

ABDULLAH ALFARAJ



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Riyadh, Saudi Arabia

Professional Summary

Occupational Safety and Health Specialist with experience in construction, facilities, and healthcare, including hands-on roles at King Abdullah Financial District (KAFD) and King Abdullah bin Abdulaziz University Hospital (KAAUH). Strong focus on compliance, hazard prevention, promoting workplace safety, and fostering a strong safety culture while maintaining safe work environments.

EDUCATION

- Diploma in Occupational Safety and Health - Applied Technical College, Riyadh.
- G.P.A (4.44)
- Graduation Year: 2024.

EXPERIENCES

Organization: King Abdullah Financial District (KAFD), Riyadh

Job title: Occupational Safety and Health Specialist, (Contracted by 9Red)

Period: 12/2024 – 09/2025

- Conducting inspection rounds at construction sites and interior finishing works to ensure compliance with safety standards and identify any observations.
- Carrying out regular inspection rounds across towers and buildings within KAFD to monitor occupational safety and health compliance.
- Verifying the required permits and ensuring all activities comply with safety and regulatory approvals.
- Supervising events and activities held at KAFD from a safety perspective and ensuring emergency plans are properly implemented.
- Investigating safety-related incidents and accidents, preparing recommendations to address root causes, and preventing recurrence.
- Preparing and following up on daily reports covering inspection findings, incidents, and overall safety compliance.

Organization: Academic Training (King Abdullah bin Abdulaziz University Hospital (KAAUH)), Riyadh

Job title: Occupational safety and health officer, 06/2024-08/2024

- Providing safety and occupational health support to ensure a safe working environment for hospital staff and patients.
- Collaborating with hospital staff, including medical and administrative teams, to implement and maintain strong safety and health protocols.
- Organizing training programs on safety and emergency procedures to prepare hospital staff for potential hazards.
- Conducting regular safety inspections to identify and mitigate risks, ensuring all hospital facilities comply with safety regulations and standards.
- Implementing fire prevention programs, including the installation and maintenance of fire safety equipment and conducting fire drills.

SKILLS

- Comprehensive knowledge of local and international occupational health and safety standards and regulations.
- Risk assessment, classification, and implementation of effective control measures.
- Accident, emergency, and crisis management.
- Planning, organizing, and leading teams.
- Conducting safety inspections and ensuring compliance across facilities.
- Effective communication, negotiation, and collaboration.
- Problem-solving, stress management, and adaptability.
- Time management and continuous professional development.
- Proficient in Microsoft Office Suite.

COURSES

- Saudi Council of Engineers (SCE) – Technical Membership (Occupational Safety & Health). Membership No. 1175185. Expiry: 17 Sep 2028.
- Certified in Occupational Safety and Health (Practitioner Level) – Kawader Program, Ministry of Human Resources and Social Development.
- Occupational Safety and Health in Construction Sites – (2025), National Council for Occupational Safety and Health (Saudi NCOSH).
- OSHA (2024) kAM, UAE.
- Word Basics (20 hours) - (2024) Applied Technical College, Riyadh.
- PowerPoint Basics (20 hours) - (2024) Applied Technical College, Riyadh.
- Excel Basics (20 hours) - (2024) Applied Technical College, Riyadh.
- Computer and Network Security Basics (20 hours) - (2024) Applied Technical College, Riyadh.
- Occupational Safety and Health (15-05-2024) Doroob. Microsoft PowerPoint (25-04-2024), Doroob.
- Occupational Health and Safety Workshop (02-04-2024), Technical College, Balqarn.
- Communication and Dialogue Skills (2023) - (20 hours), Applied Technical College, Riyadh.
- Teamwork and Team Building (2023) - (20 hours), Applied Technical College, Riyadh. Fundamentals of Cloud Services (2023) - (20 hours), Applied Technical College, Riyadh.
- Interpersonal Skills (06-06-2023), Applied College, Imam Mohammed bin Saud Islamic University.

LANGUAGE

- Arabic (Native)
- English.