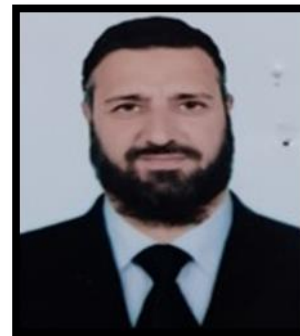


IKRAM ULLAH (HSE Supervisor)

Email: Ikram.Ullah@live.com
Mobile: 0570323011, 0542379659
WhatsApp: 0570323011
Current Address: Al-Aziziya, Jeddah, KSA



PROFESSIONAL PROFILE:

Highly skilled Health and Safety Officer with extensive expertise in workplace safety, regulatory compliance, and safety management systems. Proven track record of successfully leading health and safety initiatives, enhancing workplace safety standards, and driving regulatory adherence. Adept at fostering productive collaborations with stakeholders to cultivate a strong safety culture and achieve operational excellence.

QUALIFICATIONS:

a) ACADEMIC:

Diploma/Degree	Program	Awarding Body
Matriculation (SSC)	Science	BISE Saidu Sharif Swat, KPK, Pakistan
Intermediate (HSSC)	Computer Science	BISE Saidu Sharif Swat, KPK, Pakistan
Bachelor's degree	B. Com	FUUSAT, Karachi, Pakistan
Master's degree	MBA	COMSATS University, Islamabad, Pakistan

b) PROFESSIONAL:

Certificate	Program	Awarding Body
NEBOSH UK	IGC	SBS, Lahore, Pakistan
Fire Safety Principle	Fire Safety	OHS Academy, USA
First Aid at Work	First Aid	OHS Academy, USA
Basics of Safety Management	Safety Management	CIQ / UniAthena, UK
The COSHH Manager	Hazardous Substances	The Knight of Safety™, UK
BSW	Behavioral Safety	The Knight of Safety™, UK
Fire Safety Induction	Fire Safety	The Knight of Safety™, UK
ISO 45001:2018 Awareness	Occupational Health & Safety	The Knight of Safety™, UK
ISO 14001:2015 Awareness	EMS	The Knight of Safety™, UK
AOSH UK Level 3	Environmental Management	SPTI, Islamabad, Pakistan
Confined Space Safety	Occupational Health & Safety	Oregon OSHA, USA

Lockout/Tagout	Industrial/OSH	Oregon OSHA, USA
Accident Investigation	Occupational Health & Safety	Oregon OSHA, USA
Fundamentals of Fall Protection	OSH/Construction Site	Oregon OSHA, USA

c) CERTIFICATION/AWARDS/SEMINARS AND WORKSHOPS ATTENDED:

Institution	Course Title
NEBOSH/ILO-UK	The Impact of Climate Change and Heat Stress on Occupational Health & Safety
NEBOSH/ILO-UK	Organizational Stress Prevention and Management Responsibilities, Success Stories, and HSE Tools
St. George's University, Grenada, West Indies	Occupational Health & Safety for Healthcare Workers (Audit Mode)
The Open University – UK	Health and Safety in the Laboratory and Field
The Open University – UK	Integrated Safety, Health, and Environmental Management: An Introduction
The Open University- UK	Environmental Management and Organization
UN-Habitat-USA	From Data to Tangible Impact- achieving the waste SDGs by 2030
United Nations University Institute for the advanced study of sustainability- USA	Net Zero 101- What , Why and How
Climate Connect- Africa GIM – Pakistan	Climate Education & Training Program Sustainable Green Future

PROFESSIONAL EXPERIENCE:

PROFESSIONAL EXPERIENCE SUMMARY

Job Title	Company	Duration
HSE Officer	Arabian Construction Company (ACC), JODP Phase-3, Makkah, Saudi Arabia	01-Feb-2022 to 10-Dec-2024 (2.10 Years)
HSE Officer	HUDA NASER ABDULLAH FADAK GENERAL CONTRACTING EST.	05-Jan-2020 to 30-Dec-2021 (2 Years)
HSE Executive	Water & Sanitation Services Company, KPK, Pakistan	22-Mar-2017 to 22- Aug-2019 (2.9 years)

Project 01	
RELEVANT PROJECTS EXPERIENCE	
Project	Jabal Omer Development Project Phase-03, Saudi Arabia
Client	Jabal Omer Development Company

Employer	Arabian Construction Company (ACC)
Job Title	HSE Officer
Duration	01-feb-2022 to 10-dec-2024 (2.10 Years)
Project Detail	The third phase consists of two construction bases and four towers with a total built area of 422,535 square meters. This phase includes 2160 hotel rooms comprising the twin towers with the Sky Bridge Musallah.
Responsibilities	<ul style="list-style-type: none"> • Maintain full-time presence across active construction zones, including tower floors, basements, scaffolding platforms, and external work areas • Monitor high-risk construction tasks such as: <ul style="list-style-type: none"> ○ Tower crane operations and rigging activities ○ Steel erection and rebar works at height ○ Excavation, trenching, and shoring activities ○ Manual handling and lifting operations ○ Hot work near flammable materials or temporary structures • Ensure workers wear and properly use PPE: hard hats, safety harnesses, high-visibility vests, gloves, and safety shoes • Verify that fall protection systems, edge protection, and scaffolding are properly installed, tagged, and inspected • Check compliance with the Permit-to-Work (PTW) system for: <ul style="list-style-type: none"> ○ Hot works (welding, cutting) ○ Confined space entry (utility tunnels, pump rooms) ○ Electrical isolation and Energized Equipment work ○ Lifting operations using tower/mobile cranes • Conduct daily HSE inspections using standardized checklists; focus on: <ul style="list-style-type: none"> ○ Housekeeping (removal of debris, trip hazards) ○ Secure storage of construction materials and tools ○ Temporary electrical panels and cable management ○ Fire extinguishers, warning signage, and escape routes • Report unsafe conditions and near misses immediately; escalate to HSE Officer/Supervisor as required • Stop unsafe work and ensure corrective measures are taken on

	<p>the spot</p> <ul style="list-style-type: none"> • Assist in initial response during accidents; secure the area, take photos, gather witness info, and support the investigation • Conduct and document toolbox talks before high-risk work; use visual aids and multiple languages when needed • Engage directly with subcontractors and laborers to reinforce site rules, safe lifting techniques, and behavior expectations • Ensure site-wide emergency equipment (fire points, first aid stations, muster points) is maintained and accessible • Support emergency evacuation drills and review worker awareness of escape routes.
Project 02	
Project	(OHTL 380 KV) in Al-Kharaj
Client	Saudi Electric Company
Job Title	HSE Officer
Duration	05-Jan-2020 to 30-Dec-2021 (2 years)
Project Detail	Overhead Transmission Line (OHTL 380 KV) in Al-Kharaj.

COMPUTER SKILLS:

- Certified in Information Technology (1-Year Program Certificate)
- MS Word
- MS Excel
- MS PowerPoint
- In Page
- Typing
- Operating System Installation
- Application Installation

COMPETENCY FOR THE JOB:

- Risk Assessment, JSA, Root Cause Analysis
- HSE Training and Emergency Preparedness
- Safety Inspections and Audits
- ISO 45001 Implementation
- Report on Writing and Team Management
- Occupational Health, Hygiene, and Law Awareness

PERSONAL INFORMATION:

Name	Ikram Ullah
Date of Birth	15/09/1984
Marital Status	Married
Nationality	Pakistani
Iqama	Transferable (2612911376)
Passport	GY1321041
Languages	English, Urdu, Pashto, Basic Native Arabic
Driving License	Not specified

REFERENCE:

Will be furnished upon request