Certificate of Appreciation** for outstanding HSE performance during the successful completion of the 3F2 Underground/Central Station – Riyadh Metro Project (April 2025)

Academic Qualifications:

- Graduation in Sciences | Computer Science | Grade: A
- Intermediate (ICS) | Grade: A
- Matriculation | Grade: A

Soft & Technical Skills:

- Risk Assessment / Job Safety Analysis
- Auditing and Monitoring
- Fire Safety & Protection System
- Incident Investigation and Reporting
- Organizational Skill
- Technical Proficiency
- Problem solving
- Safety Training
- HSE Induction
- HSE regulations compliance
- Management Meetings
- Waste Management
- Leadership and Team Management
- Excellent Communication Skills
- Knowledge of HSE Regulation (OSHA, ISO 45001)
- Documentation Skill
- Environmental Management & Sustainability
- Leadership and team management
- Innovative Thinking
- Presentation Skills
- Time Management
- Task Prioritization
- Technical Proficiency
- Multitasking Abilities
- MS Word & MS Excel



Dated: April 15, 2022

ref: N.I.C# 41308-8252087-5

Pakistan
Punjab, Lahore

Service Certificate

This is to certify that **Mr. Jahanzaib Tariq** worked with **Shahzada Industries** as a Health, Safety & Environment (HSE) Officer at the UCH Power Plant, Baluchistan, Pakistan, from June 2020 to April 2022. He was part of a project for our esteemed client, ENGIE.

During his service, **Mr. Jahanzaib Tariq** ensured compliance with HSE regulations, conducted risk assessments, delivered toolbox talks, and implemented HSE policies. He also played a key role in incident reporting, emergency planning, training sessions, and safety audits. His proactive approach contributed to a safer and more environmentally responsible workplace.

We wish him continued success in his future endeavors.

Sincerely,



Mohammad Ali

Project Manager

Shahzada Industries

+92-42-35260307/05

info@shahzada.net

www.shahzada.net



ProQual Level 6 NVQ Diploma in Occupational Health and Safety Practice

Has been awarded to

Jahanzaib Tariq

15 / 09 / 2023



An award of ProQual AB Ltd. accredited by Ofqual
603/3106/9
European Qualifications Framework Level 6
Certificate number 325965

Pam Lewis
Director of Qualifications
ProQual AB Ltd

ofqual
REGULATED
register.ofqual.gov.uk



nebosh

NEBOSH International General Certificate in Occupational Health and Safety

This is to certify that

Jahanzaib Tariq

was awarded this qualification on

14 February 2022

Les Philpott
Chair

Dee Arp
Accountable Officer

Master log certificate No: 00643047/1271114

SQA Ref: R630 04



**The National Examination Board in
Occupational Safety and Health**
Registered in England & Wales No. 2698100
A Charitable Company Charity No. 1010444



This is a certificate awarded to

Jahanzaib Tariq

on successfully completing

Managing Safely

a course approved and validated by the

Institution of Occupational Safety and Health

in association with

ACME Institute of Safety Professionals

Approved Centre: 3278

Signed on behalf of IOSH

Vanessa Hammond-Weeks

Chief Executive

Course Organiser



Date: 25 October 2023

Possession of this certificate does not confer exemption from accredited qualifications which lead to membership of IOSH.

Cert No: MS508446T

IASP Professionals
The International Association of Safety Professionals Certified Trainer, whose signature and certification number appears below, hereby certifies that the named person did attend and satisfactorily completed the course of study herein specified and that the signatory is solely responsible for the content of said training.

Course: 30-Hour - Construction Safety OSHA Compliance Course
Student: Jahanzaib Tariq
Trainer: QAISER RAZA #602652
Date: 2023-09-18

International Association of Safety
IASP
Professionals

International Association of Safety Professionals




In recognition of the successful completion of the requisite course of study and by virtue of authority granted by The International Association of Safety Professionals hereby presents the

30-Hour - Construction Safety OSHA Compliance Course

Certificate Awarded to
Jahanzaib Tariq

In witness whereof this Certificate, signed by the International Association of Safety Professionals Certified Trainer and sealed with the corporate seal of The International Association of Safety Professionals, is granted. The Signatory below is solely responsible for the quality and content of said training, and attests to attaining certification appropriate to provide training from The International Association of Safety Professionals.



 _____ President, CEO	<u>30</u> Course Hours	 _____ Trainer ID	
 _____ Executive Director	<u>619454</u> Student ID	<u>2023-09-18</u> Completion Date	<u>602652</u> Certified Trainer Signature



Saudi Heart Association
جمعية القلب السعودية



National Life Support
Committee

CERTIFICATE OF Life Support Training

JAHANZAIB TARIQ

has successfully completed
SHA HSFA CPR AED course

Date of issue: 29/03/2024

Date of expiry: 29/03/2026

Training Center
Accredited by SHA
SaveFast Training Academy
(Professional pioneer)

Dr. Fahad Alsohime
Chairman, National Life Support Committee
Saudi Heart Association

Dr. Waleed Al Habeeb
President
Saudi Heart Association



Serial No. 133



1051

Registration No. 2016-ag-8132

University of Agriculture Faisalabad

In recognition of the fulfilment of prescribed requirements

Awards

Jahanzaib Tariq Son/Daughter of Tariq Mahmood

the degree of

Bachelor of Science (BS) Computer Science

In the year 2020

Faculty
Sciences

M Sarwar
Chancellor



Q. Usman
Vice Chancellor
Controller of Examinations

Faisalabad the 28th March, 2022



Riyadh Metro Project



Line 3, Package 2, Riyadh, Saudi Arabia

CERTIFICATE OF APPRECIATION

This certificate is presented to

JAHANZAIB TARIQ

In recognition of his outstanding performance as

HSE Officer, ANM ID. 8957



In recognition of your outstanding contribution to the successful completion of the **3F2 Underground/Central Station** as of April 2025. On behalf of the **ANM-CWG HSE and Site Construction Team**, we sincerely appreciate your dedication and hard work in ensuring the safe and successful completion of the **Al Malaz Riyadh Metro Station**.



Mazen Ahmad

Mazen Ahmad
ANM-CWG Station Manager
ANM CWG ID No: 5342

الهيئة الملكية لمدينة الرياض
ROYAL COMMISSION FOR RIYADH CITY



Mujeeb Rahman

Mujeeb Rahman
ANM-CWG DUG/Central HSE Manager
ANM CWG ID No: 1762

هوية مقيم

رقم النسخة ١

المملكة العربية السعودية

وزارة الداخلية



جهان زيب طارق طارق محمود

JAHANZAIB TARIQ TARIQ MAHMOOD

رقم الهوية: ٢٥٣١٣٠٤٠٤٢ تاريخ الانتهاء: ٢٠٢٥/١١/٢٤

تاريخ الميلاد: ١٩٩٩/٠٢/٠١ مكان الميلاد: باكستان

الجنسية: باكستان الديانة: الاسلام

المهنة: مليس

هوية صاحب العمل: ٧٠٠١٤٢٩٧٠٨

مكان الإصدار: شركة العلم لامن المعلومات

مكان العمل: منطقة الرياض

اسم صاحب العمل: شركة ويبيلد اس بي ايه



يجب التحقق
من الرمز السريع
قبل اعتماد
التعامل مع الهوية

