



# SIRIL K. VARGHESE ( IDip Nebosh,TSP )

## HSE SUPERVISOR & TRAINING COORDINATOR

Results-oriented Safety Supervisor with over 7 years of experience driving strategic planning to identify & minimize environmental impacts while generating measurable financial value. Proven expertise in navigating consent decree environments and a comprehensive understanding of compliance imperatives. Proficient in conducting risk assessment programs and developing effective risk mitigation strategies. Known for amplifying value to stakeholders, employees, and multinational enterprises. Demonstrated leadership in coordinating safety initiatives, reducing accidents, and improving overall safety performance. Seeking a mid-level assignment as an HSE Supervisor/ HSE Coordinator in a challenging environment to further enhance and apply my professional skills.

### CONTACT ME

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Jubail Industrial City, Eastern, Saudi Arabia

### SKILLS

Environment Health and Safety

Hazard identification

Risk Assessments

Incident Investigation

Safety Practices

Emergency Response

Safety Training

Safety Legislation

Internal Audits

Reports & Documentation

Team Management

Time Management

Management skills

Problem Solving

Attention to Detail

### EXPERIENCE

Mar 2022 – Present

**SAFETY SUPERVISOR & TRAINING COORDINATOR**  
FACILITIES MANAGEMENT COMPANY (SADARA CHEMICALS)

Jan 2018 – Feb 2022

**SAFETY SUPERVISOR & TRAINING COORDINATOR**  
TAMIMI GLOBAL LTD. (SAUDI ARAMCO)

Mar 2016 – Nov 2017

**SAFETY OFFICER**  
YAS MINERAL WATER, DUBAI

May 2014 – Mar 2016

**SAFETY OFFICER (TRAINEE)**  
TECHNOTILE ENGINEERING CONSULTANCY & PROJECT MANAGEMENT

### DUTIES & RESPONSIBILITIES

- Enforcing Health, Safety and Environment policies and procedures for compliance in accordance with Saudi Aramco Safety G. I's, SOP's & Safety manual and TAMIMI Safety & Loss Prevention Management Program.
- Conducting monthly HSE training including, orientation for new comer's craft-based training and HSE induction for new employees.
- Induction of new employees about HSE and relevant areas. Ensure compliance to all applicable HSE legal requirements. Organize various awareness programs as per standards.
- Manage various external safety audits as per the defined frequency.
- Provide HSE training to employees and contract workmen as per the training calendar.
- Create awareness and take preventive measures to ensure zero fire hazards & accidents.
- Train the personnel for preventive and corrective measures related to fire hazards & accidents.
- Prepare several documents and applications related to HSE and submit it for further proceedings.
- To develop a safety culture and measure control, ensure the preparation and review of key documentation including HSE Procedures, Accident/Incident Investigation Reports, and Daily, Weekly, and Monthly Site Inspection Reports, along with the Violation Report.
- Ensure appropriate safety equipment's/media at the site to prevent fire hazard & accident. Periodic inspection of firefighting media.



## CERTIFICATIONS

- NEBOSH IDIP –LEVEL 6
- NEBOSH IGC
- LEVEL 3 AIOSH
- IOSH TRAIN THE TRAINER
- OSHA
- IOSH MS
- AED CERTIFIED
- Diploma in Fire and Safety Engineering
- Aramco Work Permit Receiver



## EDUCATION

- MBA – Master of Business Administration  
| Pursuing
- Bachelor of Commerce  
M G University | 2014
- Higher Secondary Education  
Board of Higher Secondary Examination, Kerala | 2011



## PERSONAL INFO

Date of Birth : February 24, 1993

Gender : Male

Nationality : Indian

Marital Status : Single

Address : Kallloorthazhchayil  
House P.C Kavala P.O  
Paippad, India



## PASSPORT INFO

Passport No : Y 2858077

Date of Issue : 17/05/2024

Expiry date : 16/05/2034



## LANGUAGES

English

Hindi

Malayalam

Tamil

- Arranging periodical workplace safety inspection as per schedule and also follow up of corrective actions as agreed by the Contract Management.
- Coordinating for Quarterly & Yearly Camp Safety Audit of worker's accommodation and Ladies Villas by Saudi Aramco safety compliance team.
- Carrying out Monthly & Quarterly Camp Safety Inspections of worker's accommodation and Ladies Villas as per standard inspection checklist.
- Coordination for Safety Trainings of staff with Saudi Aramco EQIP and other 3rd Party Safety trainings as per schedule.
- Participating in incidents investigation as they occur, and lead as appropriate including follow up of the actions needed to prevent from reoccurrence.
- Providing Health, Safety and Environmental expertise and advice to the Contract Management as required.
- Arranging Safety Meetings, Prepare Minutes of Meetings and reporting to the management and all concern project supervisors.
- Arranging Fire Evacuation drill and also coordinate with Saudi Aramco ERP Team for Emergency Response Activities.
- Reporting & recordkeeping of Potential Incident (PI) Reporting & Unsafe act (UA), Unsafe Condition (UC), near misses, dangerous locations.
- To control the Driver's Safety Violations by Aramco & Saudi Government and also conduct safety counseling and other disciplinary actions.
- Preparing Safety Tool Box Talks (TBT) and distribute into all concern supervisors and also follow as per issued schedule
- Coordinating Saudi Aramco Safety Compliance Team for monthly & quarterly "CAR & VSP" Audit as per given standard audit checklist and also follow up of actions recommended by auditors.
- Ensure that the necessary HSE related data, records and accident / incident records are being maintained properly.
- Development and implementation of Safety inspection checklist (fire extinguishers, fire hydrants, forklift inspection and other mobile equipment).



## PROFESSIONAL COURSES

- Hazard Recognition and Risk Assessment from Alison - Empower Yourself
- Behaviour-Based Safety from Alison - Empower Yourself
- Supervisory Safety Awareness from Aramco
- COSHH Hazard Communication Awareness from The Knights of Safety
- COSHH and working in Confined Spaces from The Knights of Safety
- Hazardous Substances Routes to Entry from The Knights of Safety
- Personal Protective Equipment Awareness Course from The Knights of Safety
- Slip, Trips and Falls Awareness Course from The Knights of Safety
- Standard precautions: Environmental cleaning and disinfection from World Health Organization
- Introduction to COVID-19: methods for detection, prevention, response and control from World Health Organization
- COVID-19: Operational Planning Guidelines and COVID-19 Partners Platform to support country preparedness and response from World Health Organization
- Emerging respiratory Viruses - Detection, prevention, Response & Control from World Health Organization
- Basic Life Support for Healthcare and Public Safety (BLS) from Safety Training Awards Ltd.

## DECLARATION

I do here by declare that the above-mentioned details are true and correct to the best of my knowledge, Information and belief.

SIRIL K. VARGHESE