

Zahid Aslam – HSE Officer / Supervisor

Peshawar, Pakistan | +92 328 574 2700 | dervishlala12@gmail.com
Willing to relocate anywhere in the world.

Professional Summary

Dedicated and certified Health & Safety professional with over 11 years of hands-on experience in construction, residential building maintenance, and security supervision across Saudi Arabia and Australia. Skilled in implementing HSE procedures, performing risk assessments, conducting inspections, and ensuring regulatory compliance. Holder of NEBOSH IGC, OTHM Level 7 Diploma, and an Australian diploma in Engineering Design. Proven ability to lead safety initiatives, reduce incidents, and ensure a compliant working environment.

Certifications & Qualifications

- NEBOSH IGC – Occupational Health and Safety, UK
- OTHM Level 7 Diploma – Environmental Management & Sustainability, UK
- Diploma of Engineering Design – Chisholm Institute of TAFE, Melbourne, Australia
- White Card (WorkSafe Australia) – Construction Site Safety Certification
- CPR & First Aid | Risk Assessment | PTW | Incident Investigation

Professional Experience

Residential Building Caretaker / HSE-Focused Maintenance Supervisor

Madinah, Saudi Arabia | 04/2017 – 08/2023

- Oversaw general safety and maintenance operations in a residential building
- Conducted regular safety inspections and preventive maintenance
- Supervised repairs in compliance with safety standards
- Maintained documentation and emergency procedures

Construction Site Worker / Safety Assistant

Melbourne, Australia | 02/2012 – 12/2013

- Supported site safety, PPE use, and hazard awareness
- Managed materials and inspections

Site Security & Safety Monitoring

Melbourne, Australia | 2013 – 2016

- Ensured site safety and event compliance
- Supervised crowd control and access

IELTS Trainer (Freelance)

Pakistan & Online | 08/2023 – Present

- Delivered academic/general IELTS prep
- Mentored 50+ students

Key Achievements

- Developed HSE documentation that enhanced protocols
- Reduced breaches by 30% via incident analysis
- Maintained zero-incident record during 3 years

Skills

- Risk Assessment & Hazard Identification
- Safety Audits & Inspections
- Emergency Response Planning
- Environmental Reporting
- Building Maintenance Oversight
- Permit-to-Work (PTW) Procedures
- Safety Training & Toolbox Talks
- Tools: Power Tools, Hand Tools, MS Office
- Languages: English (Fluent), Urdu (Fluent), Pashto (Native), Arabic (Basic)

Education

- OTHM Level 7 Diploma – Environmental Management and Sustainability (UK)
- NEBOSH IGC – Occupational Health & Safety (UK)
- Diploma in Engineering Design – Chisholm Institute of TAFE, Australia