

# Muhammad Jamshaid

Health and safety officer ,Certified NEBOSH-IGC,  
IOSH

+966530213026

Baysh Saudia Arabia

jamshaid8183@gmail.com

## ABOUT ME

Experienced and accomplished Health and Safety Officer with a proven track record of promoting optimal health and safety in industrial spaces. Committed to identifying and improving substandard processes, while solving safety issues. Experienced in ensuring optimal workflow and efficient production in large-scale printing facilities. Bringing forth an in-depth understanding of facility management aimed at improving safe work processes and functions. Adept in trouble-shooting and working to offer solutions. A strong leader with excellent communication skills and a commitment to teamwork

## EDUCATION

Bachelor of Agricultural economics From MNS-University of Agriculture Multan.  
2018-2022

### Certification

Nebosh international general certificate (IGC) in Occupational health and safety  
11 April 2025.  
IOSH in Managing Safety  
17 May2025

## SKILLS

- Statistical analysis
- Investigation technique
- Communication Skills
- Risk management
- Time Management

## WORK EXPERIENCE

### Environment protection Officer

WWF Pakistan July 2022-march 2025

- Assist crew in resolving environmental concerns, such as inoperative pollution control equipment, ineffective procedures, or inability to meet recycling goals
- In cooperation with the Technical Department or at the explicit request of the Fleet Regulatory Compliance Department, evaluate environmental systems and procedures to determine compliance, quality, effectiveness and compatibility with other shipboard systems
- Evaluate shipboard environmental operating systems to recommend any necessary contingency plans in the event of system defects/failures
- Assess each component of the shipboard environmental program, such as recycling programs, spill response, chemical management, and waste management
- Review technical journals and manuals, attend seminars, and participate in professional activities to keep current on new technology and management systems for environmental programs and practices

# Qanmos College and Training Institute Multan

## SOFTWARE SKILLS

- MICROSOFT OFFICE
- MICROSOFT EXEL

## Languages

- ENGLISH
- URDU

- Regularly reviewed, updated and communicated changes in policies and procedures, implementing training to increase regulation awareness and compliance among staff.
- Wrote and updated company EHS manual, as required. Initiated and assisted in emergency drills, including simulatio of foreseeable emergencies with local authorities.
- Devised appropriate risk management plans to set clear objectives to improve staff welfare and regulation compliance.
- Acted as a visible and available health and safety resource in the field by consulting with staff, modelling safe behaviours ar encouraging model behaviours.
- Brought forth an in-depth knowledge of machine and chemical hazards, combined with the ability to troubleshoot and implement changes.
- Used strong management skills combined with engineering principles to control safety and health initiatives.
- Managed safety inspections and audits of all working sites to ensure compliance with safety regulations.
- Performed routine evaluations to ensure safety requirements were adhered to.

Serial No. MNSUAM 001953

Regd. No. 2018-uam-183



# Muhammad Nawaz Shareef University of Agriculture, Multan

*on fulfillment of the prescribed requirements  
awards the degree of  
Bachelor of Science (Honours) Agriculture  
Agricultural Resource Economics*

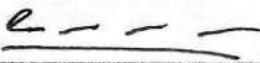
to

*Muhammad Jamshaid Son of Muhammad Rafiq*

*With all rights and privileges pertaining thereto  
on*

*July 19, 2022*





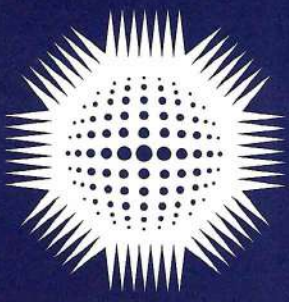
Controller of Examinations



Vice Chancellor



Chancellor



nebosh

# NEBOSH International General Certificate in Occupational Health and Safety

This is to certify that

**Muhammad Jamshaid**

was awarded this qualification with distinction on

11 April 2025

Rob Hull  
Chair

Dee Arp  
Accountable Officer

SQA Ref: R630 04



**The National Examination Board in  
Occupational Safety and Health**

Registered in England & Wales No. 2698100  
A Charitable Company Charity No. 1010444



This is a certificate awarded to

**Muhammad Jamshaid**

on successfully completing

**Approved Managing Safely**

a course approved and validated by the

**Institution of Occupational Safety and Health**

in association with

**Cardiff School of Certified Professionals (CSCP)**  
*Approved Centre: 3331*

Signed on behalf of IOSH

*Vanessa Howard-Williams*  
Chief Executive

*Malika*  
Course Organiser



Date: 17 May 2025

Cert No: MS564412T

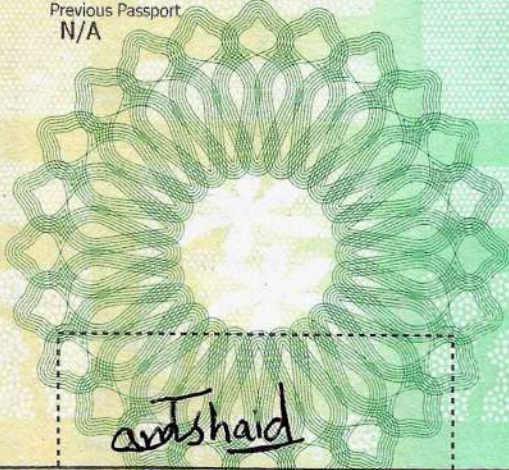
Possession of this certificate does not confer exemption from accredited qualifications which lead to membership of IOSH.



ANNOTATIONS

Religion  
**ISLAM**

Previous Passport  
**N/A**



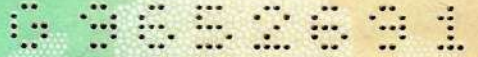
*antshaid*

HOLDER'S SIGNATURE OR THUMB IMPRESSION

حامل ہذا کا دستخط یا نشان انگوٹھا

NOT VALID WITHOUT SIGNATURE OR THUMB IMPRESSION

یہ پاسپورٹ بغیر دستخط یا نشان انگوٹھا ناقابل استعمال ہے۔



یہ پاسپورٹ سوئے اسرائیل کے دنیا کے تمام ممالک کے لئے کارآمد ہے

THIS PASSPORT IS VALID FOR ALL COUNTRIES OF  
THE WORLD EXCEPT ISRAEL.

