

Amera Mathihel Albaqami

Occupational Health and Safety Supervisor

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Objective

I aim to join a distinguished team where I can develop my skills and gain new experiences through hard work and dedication to achieving the company's goals.

Experience

Rawabi Specialized Contracting Company | Occupational H&S supervisor **2022 - 2025**

- Conduct a monthly inspection on fire equipment, first aid kit, emergency exist, etc.
- Creating and updating safety protocols such as emergency evacuate plan, and create a report system for safety reports, create floor map.
- Rising awareness by emails to promote safe workplace.
- Analyze traffic violations and taking measures when necessary.
- Outlined risk elimination and minimisation measures.
- Regular safety reports.

Education

LNA academy | Diploma **2022 - 2024**

Major: Occupational health and safety Trainee

Tasks:

- Creating safety awareness emails weekly.
- Prepare and present a safety awareness presentations at the camp.
- Conducting a risk assessment.
- Site visit to warehouse and companies.

Courses

- Training Course of occupational health and safety in the medical sector from The National Council for Occupational Safety and health.
- British safety council [general health, safety and environmental awareness].
- British safety council [working with hazardous substances], [fire safety].
- Al Fozan academy supported by Aramco [Community Work Principles and Fundamentals Course (Raed Basic)].
- awareness session of (ISO 45001 - 2018).

Skills

- Effective communication.
 - Time management and prioritization.
 - Proficient computer skills.
 - Passionate for new challenges.
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- Records maintenance.
 - Preventative measures.
 - Data analysis and reporting.
 - risk assessment and hazard identification.
 - knowledge of OHS regulation.

Language

- English (advanced)

