

RESUME CV

MR. ABDUL QADEER



+966 53 726 9897

aq63306@gmail.com

Riyadh Saudi Arabia

PERSONAL ATTRIBUTES

PROFESSIONAL SUMMARY

A dedicated and qualified professional with a strong background in English education and a specialization in Health & Safety management. Holding certifications in NEBOSH, IOSH, OSHA, Fire Safety, and First Aid, I bring valuable expertise in safety protocols, rigging, scaffolding, and emergency response. With excellent communication skills in English and hands-on experience in safety management, I am committed to promoting a safe working environment and improving workplace efficiency.

❖ Bachelor in English

Studies Hazara University Mansehra Key
Subjects: Linguistics, Literature, Communication Skills
Division: 2nd

❖ Intermediate (F.Sc)

Shangla Public School and College
Division: 2nd

❖ Matriculation

Abasin Model School Shang
Division: 2nd

QUALIFICATION

Driving license:

- INTERNATIONAL BASE LICENSE

KEY SKILLS

- Health & Safety Management
- Scaffolding & Rigging
- NEBOSH IGC1 Certification
- IOSH & OSHA Certifications
- Fire Safety & First Aid
- English Language Instruction
- Risk Assessment & Safety Audits
- Workplace Safety Compliance
- Microsoft Excel & PowerPoint
- Excellent English Communication Skills (Speaking, Reading, Writing, Listening)

CERTIFICATIONS & TRAINING

- NEBOSH IGC1 (Health & Safety), UK
- IOSH (Institute of Occupational Safety & Health),
- OSHA (Occupational Safety and Health Administration),
- Fire Safety Certification,
- First Aid Certification

JOB EXPERIENCE

HSE Officer | MBL - THE LINE Project (Client: NEOM) Feb 2024 – May 2025

- HSE Officer at Modern Building Leader (MBL) on THE LINE (NEOM) project from Feb 2024 to May 2025.
- Where the scope of work was Piling Works, Ensured full compliance with NEOM safety standards across various activities including hot work, cold work, and lifting operations. Recognized with an
- appreciation award for outstanding safety performance

HSE Officer | L&T –JGCP1 Project Dec 2022– Jan 2024

- Implemented safety protocols and conducted regular safety audits on construction sites.
- Managed risk assessments and ensured compliance with OSHA and NEBOSH standards.
- Provided training on health and safety regulations, fire safety, and first aid to employees.
- Coordinated scaffolding setup and ensured proper safety measures were followed.
- Assisted in accident investigations and recommended corrective actions.

HSE Officer | Al Tamimi Group – NEOM Command & Police Station | Dec 2021 – Oct 2022

- Ensured strict compliance with NEOM safety standards and project-specific HSE requirements.
- Monitored daily site activities, conducted awareness sessions and implemented safety measures across civil, structural, and MEP works. Promoted a proactive safety culture through trainings, Inspections, and incident prevention initiatives, contributing to successful project execution with zero major incidents.

HSE Officer | Hutta Foundation – Jeddah Central Development | May 2019 – Dec 2021

- Implemented HSE policies and ensured compliance with safety Standards across construction activities.
- Conducted risk assessments, site inspections, toolbox talks, and Worker safety training to promote a safe working environment.
- Contributed to reducing incident rates through proactive monitoring and safety awareness programs.

TECHNICAL SKILLS

- Microsoft Excel: Data analysis, spreadsheets, and reports.
- Microsoft PowerPoint: Presentation creation and design
- Safety Management Software: [Any specific tools you have experience with]
- Rigging & Scaffolding: Knowledge of setup, safety standards, and risk assessment

Serial No. B007677

Print Date 07 Aug 2023

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Registration No. 19-B5-ENG-F-HU-6

Roll No. 56023-F19

HAZARA UNIVERSITY

Mansehra, Pakistan



The University in recognition of the fulfilment of prescribed requirements has conferred upon **Abdul Qadeer Son of Jumaraz** the Degree of **Bachelor Of Studies In English** in the examination held in Spring Semester 2023. He was enrolled in the session Fall Semester 2019 and secured CGPA **2.98**.



Controller of Examinations

Registrar

Vice Chancellor



nebosh

NEBOSH International General Certificate in Occupational Health and Safety

This is to certify that

Abdul Qadeer

was awarded this qualification on

08 March 2025

Rob Hull
Chair

Dee Arp
Accountable Officer

SQA Ref: R630 04



The National Examination Board in
Occupational Safety and Health

Registered in England & Wales No. 2698100
A Charitable Company Charity No. 1010444



nebosh

The National Examination Board in Occupational Safety and Health

Dominus Way
Meridian Business Park
Leicester LE19 1QW

www.nebosh.org.uk

08 March 2025

NEBOSH International General Certificate in Occupational Health and Safety

UNIT RESULT NOTIFICATION AND STATUS REPORT

Learner number: 00894155
First name/s (given name): Abdul
Surname (family name): Qadeer
Full name: ** Abdul Qadeer
Learning Partner: 1544 - Progressive Safety Institute & Consulting Pvt. Ltd.

Unit	Description	Mark	Status	Exam Date	Results expected	Learning Partner	Unit result	High valid mark
IG1	Management of Health and Safety	58	Pass	08/01/2025	08/03/2025	1544	Pass	58
IG2	Risk Assessment		Pass	08/01/2025	08/03/2025	1544	Pass	

Overall mark: 58

Grade: PASS

If you have received a pass and are now waiting an overall Qualification Parchment or a Unit Certificate (Diploma only), this will be dispatched to your Learning Partner within 20 working days of your Results Expected date which can be found in the details above. For more information on your Certificate/Parchment please click [here](#)

If you have received a refer in your unit(s) and would like to re-sit the unit, please contact your Learning Partner to book a re-sit. Alternatively, if you believe your mark does not reflect your performance, you can apply for an Enquiry About Result. For more information on this process click [here](#)

For more information on understanding your Unit Result Notification please click [here](#)

NEBOSH offers a wide range of qualifications for learners at all stages of their career. For more information, please visit our website or click [here](#)

** Your name will appear on your qualification parchment as shown above, please ensure your full name is displayed correctly.

To validate the information on this document, please select [here](#)

This qualification has been credit rated for the SCQF by SQA. Please refer to the table(s) below for the unit combinations concerned:

Title	SCQF Level	Credit Points
UNIT IG1	6	5
UNIT IG2	6	6
OVERALL CREDIT RATING	6	11



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CERTIFICATE

OF ACHIEVEMENT

PROUDLY PRESENTED TO

Abdul Qadeer

The recipient of this certificate has successfully completed a rigorous training program, demonstrating a commitment to professional development and excellence in their field. Through this training, the recipient has acquired the knowledge and skills necessary to perform at the highest level and meet the demands of today's dynamic workplace. This certificate signifies that the recipient possesses the expertise and proficiency required to excel in their profession and contribute to the success of their organization.

Level 2 Award in Fire Safety

In association with HiQual UK approved training center

HSE Academy Pvt Ltd.

5th December 2024

ISSUE DATE

Reece Ch.

REECE CHERRY

TRAINING DIRECTOR



CREDENTIAL'S ID : 139848



CERTIFICATE
OF ACHIEVEMENT
PROUDLY PRESENTED TO

Abdul Qadeer

The recipient of this certificate has successfully completed a rigorous training program, demonstrating a commitment to professional development and excellence in their field. Through this training, the recipient has acquired the knowledge and skills necessary to perform at the highest level and meet the demands of today's dynamic workplace. This certificate signifies that the recipient possesses the expertise and proficiency required to excel in their profession and contribute to the success of their organization.

Level 2 Award in First Aid at Workplace

In association with HiQual UK approved training center

HSE Academy Pvt Ltd.

12th December 2024

ISSUE DATE

Reece Ch.

REECE CHERRY

TRAINING DIRECTOR



CREDENTIAL'S ID : 139847

TRANSCRIPT



Occupational
Safety & Health
American Society

OSHAS

LEARNER NAME:

Abdul Qadeer

COURSE:

30 Hours General Industry Standards

Certificate Number : **0072121**

Issue Date : **09-Feb-2021**

SERIAL #	TOPIC	OBTAINED SCORE	TOTAL SCORE
01	<i>Introduction to Health & Safety Management System</i>	3.4	4.0
02	<i>Ergonomics & Work Related Upper Limb Disorders</i>	2.6	4.0
03	<i>Energy Isolation & LOTOTO</i>	4.0	4.0
04	<i>Electrical Safety & Controls (Basics)</i>	4.0	4.0
05	<i>Introduction to Safety Accountability</i>	3.9	4.0
06	<i>Hazards & their Controls</i>	3.2	4.0
07	<i>Introduction to Safety Supervision</i>	4.0	4.0
08	<i>Fall protection & Safe working at height</i>	2.5	4.0
09	<i>Personal Protective Equipment (PPE)</i>	4.0	4.0
10	<i>Bloodborne Pathogens</i>	4.0	4.0

Morgan Maxwell
Exam Coordinator

OBTAINED SCORE 3.6

OSHAS trainings are provided as per ANSI Standard Z490.1-Criteria. This transcript verifies that the learner have acquired knowledge to satisfy the employer's safety training program requirements.





Occupational
Safety & Health
American Society

Cert No. : 0072121

Certificate of Completion

Abdul Qadeer

Has successfully completed all academic requirements in this Occupational Safety & Health course of study presented by OSHAS authorized training provider (ATP)

30 Hours General Industry Standards

Henry D'Cooper
Chief Executive Officer



Marcus Hilton
Director Training

09-02-2021

Issue Date



www.oshas.us

OSHA[®]

Mr. Abdul Qadeer

has been awarded credit for

Unit Reference Number	Unit Title
FS0002-1	Advanced Fire Safety Principles
FS0002-2	Fire Risk Assessment and Management
FS0002-3	Legislation, Regulations, and Compliance
FS0002-4	Emergency Planning and Response
FS0002-5	Fire Safety Systems and Equipment
FS0002-6	Fire Safety Training and Education

Award Date: 02 January 2025
Course Duration: 3 Days
Learner Number: 24386
Certificate Number: ICTQ30325
Qualification Number: FS0002



Director of Qualifications
ICTQual AB UK Ltd.





This is to certify that

Mr. Abdul Qadeer

has successfully completed the certification of

ICTQual Level 2 Award In Fire Safety

conducted at

Taj Institute Of HSE

Award Date: 02 January 2025

Course Duration: 3 Days

Learner Number: 24386

Certificate Number: ICTQ30325

Qualification Number: FS0002

A handwritten signature in black ink, appearing to read 'A.H. Asidi'.

Director of Qualifications
ICTQual AB UK Ltd.





This is to certify that

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ICTQual Level 2 Award In First Aid

conducted at

Taj Institute Of HSE

Award Date: 03 January 2025

Course Duration: 3 Days

Learner Number: 24802

Certificate Number: ICTQ30462

Qualification Number: FA0002

A handwritten signature in black ink, appearing to read 'A.H. Asidi'.

Director of Qualifications
ICTQual AB UK Ltd.



Mr. Abdul Qadeer

has been awarded credit for

**Unit Reference
Number**

Unit Title

FA0002-1	Advanced First Aid Principles
FA0002-2	Advanced Assessment and Prioritization
FA0002-3	Advanced Life Support
FA0002-4	Management of Traumatic Injuries
FA0002-5	Medical Emergencies
FA0002-6	Specialized First Aid Skills
FA0002-7	Legal and Ethical Considerations

Award Date: 03 January 2025
Course Duration: 3 Days
Learner Number: 24802
Certificate Number: ICTQ30462
Qualification Number: FA0002



Director of Qualifications
ICTQual AB UK Ltd.

