

# Muhammad Idrees

Contact: [0507630928](tel:0507630928)

Profession: OHS Supervisor

IQAMA: Transferable

Driving License: Yes

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Address: Riyadh, Kingdom of Saudi Arabia



## Profile Review:

A dedicated and experienced Safety Officer with a strong background in the construction sector, currently **SEC-approved** and working on the **New 3x30MVA, 33/13.8kV substation** project. Committed to enhancing safety protocols and ensuring compliance with Saudi Electric Company's (SEC) health, safety, and environmental (HSE) standards, including adherence to the 5-Star Safety Guidelines. Seeking to leverage my expertise in risk management, incident prevention, and safety optimization to contribute to a safer work environment. Passionate about promoting a culture of safety excellence and continuous improvement across all levels of operation while upholding SEC-approved procedures and standards.

## **Education:**

NEBOSH [IGC].	International General Certificate Health and Safety.
HSE engineering	Pakistan Technical & Educational Council
BSCS Masters	BISE AWKUM
Mardan, Pakistan	FSc. Pre-Engineering BISE Mardan
Mardan, Pakistan	Matriculation BISE Mardan

## Certification:

- Managing safely by IOSH
- 30 hours Construction Industry Standards by OSHA
- First Aid & CPR
- Basic life support (BLS)
- International level 2 fire safety
- Risk assessor
- Fire prevention and control
- Incident commander

## WORK EXPERIENCE:

### 1. Enhancement Power International (EPI)

Client: Saudi Electric company  
Project: Construction of new Sub-Station 3X30MVA, 33/13.8Kv Hutat Sudair  
Position: Safety officer  
Period: from March, 2024 to till date

### 2. Base and target construction company

Main contractor: LINXON  
Client: Saudi Electric company  
Project: Extension of Khulais 380kv Sub-Station  
Position: HSE officer  
Period: from Oct, 2023 to March, 2024

### 3. Base and target construction company

Main contractor: LINXON  
Client: Saudi Electric Company  
Project: Extension of Thuwal 380kv Sub-Station  
Position: HSE officer  
Period: from Feb, 2022 to till Aug, 2023

#### **4. Base and target construction company**

Job Title: Safety Officer  
Project: Tameer Ware House  
Duration: May, 2021 To Feb, 2022

#### **5. Expert Roots Contracting Co**

Job Title: Safety Officer  
Project: Access Road to Sharran Resort  
Duration: Sept. 2020 till March 2021.

## Skills:

- Risk Assessments
- Hazard Identification and Evaluation
- Root Cause Analysis
- Internal Auditing / Inspection
- HSE Management System
- Incident Investigation
- Environmental Management
- Permit to work System
- Emergency Mock Drills
- Behavior Based Safety

## Responsibilities:

- Developing & modifying HSE Plan as per workplace conditions with clients and Legal requirements.
- Preparing policies, procedures and monitoring activities, conducting internal audits & site inspections to check policies and procedures are being complied.
- Taking part in process of risk assessment and preparing JSA, JSP, HEMP & HIRA as per the nature of activity and complexity of workplace
- Reviewing periodically the Health and Safety Management plans and project related documents (Method statements, risk assessments, Emergency plan etc.).
- Assisting in the compliance of applicable local laws and regulations and advising safety standards & procedure to line management
- Advising top management about analytical improvements in existing strategies
- The task execution as per engineering & administrative controls that can

reduce exposure of workforce from unsafe acts & conditions.

- Developing and implementing a safety program to prevent or correct unsafe site conditions.
- Monitoring field activities in order identify unsafe acts & conditions and suggesting control measures as per approved HSE plan.
- Assisting client and management team during site visits and ensuring the identified observations by client and management are closed in time
- Analyzing HSE statistics on the daily, weekly and monthly basis to meet the company's safety goals & targets and maintaining record.
- Ensuring adequate PTW tracking system in place. Keeps track of valid work permits and ensuring closure of work permits on completion of work. Conducting PTW trainings, meetings and PTW auditing at site.
- Ensuring all safety documents, checklists are available and coordinated for smooth operations
- Conducting daily inspections on site premises to ensure equipment, tools and operations are safe to work in risk free environment.
- Conducting site training programs and ensuring only competent employees are allocated for the job.
- Ensuring adequate reporting system in place for near misses/incident/accident & corrective action taken against root causes to prevent reoccurrence.
- Participating in detailed incident investigations and root cause analysis and taking strong measures to avoid any such incidents in the future. recording them with recommendations.
- Training staff & workers as an in-house trainer. Includes Site Induction, PTW, Critical activities (Work at height, Hot work, Confined Space Entry & Lifting etc.), Emergency Response Plan and Behavioral Safety.
- Ensuring special preventive measure during critical activities like hot work, lifting, working at height and in confined space
- Conducting safety audits both internal & external.
- Proven ability to organize and motivate teams for safe, high-quality results and maximum productivity.
- Ensuring clarity to workforce regarding company's policies, procedures and effective compliance, in case of violation suggesting enforcement action.
- Assisting the Engineering and Operations Departments in their dealings with Clients in all issues concerned with Health and Safety at work.
- Providing for motivation and familiarization of all Company personnel respecting the importance of complying with Company system procedures and all Safety equipment provided.
- Conducting HSE audit on project and preparing Site specific Project Safety Plan, safety leading/lagging key indicator for each month, HSE statistic for the month as per the client program.
- Supervising the Health, Safety and Environment Management System of the projects to ensure compliance with applicable Legal, contractual and the Client's Requirements.
- Ensuring that surroundings of the project do not get affected due to the project activities

- Coordinate the H&S Activities between the company and any other individual contractors or Subcontractors who may be working with the Company.

### TRAINING PROGRAM:

- Work permit training
- Basic scaffolding awareness training
- Confined space training
- Crane lifting training
- Tools and equipment safety training
- Fall protection safety training
- Work at height training
- JSA [Job safety analysis] and risk assessment training
- Excavation.

### COMPUTER AWARENESS

- ❖ Microsoft power point
- ❖ Microsoft word
- ❖ Microsoft Excel
- ❖ Internet Browsing /sharing /email etc.
- ❖ Troubleshooting Hardware/software

### Languages

1. English (Conversational)
2. Urdu/Hindi (Native)
3. Arabic (below inte)