

David Kiernan

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Experienced Health and Safety Manager and Advanced Paramedic with a proven track record in planning, leadership, and multi-agency collaboration across high-pressure environments. Over 25 years of experience driving safety compliance and risk management in healthcare, emergency services, and construction sectors. Demonstrated ability to lead cross-functional teams, implement effective safety systems, and deliver results in both strategic and operational roles. Adept at conducting detailed risk assessments, developing safety protocols, and coordinating emergency response planning. Committed to fostering a proactive safety culture and continuous improvement through strong communication and stakeholder engagement.

Willing to relocate: Anywhere

Personal Details

European Union Work Permit: Yes

Highest Level of Education: 18

Industry: Education & Instruction, Healthcare, Management

Total years of experience: 25

Work Experience

Instructor

Irish Training Solutions-Offaly

Present

Hostile Environment Awareness Training (HEAT) Instructor

Emergency First Response (EFR) Instructor

First Aid Responder (FAR) Instructor

CPR/ BLS Instructor

Risk Management

Senior Training Instructor

Prometheus-Abu Dhabi

January 2025 to Present

Senior Training Instructor responsible for Tactical Military Medical Training

Advanced Paramedic

Code Blue-Dublin, County Dublin

January 2016 to Present

Advanced Paramedic responsible for

- Advanced Emergency Care
- Emergency & Operational Planning
- Team Leadership

- Large scale Emergency Planning and Supervision
- Training & Development
- Risk Assessment & Preventive Care
- Occupational Health Strategy

Advanced Paramedic

Emergency Services Training Institution-Dublin, County Dublin
September 2011 to Present

Advanced Paramedic duties including - Swift Water Rescue, Wilderness Medic, Special Event cover, Health & Safety advisor. Instructor -

BLS/AED,

Emergency First Response instructor to National Fire Services

Emergency First Response Instructor to Irish Military and Police units

First Aid Response instructor

Advanced Tactical Medic instructor

SIM/Lab Paramedic Instructor

Large capacity public events. Lead Advanced Paramedic adviser to Special Forces film production.

VIP Paramedic - Film and music.

Emergency Response Manager/ Occupational health

MERT International-Winschoten
January 2024 to December 2024

Emergency Response /Health & Safety Manager for a Data center construction project Responsible for

- Emergency Response Team
- SMS/ Safety Statement/Policy. Accident Investigation. Toolbox talks.
- Risk management, threat analysis and safety management.
- Occupational Health and Well being. Employee Assistance Programs
- Major Incident Response
- Confined Space Rescue

Flight Paramedic

Alphastarav/ THC-Ryadh
May 2023 to December 2023

Flight Paramedic, multiple sites in Saudi flying IFT and HEMS missions on Rotor Wing and Fixed Wing.

Aircraft type - AW 139, 160, EC- 145.

- Clinical instructor and mentor
- Helicopter base lead medic
- Critical Care role
- Responsible for new base set up and management
- Crew Resource Management
- Risk Assessments/ Health, Safety & Welfare.
- Aviation Safety & Occupational Surveillance Programs

General Authority of Civil Aviation (GACA) Member. Modules completed -

- Helicopter Crew member duties
- Helicopter crew max-min rest periods
- Air ambulance quality stamp
- Aircraft noise abatement

- Aircraft Medical configuration
- Safety Management Systems
- Pre- flight safety briefs
- Aircraft mission limits
- Aircraft limitations of flight in adverse weather
- Infection control
- Aircraft servicing and fueling
- Aircraft Security
- Aircraft Safety Training Program
- Aircraft Accident Plan Incident Reporting
- Aircraft Maintenance planning
- Aircraft Helicopter Emergencies

Private Military Advisor

PMC-North Africa

January 2023 to March 2023

Private Military Adviser to government military service. Lead Advanced Paramedic responsible for developing and implementing a structured Tactical Combat Casualty Care course to meet the clients needs. Emergency care and Medical Clinic for all staff including in country medical needs and medical repatriations.

Risk assessments/ Health, Safety& Welfare management

Helicopter military drills and medical evacuation

Advanced Paramedic Supervisor

HSE National Ambulance Service (Ireland)-Dublin, County Dublin

August 2000 to February 2023

Advanced Paramedic Clinical role

Supervisory Duties.

Instructor/ Train the trainer

Clinical supervisor

Safety, Health & Welfare manager responsible for

- The Safety Management System for all stakeholders
- Policy documents and legislation compliance
- Health Risk Management
- Health Surveillance & Specific Hazard identification
- Health Promotion
- Emergency preparedness
- Education & Training
- Collaboration with the Occupational Health Department and the Department of Health

Responsible for station management including

- HR, rosters, budgets, clinical reports/ audits
- Quality assurance. Best clinical practice.
- Fire Safety

H-dip Advanced Paramedic, National Ambulance College/UCD

Phlebotomy Certification

Train the trainer/Instructor

Major Incident Management System (MIMS)

Masters Degree - Emergency Medical Science

Advanced Paramedic Team leader

Hamad Medical Corporation-Doha

August 2022 to December 2022

Advanced Paramedic Team leader responsible for advanced medical care to all staff and visitors at multiple locations for the FIFA World Cup 2022.

Responsible for

- Team Leadership & Coordination
- Emergency Medical Response oversight
- Operational Planning
- Liaison with other services
- Risk Assessment & Preventive Care
- Documentation & Reporting
- Team Training & Readiness
- Major Incident Response

Advanced Paramedic

SHELL Ireland-Corrib, Ireland

January 2014 to October 2014

Occupation Health Manager responsible for Medical Health screening for SHELL Ireland employees to include-

- Health Risk Assessments
- Policy Development
- Health Surveillance
- Training & Education

Advanced medical care to employees on site.

Confined space rescue course.

Health & Safety management

Education

Occupational Health & Safety (Post Grad Certificate (L9))

Communications and Management Institute-Dublin, County Dublin

September 2024 to Present

Occupational Health & Safety (IOSH) (Certificate (Distinction))

CPL-Dublin

March 2025 to March 2025

Level 5 (QQI) Certificate in Occupational Health & Safety

Business Management (Certificate in Effective Leadership and Change Management (QQI Level 6))

South East Technical University-Carlow Town, County Carlow

May 2024 to December 2024

Emergency Medical Science (Master's degree (QQi Level 9))

UCD-Dublin, County Dublin

September 2014 to May 2016

MSc Paramedic Science

Emergency Medicine Advanced Paramedic (H-dip (QQi Level 8))

UCD-Dublin, County Dublin

September 2006 to June 2007

Paramedicine (Higher diploma)

University Pittsburgh Medical Centre-Pittsburgh, United States

September 2003 to May 2004

Business Management (Diploma in Supervisory Management (QQi Level 7))

National College of Ireland-Dublin, County Dublin

September 2002 to May 2003

Skills

- ECDL (10+ years)
- Advanced Cardiac Life Support (ACLS) (10+ years)
- Flight Paramedic (2 years)
- VHF Radio licence operator (10+ years)
- Helicopter Underwater Escape Training (HUET) Alphastarav (2 years)
- Helicopter Rear Crew
- Pre-hospital Trauma Life Support (PHTLS) (10+ years)
- Paramedic Experience (10+ years)
- Higher education teaching
- Medical terminology (10+ years)
- Swift Water Rescue Technician (5 years)
- CPR Instructor (10+ years)
- Advanced Tactical Medic (5 years)
- Phlebotomy
- First Aid Response Instructor (10+ years)
- Communication skills
- Microsoft Office
- Basic Life Support Instructor (10+ years)
- Emergency First Response Instructor (10+ years)
- Hospital Experience
- Hostile Environment Awareness Training (HEAT) Instructor (5 years)
- Occupational health (10+ years)
- Health Safety & Staff Welfare (10+ years)
- Pediatric Advanced Life Support (PALS) (10+ years)
- Helicopter Search and Rescue Course Irish Aer Corp (1 year)
- Management (10+ years)
- Emergency Vehicle Operators Course (10+ years)

- Mountain Leader (2 years)
- General Authority of Civil Aviation (GACA) Saudi Arabia, Member (2 years)
- Boat Handling Course (10+ years)
- Teaching
- Managing Aggression- Potential Aggression (MAPA) Instructor (10+ years)
- Critical care experience (10+ years)
- Critical Care
- Hostile Environment and Terrain (HEAT) Instructor (5 years)
- Air Ambulance (2 years)

Languages

- Arabic - Beginner

Military Service

Branch: Infantry/Air Corp

Service Country: Ireland

Rank: Cpl

January 1990 to June 2001

Combat Medic

2 Overseas Missions (UNIFIL) United Nations Force in Lebanon.

Flight medic/Helicopter SAR course

Flight Safety Management - CRM, Flight Safety Programs, Audits.

Helicopter Underwater Escape Training (HUET)

Fitness Instructor

Explosives Specialist Search Team.

Various Weapons Courses.

ECDL Course.

Advanced Military Communication Course

Military Leadership and management course

Awards

Phlebotomy

March 2017

An Bord Altranais Phlebotomy Course

Advanced Tactical Medic

March 2012

Medic Up

Pennsylvania

USA

Advanced Paramedic

June 2007

H-dip QQI level 8 Advanced Paramedic
UCD Dublin Ireland

Paramedic Diploma

March 2004

NREMT - Paramedic
Centre for Emergency Medicine
Pittsburgh
Pennsylvania
USA

Course included -
Helicopter Operations - Type - EC- 135, BK - 117
Emergency Vehicle Operator Course
Advanced Cardiac Life Support
Advanced Medical Life Support
Pediatric Advanced Life Support
Geriatric Emergency Medical Response

Supervisory Management Diploma

May 2002

National College of Ireland

Combat Medic

November 2000

Irish Defence Forces

Emergency Medical Technician

September 2000

OBI
Dublin Fire Brigade Training Centre
Dublin

Certifications and Licenses

ISO 45001 Occupational Health & Safety Management

September 2025 to Present

ISO 45001 Standards

Introduction to Construction Safety for Maintenance Staff and Small Contractors

September 2024 to Present

Health Service Executive

Introduction to Aircraft Leasing

August 2024 to Present

International Aviation Lease Training Association (IALTA) iRELAND

The Fundamentals of Enterprise Risk Management

August 2024 to Present

Health Service Executive Ireland

ISO 45001

April 2024 to Present

Managing Health & Safety in the Healthcare setting

February 2020 to Present

Health Service Executive Ireland

Phlebotomy

September 2006 to Present

National Ambulance College/UCD Phlebotomy Certification

Solas Safe Pass

October 2024 to October 2028

ACLS

June 2023 to June 2025

PALS

June 2023 to June 2025

PHTLS

November 2023 to November 2024

PHECC Advanced Paramedic

September 2019 to September 2020

EMT Certification

Groups

Irish Coast Guard

Volunteer Irish Coast Guard member

Emergency medical instructor to the unit advising on best policy and equipment and multi agency response in incidents.

Lead medic to active incidents.

Search awareness course

VHF radio operator course

active member to multiple emergency events and public safety

Drogheda Boyne River Rescue

Active member of Drogheda river rescue involved in multiple sea and river incidents.

Lead medical instructor responsible for First Aid response, Emergency First Response, Casualty care at sea,

Swift Water Rescue Technician

Advanced Rope Rescue

Boat Handling

VHF and emergency communications

Major incident liason

Developing and Implementing a Community First responder scheme providing training and advice to staff members in conjunction with the National Ambulance Service

Additional Information

Hobbies -

Kayaking

Scuba Diving

Open sea swim

Run racing

Mountaineering

community involvement