

Jamshed Wilson

HSE Engineer

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Rabigh, KAEC Saudi Arabia 

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Summary

Health & Safety (H&S) professional with 23 years of experience across construction, oil & gas, and manufacturing. Proven record in developing and implementing safety management systems, Adept at conducting risk assessments, leading incident investigations, and fostering a strong safety culture. Proficient in HSE compliance, employee training, and continuous process improvement. Demonstrated ability to collaborate with crossfunctional teams to achieve measurable results, reduce workplace incidents, and ensure employee well-being

Education Background

- **Western Global University - USA**
Bachelor Of Science - Occupational Health Safety & Environment - Completed in 2011
- **European Safety Council - UK**
Qualifi Level 7 Diploma in Occupational Health Safety & Environment - Completed in 2023
- **Automobile Engineering Diploma - PK**
St, Patricks Technical College - Karachi - Completed in 1998

Trainings & Certifications

- **OHSA 30 hrs Construction SafeCon** Institute - US - May 2023
- **NEBOSH IGC RRC Safety Training** Institute - Bahrain 2010
- **IOSH Managing Safely RRC Safety Training** Institute - Bahrain 2009
- **ISO 45001 Lead Auditor** Elite Training Institute - 2023 - Dubai
- **ISO 14001 Lead Auditor** - The Knowledge Academy - 2025 - Dubai
- **Scaffolding Inspector** Ashtar Safety Training Consultant - Dubai - 2023
- **H2S Awareness Training** NIT Safety Training Institute - Oman
- **Breathing Apparatus Training** NTI Safety Training Institute - Oman
- **Confined Space Training** Euro link Safety - Dubai - 2023
- **Work at Height Training** Ashtar Safety Training Consultant - Dubai 2023
- **First Aider Training** Euro Link Safety Training Institute - Dubai
- **Emergency Response Training** Euro link Safety Training - Dubai
- **Crane Lifting Operation Training** Parsons University
- **Excavation Safety Training** Parsons Uni
- **Advanced Food Safety Officer Course** GMP safety institute
- **Dubai HACCP level 3 course** GMP safety institute - Dubai

Professional Experience

HSE Engineer - Hill International - PMC- Jeddah, Saudi Arabia 2024 - Present - Lucid Motors Manufacturing Facility Project - KAEC

Key responsibilities:

- Coordinating with the PMC Project Manager/Construction Manager in the implementation of effective HSE management systems at project site.
- Reviewed & approved contractor HSE Docs, method statements & Risk Assessments, HSE Submittals. Monitoring & ensuring compliance with project HSE Plan and HSE protocols & standards.
- Conducted HSE Induction training & Safety Trainings for new hire & for staff
- Site safety inspections, Safety Audits, HSE weekly & monthly report, Monthly & weekly safety meeting with contractor. Project HSE Statistics, KPIs
- Incident investigation, HSE Alerts, Leasson learned, corrective actions.
- Issued NCRs & SORs for non-compliance of safety procedures.

HSE Manager - Rons FM - Dubai, UAE.

2016 - 2024 - Emrill, Meydan, Burj Khalifa, Emaar Projects

Key responsibilities:

- Leading health & safety team ensuring 100% compliance with local legal laws & regulations implementing safety management system, safety procedures & Plans to achieve zero incident target. 30% incident reduction
- Developed site specific HSE Procedures & Plans, Safety Training Programs,
- Regular site inspections, HSE Walk through, Safety Audits, Daily Site Safety observation. Safety meetings with contractors.
- Preparing Weekly & Monthly HSE Reports & statistics, HSE Alerts, HSE Registers, HSE Docs record keeping.
- Incident and accident investigation. Near miss reporting, Issuing HSE Alerts & Lateral learning.
- Conducting safety trainings, emergency drills, maintaining emergency fire equipment. Prepared Risk assessments & Reviewed MS.
- Contractor management & monitoring their performance, HSE docs review

HSE Officer - Parsons International - PMC- Jeddah, Saudi Arabia 2014 - 2016 - Prince Fawaz Housing Project - Jeddah

Key responsibilities:

- Implementation of project HSE Plan & monitoring contractor safety performance.
- Daily Site inspection, safety observation reporting, Incident reporting, work permit issuance, Conducting new hire safety orientation training
- Accident / Incident investigation. Issuance of NCR & SOR to contractor on non compliance of safety procedure.
- Heavy equipment inspection and third party certification verification at site.
- Permit to work for at site checking and other HSE Docs MS/RA, TBT, etc.

HSE Trainer - Arabian Training & Safety Academy - Muscat, Oman 2012 - 2014 - PDO certified HSE Trainer - All PDO Projects Oman

Key responsibilities:

- Conducting HSE training & courses HSE induction, H2S awareness, and Safety leadership & fire safety courses etc.
- Updates materials as dictated by changes in regulations and/or programs
- Performs administrative duties to track completion of training, scheduling of classes and resources, compile and prepare statistical information on training program status

Strengths

- Safety Training & Safety Audits
- Risk Assment & Safety Procedure Development
- Incident / Accident Investigation
- Site Inspection / hazard Identification

Soft Skills

- Observation
- Problem Solving
- Communication
- Multi-tasking

Languages

- English ----- Fluent
- Hindi ----- Fluent
- Urdu ----- Fluent
- Punjabi ----- Fluent

Achievements

2006 – 2011 Managed five projects worth over \$100million.

2006 – 2011 Reducee accident / Incident to 99% and achieve zero incident target.

Awards

Rescue Team leader – Award Rescued one employee from confined space.

References

Mr. Ahmed Hussein – Construction Mangr
Ph: +966 50 466 7907
Mr. Tarek Fahmy – Construction Mangr
Ph: +966 59 453 8501

HSE Advisor – AL EZ Transport & Contracting Co. – Safah, Oman 2011 – 2012 – Safah Oil field & Abu Tabul Oil field Projects

Key responsibilities:

- Faced lots of challenges regarding workforce language barrier and incompetency.
- Conducting safety Courses Induction training, LSR –life–saving rules monitoring Weekly safety meeting, Weekly & Monthly HSE Reports, Safety observation. Corrective Action Plan, Weekly HSE site walk through,Waste Management Report, Camp Inspection, Kitchen health & Hygiene Inspection, Safety Auditing. Maintaining Inspection registers, Accident / Incident Investigation, Training Matrix

HSE Supervisor – Tekfen construction & Installation Co. – Saudia 2006– 2011– Saudi Aramco – Petro Rabigh Oil Refinery Extension Project & Maaden –Phosphoric Acid Plant Project

Key responsibilities:

- Daily site safety inspection to identify unsafe conditions or non-compliance
- Conducting Tool box talk, Weekly safety meeting. Weekly HSE Walk through
- During site visit checking all the PTWs avaiibility and validity.
- Monthly Inspection of Fire extinguisher,first aid box, smoke detector, heavy equipment,
- Monitoring the daily activity of stie officers team to ensure safe work place activities.
- Ensuring safety sign boards availability at site.
- lifting operation, hot work activities, excavation, scaffolding, confined space,
- Maintaining safety notice board and site safety signage. PPE Compliance, PTW compliance,
- Material Storage area & Chemical storage area inspection, safety observations at site.

HSE Officer – Shell Oil Installation Pakistan ltd – karachi, Pakistan 2000– 2006– Shell Oil Despatch & Storage Installation – Keamari Depot – Karachi, Pakistan

Key responsibilities:

- PI (potential incident) reporting Incident Reporting.
- Conducting safety meetings with drivers.
- Conducting In-house safety trainings such as fire safety, work at height etc
- Maintaining record of daily checklists. Route Hazard Mapping.
- Seat belt compliance check on the road Emergency instruction & guidance.
- Mobile Training Unit In charge and Defensive Driving Course conductor. Conducting DDC (defensive driving course).

"I hereby declare that the above particulars of facts and information stated are true, correct and complete to the best of my belief and knowledge.