

Sultan Khan

Health and Safety Officer

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➤ About Me

Dedicated Occupational Health and Safety Officer with extensive qualification and experience in aviation safety protocols, risk management, and accident prevention. Skilled in hazard identification, developing and delivering safety training, aircraft safety, chemical handling, and emergency response procedures. Committed to foster proactive safety culture that safeguards personnel, enhances operational efficiency, and minimizes environmental impact.

➤ Education

- Matriculation (1994-1995)
- FSC (Pre-Engineering) (1996-1997)
- DAE (Electronics) (1998-2000)
- MA English (2005-2006)
- MA Education (2011-2012)
- MA Sociology (2013-2014)

➤ Certifications

- NEBOSH IGC
- IOSH Managing Safely
- OSHA 30-Hour Construction Safety
- Hazard Identification & Risk Assessment (HIRA), PAF
- Occupational Health & Safety, PAF
- Crew Resource Management Course, PAF
- Leadership & Command Course, PAF
- Passengers Handling Course, PIA
- Soft Skills Certificate by OEC & ICMPD
- Permit to Work
- Fire Safety
- First Aid
- Work at Height
- Confined Space
- Construction Safety
- Risk Assessment
- PPE's

➤ Professional Experience

Company : Pakistan Air Force

Location : PAF Base Mushaf (Sargodha)

Designation : Fire Guard & Aerodrome Safety Member

Duration : Feb 2001 - March 2006

Responsibilities :

- Performed fire guard duties during aircraft refuelling & engine ground runs
- Attended workshops & seminars about behavior based safety programs
- Participated in crash recovery exercises
- Executed search & rescue drills
- Demonstrated strong commitment to safety with zero ground accidents
- Conducted proactive Foreign Object Debris (FOD) control exercises, preventing potential loss to high-value assets

Location : PAF Base Minhas (Kamra)

Designation : Quality Assurance (QA) Supervisor

Duration : March 2006 - May 2010

Responsibilities :

- Conducted thorough inspections of tools & ground support equipment at technical workplace
- Carried out comprehensive risk assessment of designated area
- Recommended and implemented corrective/preventive actions against potential hazards
- Led incident investigations identifying root causes and suggested corrective actions to prevent recurrence
- Reviewed aircraft refueling procedure and managed fuel bowsers safe maneuver
- Performed safety audits and revised procedures to enhance safety practices and continuous improvements
- Celebrated quality week to promote safety awareness

Location : PAF Base MM Alam (Mianwali)

Designation : Ground Safety Supervisor

Duration : May 2010 - March 2015

Responsibilities :

- Conducted pre-flight briefings with ground crew regarding safety protocols
- Identify safety violations and unsafe practices in the maintenance environment
- Delivered toolbox talk before high-risk tasks
- Conducted Job Safety Analysis (JSA) and recommended control measures before critical maintenance activity

- Implemented international safety protocols & regulations in maintenance, house keeping, fuel handling, fire equipment management & ground transport
- Collaborated with flight safety officers to investigate incidents & near-misses.
- Participated in Board of investigations as HSE member about inquiries such as aircraft ground damage, maintenance-related incidents, workplace injuries & equipment damage.

Location : PAF Base Faisal (Karachi)

Designation : Aircrew (loadmaster) professional on C-130 aircraft

Duration : March 2015 - Oct 2019

Responsibilities :

- Ensured proper weight and balance of the aircraft through accurate loading
- Handled passengers including VVIP with safety & security
- Loaded/ unloaded all types of cargo including ammunition & chemicals
- Exposure to varied people & cultures of world on international flights
- Planned emergency egress for passengers in case of fire, crash landing *or* ditching
- Managed in-flight real emergencies successfully
- Rigged load & executed airdrop missions with safety and accuracy

Location : PAF Base Nur Khan (Rawalpindi)

Designation : Instructor & Emergency Response Supervisor

Duration : Oct 2019 - Jan 2024

Responsibilities :

- Delivered induction & refresher training, including fire drills and emergency evacuation procedures
- Developed emergency response plans for incident like aircraft crashes, fires, spills, or bomb threats
- Implemented Crew Resource Management (CRM) strategies to enhance operational efficiency, situational awareness, communication and teamwork to reduce human error
- Managed the use and training of personal protective equipment (PPE) ensuring compliance with safety regulations and standard operating procedures (SOPs)
- Promoted behavioral safety observation programs and provide coaching on high risk behavior
- Coordinated with other emergency services (fire, medical, security) for integrated emergency response
- Supervised wing crisis control being disaster management team member

➤ Languages

• English.....*Fluent*

• Urdu.....*Native*