



MUHAMMAD ALEEM

HEALTH & SAFETY OFFICER

CONTACT

0301 0616326

aleemkh1n@gmail.com

RIYADH, Saudi Arabia

none

SKILLS

- Risk Assessment & Hazard Identification.
- Incident Investigation & Root Cause Analysis.
- Workplace Safety Inspection & Audits.
- Permit To Work system.
- Job Safety Analysis [JSA].
- Fire Safety Management.
- Safety Trainings.
- Accident and Near Miss Report.
- First Aid Safety.

LANGUAGES

- English (Fluent)
- Urdu (Fluent)
- Punjabi (Fluent)
- Hindi (Fluent)
- Pashto (Fluent)

REFERENCE

Reference will be provided on Demand.



PROFILE

Results-driven HSE Officer with 3 years of proven success in implementing safety programs that reduce accidents and improve compliance with ISO 45001 and local regulations. Experienced in risk assessments, PTW systems, and employee safety awareness training. NEBOSH IGC certified and committed to creating a zero-incident workplace.



WORK EXPERIENCE

(PAK ARAB FERTILIZER LIMITED)

2025 - PRESENT

HSE internship

>Assisted in workplace safety inspections and hazard identification.

>Supported risk assessments, PTW processes, and incident reporting.

>Gained hands-on experience with ISO 45001 & ISO 14001 safety systems.

(Young's Cafe & Restaurant)

2022-2024

HSE supervisor

>Conducted regular safety inspections to ensure compliance with food safety and occupational safety standards.

>Trained staff on safe equipment handling, fire safety, and first aid procedures.

>Monitored PPE usage and safe chemical handling for cleaning operations.

EDUCATION

FSC

>Britain International College

2022-2024

>Aspire Group Of Colleges.

GPA: 3.8 / 4.0

Nebosh IGC

>Cosmic Institute OF Business and Technology

GPA: / 3.4/ 3.7

Risk Assessment

>Cosmic Institute Of Business and Technology

Fire Safety

>Cosmic Institute Of Business and Technology