

Kamran Ahmad

(HSE Officer)

NEBOSH Certified

Health Safety and Environmental Engineering (HSE) Certified

Occupational Safety and Health Administration (OSHA) Certified ☐

Institution Occupational safety & health (IOSH) Certified ☐

Phone No: +(966) 0565003764

Email Address: ka7546611@gmail.com

- Valid & Transferable Iqama
- Nationality Pakistani
- Language (English, Urdu, Arabi, Pashto)
- Availability Immediately

My Goal is to achieve **Zero Accident**



CAREER OBJECTIVE:

To work with a team in a well reputed Company, which has the potential to unearth individual excellence, can provide an opportunity to apply my technical, Innovative, and leadership skills to produce satisfying, exclusive and successful solutions to problems by using my professional skills in Safety and Health in challenging workplace by generating new ideas and create positive change. It will be utmost important for me to exert my sincere efforts for the excellence & betterment of Company to compete in market strongly.

EMPLOYMENT HISTORY:

Experience of above 5 years in Safety and Health

Ready to work with anybody in KSA Ready to work anywhere in Saudi Arabia

- **Client** : **NEOM**
 - **Organization** : **PETROJET**
 - **Project** : **WTPL**
 - **Position** : **HSE Officer**
 - **Duration** : **Agust 2023 to Till date**
-

- **Client** : **SAUDI ELECTRICAL COMPANY**
 - **Organization** : **HYUNDAI**
 - **Project** : **SS38B**
 - **Position** : **HSE Officer**
 - **Duration** : **1st Jun 2021 to 20th Jul 2023**
-

- **Client** : **Red Sea Development Company**
 - **Organization** : **Al Yamama**
 - **Project** : **RED SEA**
 - **Position** : **HSE Officer**
 - **Duration** : **5th April 2019 to 29th May 2021**
-

➤ **Duties & Responsibilities:**

- **Coordination with all functional organizations of clients, contractors & other subcontractors for ensuring safety at site.**
- **Preparation of Accident & Incident reports.**
- **Conduct safety orientation to all workers, vendors, visitors and ensure that they comply with standards & procedure of the project.**
- **Conducts safety orientation to newly hired workers.**
- **Site inspections with client to ensure safe working practices are followed.**
- **Conducting weekly tool-box talk for all supervisors & foremen.**
- **Attend Weekly Progress meeting with Contractor.**
- **Carry out surprise site checks to determine effectiveness and adequacy of system for safety.**
- **Highlight wrong practices being followed which are not meeting safety requirements & recommend corrective action.**
- **Develop of job Safety analysis and Hazards identification.**
- **Assist with training employees at all level.**
- **Facility inspections with representatives of other subcontractors.**
- **Reporting unsafe condition to foreman, job supervisor, or seniors.**
- **Checking and monitoring the Scaffolding tag system.**
- **Preparing daily/weekly safety audit report & conducting safety meetings.**
- **Acknowledgment/Evaluation/implement Safety Rules & Regulations.**
- **Coordination/Cooperation with site management to implement safe work.**
- **Daily observation and providing technical feedback.**
- **Preparation of Accident & Incident reports and investigation.**
- **Organize, monitor and coordinate Safety Awareness Program, Loss Prevention Program at site.**
- **To develop, train and educate supervisors & workers to follow safe working practices.**
- **Site inspections with client to ensure safe working practices are followed.**
- **Conducting weekly tool-box talk for all supervisors & foremen and employees.**
- **Attend Weekly Progress Meeting with contractor.**
- **Attend the client HSE coordination meetings.**
- **Weekly coordination meeting w/ the client and other contractor.**
- **Attend the weekly internal HSE meeting conducted by the project manager.**
- **Carry out surprise site checks to determine effectiveness and adequacy of system for safety.**
- **Highlight wrong practices being followed which are not meeting safety requirements & recommend corrective action.**
- **Organize, monitor and coordinate safety Awareness Program, Loss Prevention Programs at sites.**
- **Develop of job Safety analysis and Hazards identification.**
- **Assist with training employees at all level**
- **Reporting unsafe condition to foreman, job supervisor, or seniors.**
- **Checking and monitoring the Scaffolding tag system.**
- **Educates field supervisors and workers to follow safe working practices.**
- **Periodic inspections (Daily, Weekly, Monthly, Quarterly) and monitoring of all activities and facilities.**
- **Coordination with all functional organizations of clients, contractors & other subcontractors for ensuring safety at site.**
- **Preparation of Accident & Incident reports.**
- **Conduct safety orientation to all workers, vendors, visitors and ensure that they comply with standards & procedure of the project.**
- **Conducts safety orientation to newly hired workers.**
- **Site inspections with client to ensure safe working practices are followed.**
- **Conducting weekly tool-box talk for all supervisors & foremen.**
- **Attend Weekly Progress meeting with Contractor.**
- **Highlight wrong practices being followed which are not meeting safety requirements & recommend corrective action.**
- **Develop of job Safety analysis and Hazards identification.**
- **Assist with training employees at all level.**
- **Facility inspections with representatives of other subcontractors.**
- **Reporting unsafe condition to foreman, job supervisor, or seniors.**
- **Checking and monitoring the Scaffolding tag system.**
- **Educates field supervisors and workers to follow safe working practices.**
-

Qualification History:

Matric (Science Group) From Warsak public school Peshawar.

Fsc (Pre-Medical) From Government College Peshawar

BS (BS Hons 4 Years Degree in urdu)

SAFETY & HEALTH CERTIFICATES

- NEBOSH Certified.
- OSHA Course with international Certificate.
- IOSH with international certificate.
- HSE Certified.
- Basic first aid training from MMC hospital (Mohmand Medical Complex)
- Orientation & training workshop on school safety programme from PRCS PK
- Volunteer officer course against covid -19 form PRCS PK
- Working at height training
- Fire extinguisher training

COMPUTER SKILLS

- ❖ Fundamental of Window XP, Window **7&8,10** MS-Word, MS-Excel, MS-PowerPoint,
- ❖ And familiar with facilities of Internet. Can do every type of official work related to computer.
- ❖ PC Skills,
- ❖ Internet Surfing, windows, computer hardware installations
- ❖ Computer software's and hardware
- ❖ Freelancing
- ❖ Graphic Designing
- ❖ Video and Photo Editing
- ❖ Digital Marking
- ❖ E-commerce

SKILLS AND ABILITIES:

- ❖ Strong written and verbal communication skills Strong presentation skills
- ❖ Ability to deliver technical assistance in a form understood by customers and stakeholders
- ❖ Strong organizational, problem-solving skills and having dashing personality
- ❖ Ability to work autonomously and employ multiple approaches to overcome specific challenges
- ❖ Demonstrated skill in accountability and data analysis
- ❖ Matured analytic and interpretation skills
- ❖ Ability to orchestrate change & to meet tight timeframes
- ❖ Ability to balance multiple and competing priorities and maintain goal directed behavior and performance.
- ❖ Expert in Human Resource Management & believes in effectiveness & efficiency

- ❖ Impressive interpersonal qualities, maturity, judgment, enthusiasm, persistence, flexibility, and persuasiveness, energetic

EXTRA CURRICULAR ACTIVITIES:

- ❖ Played Cricket & Football at the District level, at College & University
- ❖ Playing hockey, Reading Books and Hiking
- ❖ Like extensive traveling & using Net



nebosh

NEBOSH International General Certificate in Occupational Health and Safety

This is to certify that

Kamran Ahmad

was awarded this qualification on

21 March 2023

Les Philpott
Chair

Dee Arp
Accountable Officer

Master log certificate No: 00733963/1346413

SQA Ref: R630 04



**The National Examination Board in
Occupational Safety and Health**

Registered in England & Wales No. 2698100
A Charitable Company Charity No. 1010444



This is a certificate awarded to

KAMRAN AHMAD

on successfully completing

Managing Safely

a course approved and validated by the

Institution of Occupational Safety and Health

in association with

ACME Institute of Safety Professionals

Approved Centre: 3278

Signed on behalf of IOSH

Vanessa Hammett-Williams

Chief Executive

[Signature]
Course Organiser



Date: 18 October 2023

Cert No: MS550590T

Possession of this certificate does not confer exemption from accredited qualifications which lead to membership of IOSH.



CERTIFICATE

OF ACHIEVEMENT

PROUDLY PRESENTED TO

KAMRAN AHMAD

This certificate signifies excellence in a rigorous training program, demonstrating expertise and commitment to professional development. The recipient is equipped to excel in their field and contribute to organizational success.

Level 3 Certificate in Environmental Management

In association with HiQual UK approved training
center

HSE Academy Pvt Ltd.

23rd October 2023

ISSUE DATE

Reece Ch.

REECE CHERRY
TRAINING DIRECTOR



CREDENTIAL'S ID: 136260



CERTIFICATE

OF ACHIEVEMENT

PROUDLY PRESENTED TO

KAMRAN AHMAD

The recipient of this certificate has successfully completed a rigorous training program, demonstrating a commitment to professional development and excellence in their field. Through this training, the recipient has acquired the knowledge and skills necessary to perform at the highest level and meet the demands of today's dynamic workplace. This certificate signifies that the recipient possesses the expertise and proficiency required to excel in their profession and contribute to the success of their organization.

Level 2 Award in First Aid at Workplace

In association with HiQual UK approved training center

HSE Academy Pvt Ltd.

9th October 2023

ISSUE DATE

Reece Ch.

REECE CHERRY
TRAINING DIRECTOR



CREDENTIAL'S ID : 136259



Roll No. 140920

Serial No. 009823

Board of Intermediate and Secondary Education
Peshawar
Khyber Pakhtunkhwa Pakistan



Secondary School Certificate Examination

(SCIENCE GROUP)

SESSION 2015-ANNUAL

Certified that Kamran Ahmad Son of Fida Muhammad

Student of Warsak Public School Garhi Sherdad Peshawar


has qualified for award of Secondary School Certificate in the Examination held in March, 2015

as a Regular student. He obtained 747 marks out of 1100 and has been placed in Grade B


Representing Very Good. The Candidate passed in the following subjects:

- | | |
|---------------------|---------------------|
| 1. English | 2. Urdu |
| 3. Maths | 4. Physics |
| 5. Chemistry | 6. Biology |
| 7. Islamiyat (comp) | 8. Pakistan Studies |

His date of birth according to Admission Form is 12 November, 1999


Asstt Secretary




Secretary

This certificate is issued without alteration or erasure.

Roll No. 90280

Serial No. 153141

Board of Intermediate and Secondary Education
Peshawar
Khyber Pakhtunkhwa Pakistan



Higher Secondary School Certificate Examination

(PRE-MEDICAL GROUP)

SESSION ANNUAL 2018

Certified that Kamran Ahmad

Son of Fida Muhammad

Student of Frontier Grammer School Garhi Sherdad Warsak Road Peshawar

Passed the Intermediate Examination of the Board of Intermediate & Secondary Education


Peshawar, held in April, 2018 as a Regular student. He obtained 518 marks

Out of 1100 and has been placed in Grade D representing Fair

Registered No. 0042-B/GMP-2015




Asstt. Secretary


Secretary

This certificate is issued without alteration or erasure.

Is awarded to

MR.KAMRAN AHMAD FIDA MUHAMMAD
SAFETY OFFICER

The project management would like to appreciate your most-valued support and outstanding effort contributed.

Your continuous assistant to the project **HSE** program will contribute to Incident-and-Injury-Free objective and successful completion of the SS38B project.

Given this 14th of June 2023 at *New Fais PV 380/110BSP Project*
(SEC Contract No. 4400013041)



H.S. CHOI
PROJECT MANAGER



OSHA

Certificate of Completion Professional Development Program

This is to certify that

KAMRAN AHMAD

Has demonstrated academic excellence with distinction by completing all academic requirements in this 30-hour OSHA Trainings Professional Development Certificate Program presented by OSHA Trainings Authorized Training Provider (ATP), ACN Safety Training Institute. This achievement demonstrates commitment and professionalism in the field of Occupational Safety and Health.

General Industry Safety and Health

OSHA-D/CD-Dr. Kazimelia Corbett
Director, Certification Department
OSHA Trainings



Certificates can be validated through the OSHA Trainings website.
<http://www.oshatrainings.gov/verify.php>

99101-234 Student # 15-09-2023 Issue Date



ACN Safety Training Institute
Las Vegas, USA
ATP #: 4830-1134 OSHA

The content of this training conforms with OSHA Department of Labor (OSHA) training standards and ANSI Z490.1, Criteria for Accepted Practices in Safety, Health and Environmental Training.



Trade Testing Educational Association

Established Under (ACT, XXI OF 1860 Govt. Of Punjab Pakistan)

TRANSCRIPT **HEALTH SAFETY & ENVIRONMENTAL ENGINEERING** **(FINAL RESULT)**

NAME : KAMRAN AHMAD
FATHER NAME : FIDA MUHAMMAD
REGISTRATION NO : GIIV/A-5562/PAK
ROLL NUMBER : AC5562
SESSION : JAN 2019-DEC 2020
CONDUCTED AT : GREEN INSITUTE OF IT & VISUALIZATION.

MODULE -I

SR NO.	SUBJECT	TOTAL MARKS	MARKS OBTAIN
01	INTRODUCTION TO MANAGING SAFETY	200	113
02	ASSESSING RISK	200	189
03	WORK EQUIPMENTS HAZARD & CONTROL	200	172
04	MOVEMENT OF PEOPLE / VEHICLES (HAZARD & CONTROL)	200	179
05	MANUAL & MECHANICAL HANDLING (HAZARD & CONTROL)	200	195
TOTAL MARKS		1000	848

MODULE -II

SR NO.	SUBJECT	TOTAL MARKS	MARKS OBTAIN
01	CHEMICALS & BIOLOGICAL HAZARDS & CONTROL	200	148
02	PHYSICAL & PSYCHOLOGICAL HEALTH HAZARDS & CONTROL	200	166
03	FIRE HAZARDS & CONTROL	200	161
04	CONSTRUCTION ACTIVITIES HAZARDS & CONTROL	200	179
05	PROTECTING OUR ENVIRONMENT	200	158
TOTAL MARKS		1000	812

OBTAIN MARKS	1660
TOTAL MARKS	2000
PERCENTAGE	83%
GRADE	A



CONTROLLER OF EXAMINATIONS



Online Verification (www.ttepakistan.org.pk)

Serial No. 05477

Roll No 102553

Khyber Pakhtunkhwa Board of Technical Education



PESHAWAR (PAKISTAN)

DIPLOMA IN INFORMATION TECHNOLOGY

Session 1st Term 2018

This is to certify that

Mr./Miss. KAMRAN AHMAD

Son/Daughter of FIDA MUHAMMAD

Registration No. ICEL/SQR/DITR/2ND-17/74705


of INSTITUTE OF COMPUTER AND ENGLISH LANGUAGE SHABQADAR

has satisfactorily completed the one year duration Information Technology course titled "Diploma in Information Technology" and passed the Examination held by the Khyber Pakhtunkhwa Board of Technical Education, Peshawar, in the month of February 2018

He/She secured 1115 Marks out of 1400 and has been placed in Grade A

In recognition thereof, this Diploma In Information Technology is awarded to him/her at Peshawar,

on the 6th day of July 2018


ASSISTANT SECRETARY


SECRETARY

This Diploma is issued without any alteration or eraser



International
Labour
Organization

Certificate of Attendance

Kamran Ahmad

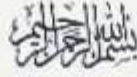
Attended the NEBOSH webinar

**The Impact of Climate Change and Heat Stress
on Occupational Health and Safety**

Delivered as part of ILO World Day for Health and Safety at Work 2024

29 April 2024, 12pm-1pm





University of Peshawar Pakistan

This certifies that

Kamran Ahmad son of **Fida Muhammad**

having fulfilled all the requirements is hereby admitted to the degree of
Bachelor Studies in Urdu

and is entitled to all the rights, honours and privileges thereunto appertaining.

Given this 18th day of October, 2023.

Roll No: 186495

Session: 2018-2022

Reg. No: 2018-EMA-2380



228949


Registrar


Vice Chancellor