



Taimur Ilahi Khan

HSE Coordinator

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- 📍 Al- Kharj, Saudi Arabia

SUMMARY

NEBOSH IGC and Level 7 Diploma-certified HSE professional with a degree in Industrial Engineering and 5+ years of experience in power distribution, construction, and manufacturing sectors. Skilled in accident prevention, risk assessment, and compliance with ISO 45001 and ISO 14001. Proven ability to lead safety programs for multinational clients (e.g., Saudi Electricity Company, Royal Saudi Air Force), conduct audits, and drive continuous improvement in safety culture. Strong track record in reducing incidents, ensuring regulatory compliance, and implementing effective training and awareness programs.

EXPERIENCE

- | | |
|--|-------------------|
| HSE Coordinator
Albahsain Contracting Company Al Kharj, Saudi Arabia | 10/2023 - Present |
| <ul style="list-style-type: none">• Ensured compliance with ISO 45001 and ISO 14001 standards.• Conducted site visits, risk assessments, and internal audits.• Minimized fines by 70% from client.• Managed incident and near-miss investigations and reports.• Coordinated employee HSE training with client and in-house.• Oversaw TUVs for staff and equipment.• Handled procurement and inventory of safety materials. | |
| HSE Coordinator
Al Rajhi Electricity Company Abha, Saudi Arabia | 10/2022 - 10/2023 |
| <ul style="list-style-type: none">• Compliance with ISO 45001 Standards• Accident and Near miss investigations• SAP Contractor ID uploading• Risk Assessment and Safe Work Procedure• Conducting in-house trainings to teach employee company policies• Completing Site visits and Internal audits• Educating organization on Fire Safety• Keeping Track of Employees and Equipment TUVs | |
| HSE Supervisor
Nesma and Partners (NAS Joint Venture) Almajmaa, Saudi Arabia | 04/2022 - 10/2022 |
| <ul style="list-style-type: none">• Making safety Reports• Tool Box Talk meeting• Accident and Near miss reports• Risk Assessment of Different Operations• Ensuring robust compliance with health and safety laws | |
| HSE Officer
Pakistan Tobacco Company Jhelum, Pakistan | 04/2021 - 12/2021 |
| <ul style="list-style-type: none">• Industrial Safety• Looking out for unsafe acts and Conditions• Daily Reporting According to ISO45001• Incident Investigation | |

- Tool Box Talk Meetings

Engineering Intern

Pakistan Locomotive Factory Risalpur, Pakistan

11/2018 - 12/2020

- Industrial Safety and Maintenance
- Assembly Operations
- Different Welding Operations (GMAW, SMAW).
- Different Cutting Operations (Sawing, Shearing)
- Other Operations (CNC Programming, Ball Blasting, Drilling operations...)

EDUCATION

NVQ Level 7 Diploma in Strategic Health & Safety Leadership & Management

Inspire College of Technologies UK Ltd – ICT Qual - NVQ Level 7 Diploma

06/2023 - 12/2023

- Development as strategic manager
- Digital Technologies and incident investigation
- Establish business risk management
- Risk-based safety system management
- Safety culture, Sustainability and the global performance

Industrial Engineering

University of Engineering and Technology Peshawar, Pakistan - Bachelors of Engineering

09/2014 - 10/2018

- Operation Management
- Project management
- Industrial Safety and maintenance
- Human Factor Engineering

CERTIFICATES

ICTQual Level 2 Award In First Aid

ICTQual AB UK Ltd

01/2025 - Present

ICTQual Level 2 Award In Fire Safety

ICTQual AB UK Ltd

01/2025 - Present

Manual Handling Operations Awareness

The International Association for Chemical Safety

05/2024 - Present

The COSHH Risk Assessor Certification

The International Association for Chemical Safety

05/2024 - Present

Fire Safety Induction

The International Association for Chemical Safety

05/2024 - Present

ISO45001:2018 OHSMS

LICQual

11/2023 - Present

NEBOSH IGC

The National Examination Board in Occupational Safety and Health

06/2021 - Present

OHS General Induction

Saudi Electric Services Polytechnic, Riyadh

05/2025 - 05/2027

ARC Flash Awareness GCC Lab Development & Certification Center, Dammam	05/2024 - 05/2026
AOSH UK Level 3 Award in Fire Safety Risk Assessment and Control Aosh Awarding Body United Kingdom	04/2023 - 04/2025
AOSH UK Level 3 Award in First Aid at Work Aosh Awarding Body United Kingdom	04/2023 - 04/2025
AOSH UK Level 3 Award in Risk Assessment Aosh Awarding Body United Kingdom	03/2023 - 03/2025
Distribution Safety Rules and Safe Isolation Saudi Electricity Company, Abha	12/2022 - 12/2024

SKILLS

Problem Solving	Expert	First Aider	Expert
Trainings and Development	Expert	Risk Assessment	Expert
Accident Prevention	Advanced	NEBOSH IGC	Expert
Audits and Inspections	Advanced	Incident Investigation	Expert
SAP	Intermediate	ISO 45001	Expert
AirTable	Expert	ISO 14001	Advanced

LANGUAGES

Pashto	Native	English	Fluent
Urdu	Fluent	Arabic	Intermediate