

# Aleena Joseph

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## Professional summary

Passionate nursing professional with hands-on experience in both dental care and general nursing across hospital and clinical environments. Skilled in assisting with a wide range of medical and dental procedures, including emergency care, restorative treatments, and patient education. Experienced in managing a variety of medical conditions, including heart disease, diabetes, respiratory disorders, and skin conditions. Proficient in communicating effectively with health care teams and educating patients and their families on condition management and ongoing care.

## Professional experience

### **Dental nurse at Dan Dental Clinic, Saudi Arabia, November-2023 till present:**

- Prepared and maintained dental equipment, instruments, and materials for each patient.
- Assisted the dentist during clinical procedures, including fillings, extractions, and root canals.
- Ensured patient comfort and reassurance throughout their treatment.
- Maintained strict infection control standards and sterilization protocols (cross-infection control)
- Took and developed dental radiographs (X-rays), ensuring safety guidelines were followed.
- Managed and organized patient appointments, recalls, and follow-ups.
- Handled dental materials including impression materials and dental cements.
- Educated patients on oral hygiene practices and post-treatment care.
- Monitored and stocked inventory of dental supplies and ordered replacements when necessary.
- Maintained a clean and organized surgery area before and after procedures.
- Supported anxious or nervous patients, including children and elderly individuals.

### **Nurse at Tellicherry Co-operative Hospital, Thalassery, Kerala, May-2022 till October-2023:**

- Experienced in providing critical care in Neurological ICU.
- Skilled in administering CPR and Basic Life Support (BLS) during emergency situations.
- Strong understanding of bedside nursing care and clinical procedures, with hands-on experience in patient assessment and monitoring.
- Ensured patient safety, hygiene, and privacy in accordance with hospital protocols.
- Accurately recorded patient's medical history and performed basic physical examinations.

- Actively contributed to health education initiatives for patients and families.
- Familiar with medical terminology, instruments, and clinical equipment.
- Played a key role in monitoring vital signs and promptly reporting any significant changes in patient's conditions.
- Competent in administering medication and prescribed treatments under physician guidance.
- Provided support to physicians during clinical rounds and routine check-ups.

### **Training and certifications**

- Saudi Commission for Health Specialties (SCFHS) – Registered Nurse License (Prometric Exam)  
– License No 23556676 (Valid until April 2026)
- Attended BLS and ACLS training conducted by the Indian Institute of Emergency Medical Services, affiliated with the American Heart Association.
- Worked as trainee staff nurse at United Medical Centre from August 2021 to March 2022 in Medical ICU.

### **Education and Credentials**

- Bachelor of Science in Nursing.
- Malik Deenar College of Nursing Thalankara, Kasaragod, Kerala
- Kerala University of Health Sciences
- First class (65.31%)

### **Reference**

- Dan dental clinic, Saudi Arabia / Email : [dr.turkeq@gmail.com](mailto:dr.turkeq@gmail.com)  
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- Malik Deenar College of Nursing, Thalankara, Kasaragod, Kerala, 671122  
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Phone Number: +91 4994227766
- Tellicherry Co-operative Hospital, Thalassery, Kerala  
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### **Personal details**

Date of Birth: 10/04/1998

Gender: Female

Nationality: Indian

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