

MONZIR YOUNIS MAHMOUD

Occupational Health and Safety Officer

About Me

I seek to work as an occupational health and safety officer to apply and develop safety systems, participate in building a safe working environment, while continuing to develop my technical and administrative skills in the field of occupational safety and health. To work in a professional work environment, to contribute to enhancing the safety culture, minimising risks, and ensuring compliance with local and international standards and regulations to achieve a safe and healthy work environment.

Professional Experiences

Sela Air Conditioning and Refrigeration - Saudi Arabia Now_2024 February

Safety and Project Management Officer

- My tasks were summarised in management and planning.
- Project scoping and risk assessment.
- Managing the project team and safety equipment

Apply occupational safety and health regulations and standards (OSHA, ISO 45001). - Conducting risk assessments and analysing the work environment (Risk Assessment & Hazard Analysis). - Prepare emergency and evacuation plans and deal with accidents

ALmona Maintenance and Operation Company - Sudan 2022 - October 2018 January

Founder and CEO


Defining strategy: Developing a long-term vision and strategic plans to achieve the company's goals. - Managing operations: Overseeing departments (finance, marketing, operations, human resources...). - Making key decisions: Resource allocation, expansion, partnerships, acquisitions... - Leading the executive team


Al Bishri Roads and Bridges Company - Sudan 2017 - December 2016 June

Operations Officer

- Overseeing operations to ensure workflow
- Team management and coordination
- Minimise costs and improve operational performance

Contact information

monziryounis544@gmail.com 

0535224034_050728468 

Saudi Arabia-Riyadh 

Education

University of Science and Technology | 2016-2012

Bachelor of Business Administration

University of Khartoum | 2022 - 2021

Executive Master of Business Administration

Skills

- Implementing occupational health and safety regulations and standards
- Conducting risk assessments and analysing the work environment
- Preparing emergency and evacuation plans and dealing with accidents.
- Inspect and prepare periodic reports on the work environment.
- Knowledge of personal protective equipment (PPE) and methods of use.
- Monitor compliance with local and international safety regulations.
- Develop safety policies and procedures within the organisation.
- Coordinate with other departments to ensure a safe working environment.
- Manage work teams and organise awareness programmes.
- Prepare safety regulations and guidelines within work sites.

Languages

- Arabic
- English

Certificates

- OSHA
- ISO 45001:2018 'Internal Auditor'
- fire fighting
- Fire Warden Training
- Working at Height Safety Induction
- Fire Safety Induction
- Personal Protective Equipment (PPE)
- Advice for Leaders during a Crisis
- Internal Audit Awareness
- ICDL MS OFFICE
- BUSINSS START UP