

Saad Ullah

Health and Safety Officer

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Summary

Safety Officer with 4+ years of experience in multiple mega projects. Skilled in site inspection, risk assessment, and hazard mitigation. Expertise in workers' safety training, conducting regular safety drills, maintaining HSE documentation, and emergency response planning. Proven track record of maintaining zero LTI on multiple projects for prestigious clients such as Red Sea Global, Amaala, and Maadan by enforcing strict compliance with international standards.

Experience

BYRNE **Sep 2025 - Oct 2025**
HSE Officer Core Shed, Al-Kamil

- Managed full-scope HSE operations for Ma'aden Core Shed tent and warehouse construction, ensuring 100% compliance with Saudi environmental law and hazardous waste management standards.
- Conducted daily site inspections, PTW compliance checks, and risk assessments, maintaining alignment with client HSE protocols and achieving timely close-out of all observations.
- Prepared and reviewed HSE documentation, TBT records, and coordinated subcontractor safety compliance while leading emergency drills to sustain zero-incident performance.

AGGREKO **Aug 2024 - Aug 2025**
HSE Officer Early Power, Amaala

- Provided comprehensive HSE support to Larsen & Toubro (L&T) on the Amaala Early Power project, performing daily risk assessments, Toolbox Talks, and chemical safety monitoring.
- Led fire and emergency response drills, safety awareness programs, and LOTO compliance training in collaboration with lead engineers to enhance site-wide safety culture.
- Maintained MSDS, environmental records, and incident reports, contributing to zero LTI and zero minor injuries across one year of continuous operations.

TIEJUN **Oct 2023 - Jun 2024**
HSE Officer MLH Hotels, Amaala

- Oversaw critical lifting operations, work-at-height activities, and hot works, ensuring all operations align with PTW systems, ISO 45001, and RedSea safety standards under a high-pressure construction environment.
- Conducted continuous risk assessment and hazard control measures across multiple subcontractors, focusing on scaffold integrity, fire prevention, housekeeping, and waste management.
- Coordinated with senior safety leads for worksite safety audits, inspections, and incident reporting, ensuring zero project delays through proactive issue resolution.

SEPCO 3 **Jun 2022 - Sep 2023**
HSE Officer Golf Club, Shura Island

- Monitored confined space and excavation activities up to 3m depth for the Golf Club, Red Sea project, including manhole installations, and implemented structured risk controls and emergency rescue procedures that align with safety standards.
- Conducted heat stress monitoring, workplace inspections, and PPE compliance checks to protect workforce health in extreme environmental conditions.
- Supported villa construction operations, reviewed daily PTW systems, worker engagement through Toolbox Talks, and hazard mitigation strategies.

Education

Punjab Group Of Colleges **2018 to 2020**
Pre Engineering FSc
73.5%

Construction Technical Training Institute **2020 - 2021**
Auto and Diesel Mechanical A/D
83%

Skills

HSE Compliance: Risk assessment and hazard mitigation, incident investigation and root cause analysis (RCA), Permit-to-Work (PTW) systems, HSE Audits and inspections, Safety procedure development, emergency response planning, and corrective actions implementation.

Safety Protocols: LOTO (Lockout-Tagout), Confined Space Entry, Work at Height Safety, Scaffolding & Excavation Safety, Electrical & Mechanical Safety, Hot Work Operations, Material Handling, Chemical Storage & Hazardous Waste Management.

Standards & Regulations: Comprehensive understanding and practical application of OSHA, ISO 45001, ISO 9001, Saudi Arabian Labor & Environmental Safety Laws, and ILO Standards, ensuring full legal and operational compliance.

Tools & Software: Proficient in Microsoft Office Suite (Word, Excel, PowerPoint), Canva, and digital HSE systems for documentation, performance KPI tracking, inspection reporting, and data-driven safety analysis.

Communication & Leadership: Strong command over written and verbal communication; skilled in contractor coordination, workforce engagement, and leading safety inductions and toolbox talks to drive a proactive safety culture.

Workplace Adaptability: Proven ability to perform in high-demand environments with extended work hours, diverse teams, and changing site conditions while maintaining strict compliance and safety excellence.

Certifications	NEBOSH IGC <i>Student ID: 00748330</i>	2023
	IOSH <i>Approval Centre: 4327</i>	2023
	OSHA <i>Student i'd: 209780-115</i>	2023
	PTE <i>Student i'd: 432242484</i>	2022

Third Party Certificates (TPC)	Spill Responder Certificate Alliance Infinite	JUN 2025
	Electrical Safety Certificate UV Gulf	JAN 2025
	Certified First Aider Tove Leeds	Aug 2024
	Fire Warden Tove Leeds	Aug 2024

Languages	English Professional	Urdu Native	Arabic Learner
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Awards	RSG Approval Red Sea Global Got RSG Approval after a successful interview and safety performance on site	June 2024
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Note *"To keep this resume ATS compliant, documents will be shared separately upon request."*