

Saud Ayed Abdullah Al-Shahrani

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Seeking To Apply My Acquired Experiences Within A Competitive Work Environment That Enhances My Ability To Progress And Fulfils My Passion To Gain Experience And Skills.

Education

- **Diploma Degree**
 - Specialization: Environmental Protection
 - Institution: Technical College in Khamis Mushait
 - Grade: Good
- **Bachelor's Degree**
 - University: King Khalid University
 - College: Sciences
 - Specialization: Biology

Experiences

Hager Manufacturing Company

- Position: Public Relations Officer
- Duration: (2018 – 2022)

Southern Region Cement Company

- Position: Occupational Health and Safety Practitioner
- Duration: (31 / 01 / 2022 – 31 / 05 / 2023)

Abdulhadi Abdullah Al-Qahtani & Sons Beverage Industry Co. Ltd.

- Position: Occupational Health and Safety Supervisor
- Duration: (06 / 06 / 2023 – 31 / 12 / 2024)

Khairat Al-Aflaaf Factory Company

- Position: Occupational Health and Safety Supervisor
- Duration: 01/01/2025 – Present

Courses & Certificates

- **Facility Safety from Hazards Course** | by: Mithaq Training Institute | 3 days (15 hours)
 - Date: (02/03/2025)
- **Occupational Safety and Health Course (According to OSHA Standards)** | by: Mithaq Training Institute | 3 days (15 hours)
 - Date: (02/03/2025)
- **Safety and Occupational Health Program** | Certificate: Level 1 (Practitioner) in Occupational Safety and Health
 - Date: (31/01/2023)
- **Professional Classification** | Saudi Commission for Health Specialties (Public Health Technician)
 - Validity: (28/06/2020) to (28/06/2022)
- **Occupational Safety and Health Course**
 - Based on OSHA Standards (USA) – 60 training hours
- **Environmental Compliance in Oil Spill Response Course**
 - Provided by: "The National Center for Environmental Compliance"
- **Occupational Safety and Health Course**
 - Based on NEBOSH IGC Standards – 30 training hours
- **Advanced Industrial Health and Safety Course**
 - Provided by: Public Health Academy (Wiqaya)
- **Security, Safety, and Health in Facilities Course**
 - Provided by: General Authority for Small and Medium Enterprises (Monsha'at Academy)

Skills

- Computer Use
- Microsoft Office
- Tact and good behavior
- Time management and organization of priorities
- Ability to perform under pressure
- Effectiveness in the team
- Love of learning and self-development
- Training employees on fire safety equipment
- Promoting safety awareness
- Conducting safety inspections
- Managing workplace safety
- Providing safety training
- Monitoring project compliance

Languages

- Arabic
- English