

Feras Hammad Mohammed Al-Sahali

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Professional Summary

EHS Specialist with over 12 years of combined experience in health, safety, environment, and data analytics across leading organizations in Saudi Arabia. Extensive background in managing EHS programs for construction and industrial projects, ensuring compliance with ISO 45001 and OSHA standards. Proficient in risk assessments, incident investigation, and EHS training, with strong expertise in analyzing safety performance using Power BI and Excel to support strategic decision-making and continuous improvement

Professional Experience

EHS Specialist

HECC, Riyadh, Saudi Arabia

08/2025 – Present

- Experienced in leading environmental, health, and safety programs across industrial and construction projects. Skilled in regulatory compliance, risk assessments, incident investigation, and EHS training. Proven ability to develop and implement safety policies, monitor KPIs, and drive continuous improvement in line with ISO and OSHA standards..

HSE Officer

Elsief, Riyadh, Saudi Arabia

11/2021 – 07/2025

- Lead daily HSE inspections and enforce full compliance with project-specific safety plans.
- Conduct Job Safety Analysis (JSA), Hazard Identification and Risk Assessment (HIRA), and manage Permit to Work (PTW) system.
- Prepare and analyze safety KPIs, including LTIFR and near-miss reports.
- Lead incident investigations and ensure corrective and preventive action implementation.

Senior Data Analyst / HSE Performance Coordinator

STC, Riyadh, Saudi Arabia

01/2016 – 12/2020

- Designed dashboards in Power BI and Excel to visualize trends in safety performance.
- Automated safety reporting processes and supported audit preparedness.
- Tracked observation close-out rates, developed trend analyses, and supported strategic decision-making in HSE planning.

Data Analyst / HSE Performance Coordinator

Mobily, Riyadh, Saudi Arabia

01/2013 – 12/2015

- Designed dashboards in Power BI and Excel to visualize trends in safety performance.
- Automated safety reporting processes and supported audit preparedness.
- Tracked observation close-out rates, developed trend analyses, and supported strategic decision-making in HSE planning.

Education & Certifications

- EHS Master Degree from Cambridge Collage
- Diploma in Computer Science — Daly View College, Kerala, India
- PMP
- Disaster and Crisis Management
- Crowd Management
- NEBOSH IGC
- IOSH
- ISO 45001
- ISO 14001
- Heat and cold stress OSHA
- Confined space safety OSHA
- OSHA 45 CONSTRUCTION
- OSHA 30 CONSTRUCTION
- OSHA 30 General industry OSHA
- First aid
- Fire warden
- Electrical safety OSHA
- Chemical safety OSHA
- Frame, Tube & Coupler, & System Scaffolding Competent Person/Inspector

Key Skills

- Risk Assessment & Hazard Identification (HIRA, JSA)
- PTW System Implementation & Compliance Monitoring
- Data Analysis & Reporting (Power BI, Excel, SQL)
- Incident Investigation & RCA Methodologies
- ISO 45001 & OSHA Compliance
- Safety Audits & Campaign Management
- Safety KPIs & Dashboard Design
- Training & Toolbox Talk Facilitation

Languages

- Arabic: Native
- English: Fluent

References

Available upon request.