



ZAIN UL ABIDIN

Health, Safety & Environment (HSE) Professional
Driving Zero Harm & Compliance Excellence

Valid Saudi Driving License
Transferable Iqama

Detail-oriented and committed QHSE professional with 7+ years of proven expertise in establishing and maintaining integrated QHSE systems across large-scale infrastructure and waste-management projects. Skilled in regulatory compliance, risk assessment (HIRA), audits, incident investigation, and training delivery. Passionate about embedding a safety-first culture and delivering measurable improvements in occupational and environmental performance.



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Sharma, Tabuk, Saudi Arabia
Willing to Relocate:
preferably ' Riyadh, Jeddah,
Makkah, madinah, Neom etc.

SKILLS

QHSE Compliance (ISO 45001, ISO 14001)

Safety Training (Heat Stress, Confined Space, First Aid)

TMP & Detour Management

Risk Assessment (HIRA) & Control Measures

Communication, Reporting & Stakeholder Coordination

Incident Investigation & RCA

HSSE Audits & Non-Conformity Reporting

Environmental Monitoring & Waste Control

Education & Diploma

Diploma in Health, Safety & Environment (HSE)

- Islamabad, Pakistan (2015–18)

Office Management Certification – MS Word, Excel, Outlook

- Commerce Academy, Pakistan – 2014

Intermediate (FA)

- Govt. Degree College, Latamber, 2012–13

Matriculation (Science)

- Govt. Degree College, Latamber, 2010–11

WORK EXPERIENCE

HSSE Supervisor

NEOM Roads & Interchange Project – Package 04

Al-Ayuni Investment & Contracting Co.

Sharma, Tabuk, Saudi Arabia | 2023 – Present

Client: NEOM

- Managed detour implementation for NEOM Package-04 Interchange and Highways, ensuring full compliance with Traffic Management Plan (TMP) and strict adherence to site and road safety protocols.
- Supervised health, safety, security, and environmental (HSSE) compliance across asphalt and concrete plant operations.
- Conducted risk assessments, HIRA evaluations, and enforced control measures to mitigate on-site hazards.
- Developed and delivered daily toolbox talks, induction programs, and refresher safety training.
- Coordinated with NEOM safety representatives for weekly inspections and compliance audits.
- Maintained all HSSE documentation, including incident logs, inspection checklists, and training records.
- Led root-cause investigations of incidents and ensured implementation of corrective/preventive actions.

Senior QHSE Inspector

Canadian international trading- CIT- Neom Municipality Projects Sharma & Al Bida landfills

Sharma & Tabuk, Saudi Arabia | 2021 – 2022

Client: NEOM

- Oversaw QHSE compliance for large-scale landfill operations, solid waste management, and city cleaning services under NEOM municipal projects.
- Conducted routine inspections of waste disposal sites, transfer stations, heavy-duty equipment (compactors, loaders, sweepers), and personnel hygiene practices.
- Monitored and enforced safety protocols for landfill operations, including leachate control, gas emission management, and daily cell cover activities.
- Audited waste collection and segregation procedures to ensure environmental compliance and sustainability benchmarks set by NEOM.
- Reviewed and approved method statements and risk assessments related to city cleaning operations and landfill maintenance.
- Investigated incidents, near misses, and unsafe conditions; recommended preventive and corrective actions aligned with QHSE policies.
- Delivered toolbox talks and training programs on PPE use, waste handling safety, vehicle operations, and emergency response protocols.
- Collaborated with NEOM environmental and safety teams to uphold Zero Harm objectives and sustainable waste management standards.
- Supported the successful handover of clean, hazard-free zones across multiple NEOM landfill and municipal service areas.

HSE Officer

Samhan Heritage Hotel Project

Muhammad Al-Rashid Trading & Contracting Co. (MARCO)

Diriyah, Riyadh, Saudi Arabia | 2018 – 2020

Client: Diriyah Gate Development Authority (DGDA)

- Ensured safe execution of heritage infrastructure works, coordinating with civil, structural, and MEP teams.
- Conducted routine inspections, hazard assessments, and safety drills at project locations.
- Implemented health and safety training for all workforce levels, focusing on fall protection and fire prevention.
- Monitored safe work practices during restoration and renovation activities on heritage structures.
- Controlled site access, PPE compliance, and emergency preparedness procedures.
- Maintained coordination with the client's safety team to ensure alignment with DGDA's safety standards.
- Supervised waste management, spill response, and implementation of pollution control practices.
- Reported incidents and unsafe acts/conditions, ensuring rapid rectification and follow-up.

Certifications

- **NEBOSH International General Certificate (IGC)** – Units 01, 02, 03
- **NEBOSH ILO Certificate** – Managing Heat Stress & Climate Change
- **IOSH Managing Safely** – Version 5.0
- **OSHA 30-Hour Certification** – Construction Industry Safety
- **ISO 45001:2018** – Lead Auditor (Occupational Health & Safety Management)
- **ISO 14001:2015** – Environmental Management Systems
- NFPA 101 – Life Safety Code
- **Permit Receiver Training** – Hot Work & Confined Spaces
- **Fire Safety Certification** – Level 2
- **First Aid Certification** – Level 2
- Stress & Conflict Management Training
- Health & Safety Management Training
- **Office Management Certification** – MS Word, Excel, Outlook

Languages

English
Fluent (Written & Spoken)

Urdu
Native

Arabic
Intermediate