



SAIF ULLAH

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OBJECTIVE

" Seeking a challenging role as an HSE Officer where I can leverage my comprehensive experience of NEBOSH, OSHA, and IOSH to create a safe and secure work environment. My goal is to apply my knowledge in risk assessment, incident investigation, and regulatory compliance to enhance the overall safety culture of an organization. I am committed to implementing effective strategies, conducting thorough audits, and fostering a proactive approach to health and safety."

EDUCATION

- 2007 • **Metric in science**
BISE MALAKAND
- 2009 • **FSc Computer science**
BISE MALAKAND
- 2011 • **BSc in Computer Science**
University of Malakand
- 2014 • **MCS (Master in IT)**
University of Malakand
- 2011 • **Computer courses**
NAVTEC

HSE COURSES

- *NEBOSH (National Examination Board of Occupational Safety & Health UK)
 - *OSHA(Occupational Safety and Health Administration).
 - *IOSH(Institutions of Occupational Safety and Health).
 - *Environmental Management System ISO 14001-2015
- HSE Trainings:

HSE TRAINING:

- Inhouse Work at height training.
- HIRA(Hazards identification & Risk Assessment).
- Confined space training.
- Fire Prevention and Safety.
- First-aid & CPR/AED.
- Working at height training.
- SCBA Training.
- Permit Issuer Training
- Permit Receiver Training
- Permit to Work System

- Scaffolding Safety training
- Lockout -Tag out.
- H2S Awareness training
- Incident Investigation
- Gas Testing Training

COMMUNICATION & INTERPERSONAL SKILLS:

- Have a good level command over English, Arabic, Urdu, Hindi and Pashto Languages.
- Outstanding command over verbal and non-verbal communicative & interpersonal skills.
- Strong organizational, managerial, problem solving, interpersonal and negotiation skills.
- Flair to organize & prioritize tasks to meet deadlines.
- Ability to manage multiple projects with minimal supervision.

COMPUTER SKILLS:

- Google Document(Read,write & sending Email), spread sheet, Drive.
- Micro Soft Office Word, Excel, Power point.
- Windows Installation, Partition & Other Basics.

EXPERIENCE PROFILE:

- - Company: EL_ Seif Engineering Contracting(ESEC)
 - Client: Al-Rawaf Contracting Company.
 - Project: Internal Cement Mortar Lining of Steel Pipes and Field girth cutback Joints.
 - Position: HSE Officer
 - Period: March 2023 To Aug 2024
- - Company: Olayan Descon
 - Client: Maaden Phosphate Company
 - Shutdown: Maaden Phosphate Company (Train B)
 - Position: HSE Officer
 - Period: May 2021 To Dec 2022
- - Company: Olayan Descon
 - Client: SASREF
 - Shutdown: SASREF(OPA)
 - Position: HSE Officer
 - Period: Jan 2020 To March 2021
- - Company: AlShaya Group of Co.lmt
 - Client: Al- Fanar Construction Co.pvt
 - DTS: Build Drive through Store
 - Position: HSE Officer
 - Period: May 2018 To Oct 2019
- - Company: Al Manzil Al Massi Co. Ltd.
 - Client: Saudi Aramco
 - Project: Upgrade Security Facility
 - Position: HSE Officer
 - Period: Jan 2017 To March 2018

TECHNICAL SKILLS

- ●》 *OSHA Regulations*:
Knowledge of Occupational Safety and Health Administration (OSHA) regulations and standards.
- ●》 *Hazard Identification*:

Ability to identify hazards and assess risks in the workplace.

●》 *Safety Audits*:

Experience in conducting safety audits and inspections to ensure compliance.

●》 *Incident Investigation*:

Skill in investigating incidents, identifying root causes, and developing corrective actions.

●》 *Safety Training*:

Experience in developing and delivering safety training programs for employees.

DUTIES & RESPONSIBILITIES:

- 1.HSE Program Development and Implementation:
 - Spearheaded the design and implementation of comprehensive HSE programs for mega projects, ensuring compliance with international standards and local regulations.
 - Developed and updated safety policies, procedures, and manuals, providing clear guidelines for all personnel.
- 2.Risk Assessment and Mitigation:
 - Conducted thorough risk assessments and hazard analyses for each project phase, identifying potential safety hazards and implementing effective mitigation strategies.
 - Collaborated with project managers and engineers to integrate safety measures into project plans,minimizing risks and ensuring a safe working environment.
- 3.Incident Investigation and Reporting:
 - Led investigations into incidents and accidents, determining root causes and implementing corrective actions to prevent reoccurrence.
 - Prepared detailed incident reports for management, regulatory authorities, and other stakeholders, maintaining transparency and accountability.
- 4.Safety Training and Awareness:
 - Developed and delivered tailored HSE training programs for project teams, emphasizing best practices, emergency response procedures, and the proper use of personal protective equipment (PPE).
 - Initiated and facilitated regular safety meetings to enhance awareness and promote a proactive safety culture.
- 5.Regulatory Compliance:
 - Ensured strict adherence to local and international HSE regulations and standards.
 - Coordinated with regulatory bodies and conducted internal audits to verify compliance, successfully maintaining a track record of zero regulatory violations.
- 6.Emergency Response Planning:
 - Formulated and regularly updated emergency response plans, conducting drills and simulations to test the effectiveness of response procedures.
 - Collaborated with emergency response teams to ensure readiness and swift response in the eventof emergencies.

ACHIEVEMENTS:

- • Recognized for achieving and sustaining a zero-incident rate on multiple mega

projects.

- Played a key role in securing and maintaining industry-specific certifications and awards for HSE excellence.

PI

- Nationality : Pakistani
- Age: 35
- Iqama Status: Transferable
- Saudi valid driving license.