

# CURRICULUM VITAE

## FAZAIB KHIZAR

Cell: 00966-53-9346030, 00966-598902740.

Email: [fazaibkhisar@gmail.com](mailto:fazaibkhisar@gmail.com).



### Career Objective:

An energetic HSE professional certified with OTHM Level 6 Diploma in OSH, NEBOSH IGC (2020), backing with Associate Civil engineering degree, seeking employment in a rewarding organization as a motivated individual who is capable of maintaining high levels of employee awareness regarding workplace safety requirements through effective communication strategies & training sessions.

### ACADEMIC INFORMATION:

**Course: DAE (Civil Engineering)**

**Year of Passing: 2013**

**Institute: Pak Polytechnic Institute Moon Market, Lahore.**

#### HSE

### CERTIFICATONS:

**Course: OTHM Level 6 DPLOMA In Occupational Safety and Health (UK).**

**Year of Passing: 2024**

**Institute: Technocrats institute of occupational safety and health, Pakistan. (TIOSH)**

**Course: NEBOSH International General Certificate (UK).**

**Year of Passing: 2020**

**Institute: Abacus International HSE Services, Lahore Pakistan.**

**Course: Occupational Safety & Health Administration USA(OSHA)**

**Year of Passing: 2020**

**Institute: Abacus International HSE Services, Lahore Pakistan.**

**Course: IOSH Managing Safely(UK)**

**Year of Passing: 2020**

**Institute: Abacus International HSE Services, Lahore Pakistan.**

**COURSE: FIRST AID & CPR**

### WORK EXPERIENCE

**Company: Saudi icon Company KSA.**

**Project: CONSTRUCTION OF NEW MURABBA DEVELOPMENT COMPANY CORPORATE OFFICE PROJECT RIYADH, KSA**

**Client: NEW MURABBA DEVELOPMENT COMPANY (NMDC)**

**PMC: AECOM**

**CSC: JASARA**

**Position: HSE Advisor**

**Duration: 31 aug 2024 til Now**

It was a 1.5 years construction project with 24 hours work with 600+ daily workers. Our company worked as Main Contractor in that project. Our work scope included Backfill and Excavation work, lifting work, MEP Work, working at height, confined space, hot work, Concrete and steel work etc.

#### **Responsibilities:**

- Monitoring lifting activities and ensuring certified employees are engaged.
- Inspection for all equipments before assign for work.
- Implementation of NMDC health & safety rules and regulations on site.
- Monitoring excavation activities and ensuring all safety measures are implemented.
- Raising SORs to timely address the safety concerns.
- Assisting HSE lead in Preparation of weekly, monthly HSE statistics Reports.
- Accompanying the Senior leadership Tour by Client and Top management
- Conducting emergency drills and different training for workers & staff to promote safety culture at site.
- Conducting internal HSE audits to identify the risks associated and timely corrective actions.

**Company: First Fix Co. KSA**

**Project: Yamama Palace Project Ryadh, KSA**

**Client: CPPA**

**PMC: SAUDI ARABIAN PARSONS LIMITED (SAPL)**

**Consultants: DAR**

**Position: HSE Supervisor**

**YEAR: 2022**

**Awarding Body: OSHA  
ACADEMY**

**TRAININGS RECEIVED:**

- Working at Height.
- Confined Space Entry.
  - Fire Warden
  - Electrical Safety
- Power Tools Safety
- Lock Out Tag Out.
  - H2S awareness
- Emergency Response Procedure.
- COSHH Program.
  - HAZCOM
  - HAZMAT
- Defensive Driving
- Safe lifting practices

**COMPUTER SKILLS:**

- MS Word.
- MS Excel.
- AutoCAD (Basic).
- Windows/software installation

**EXPERTISE:**

- Quick Learner
- Problem Solver
- Positive Attitude
  - Team Work
- Leadership Qualities.

**LANGUAGES:**

- *English*
- *Urdu*
- *Hindi*
- *Arabic*
- *Punjabi*
- *Kashmiri*

**PERSONAL PROFILE:**

*Father Name: Khizar Hayat*  
*Passport: YU4120073*  
*Iqama Number: 2493636126*  
*Marital Status: Married*  
*Driving license: LTV KSA*

**Duration:** Feb 2023 to Sep 2024.

It is a five years construction project with 24hours work with 10,000 daily workers. Our company scope s related to MEP activities including ducting, electrical works, plumbing, testing and commissioning work of generators, AHUs, chillers, switch gears, MV, LV Panels.

**Responsibilities:**

- Implementation of health & safety rules and regulations on site.
- Coordinating with Subcontractor HSE staff to resolve safety issues regarding their activities
- Controlling high risk activities e.g Hot Work, working at height, pressure testing, T&C activities with all safety measures implementation.
- Preparation of Risk assessments, JSAs
- Preparation of weekly monthly HSE statistics Reports.
- Accompanying the walkthroughs by Client and Top management
- Arranging different trainings for workers & staff to provide a safe work environment.
- Accident, incident investigation to prevent reoccurrences.
- Conducting internal HSE audits to identify the risks associated and timely corrective actions.

**Company:** First Fix Co. KSA

**Project:** Site Preparation & Marine Works Infrastructure Project, Jeddah

**Client:** Ministry of Defense

**Consultants:** Jeddah Central Development Company

**Position:** Health & Safety Supervisor

**Duration:** Aug 2022 To Feb 2023

It was a demolition and construction project including Storm water pipe lines, water supply lines installation, construction of offices and buildings. Our company's scope there was MEP installations in buildings, excavation for pipe lines, and construction of septic tanks.

**Responsibilities:**

- Monitoring lifting activities and ensuring certified employees are engaged.
- Implementation of health & safety rules and regulations on site.
- Monitoring excavation activities and ensuring all safety measures are implemented.
- Preparation of Risk assessments, JSAs
- Preparation of weekly monthly HSE statistics Reports.
- Accompanying the walkthroughs by Client and Top management
- Arranging different trainings for workers & staff to provide a safe work environment.
- Conducting internal HSE audits to identify the risks associated and timely corrective actions.

**Company:** First Fix Co. KSA

**Project:** B01, L01 MEP Works, Ryadh, KSA

**Client:** CPPA

**Position:** HSE Officer

**Duration:** June 2021 To Aug 2022

It was a building construction project with 5,000 daily workers. Our company scope s related to MEP activities including ducting, electrical works, plumbing and T&C work.

**Responsibilities:**

- Implementation of health & safety rules and regulations on site.
- Coordinating with Subcontractor HSE staff to resolve safety issues regarding

their activities

- Controlling high risk activities e.g Hot Work, working at height, pressure testing, T&C activities with all safety measures implementation.
- Preparation of Risk assessments, JSAs
- Preparation of weekly monthly HSE statistics Reports.
- Accompanying the walkthroughs by Client and Top management
- Arranging different trainings for workers & staff to provide a safe work environment.
- Accident, incident investigation to prevent reoccurrences.
- Conducting internal HSE audits to identify the risks associated and timely corrective actions.

**Company:** Technology Of Construction & Water Proofing Co.

**Project:** Water Proofing Works, Bay La Sun Hotel, KAEC Rabigh

**Consultants:** ECG Consultant Group

**Position:** HSE Officer

**Duration:** Jan 2018 To Nov 2018

It was a hotel project n KAEC, Rabigh. Our company scope was water proofing work inside water tanks, wet areas and roofs.

**Responsibilities:**

- Ensuring confined space entry permits and other safety protocols are in place.
- Ensuring gas testing before starting any work in water tanks and septic tanks.
- Conducting TBTs on safe practices
- Ensuring chemical protective cloths and PPEs are used.

**Company:** Al Manzil Al Maasi Co.

**Project:** Rehabilitation Of Jazan General Hospital Jazan Ksa

**Client:** Ministry of Health

**Consultants:** Saud Consultants

**Position:** HSE Officer

**Duration:** Jan 2017 To Feb 2018

It was a rehabilitation project of jazan General Hospital. Our company was man contractor so all work related to civil and MEP completed by our company.

**Responsibilities:**

- Conducting daily site inspections.
- Preparing different checklists for PPEs and Equipment.
- Ensuring work s ongoing according to Health & Safety protocols
- Monitory workforce compliance with health and safety rules & regulations.
- Ensuring workers are trained for the required work.
- Ensuring accident investigation to prevent re-occurrences.

**Company:** WASA Lahore, Gov. Of Punjab

**Project:** Private Housng Schemes

**Position:** Sub Engineer

**Duration:** Dec 2015 To Jan 2017

**Company:** Habib Construction Services

**Project:** Heritage Hotel Bahria Town Lahore

**Consultant:** Bahria Town

**Position:** Site Supervisor

**Duration:** Jan 2014 To Feb 2015.



## OTHM LEVEL 6 DIPLOMA IN OCCUPATIONAL HEALTH AND SAFETY

This is to certify that

**FAZAIB KHIZAR**

has successfully completed a regulated qualification at

TIOSH

Awarded on 16 September 2024

European Qualifications Framework (EQF) Level 6  
LRN: 240517029 | 180195 | DC2103526 | QAN: 603/5002/7

This certificate should be read in conjunction with the accompanying transcript.

Issued on 16 September 2024

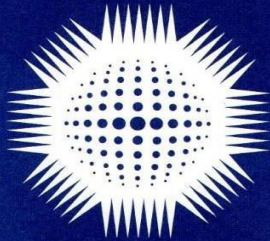
Patricia Land  
Responsible Officer  
OTHM Qualifications

ELECTRONIC  
DOCUMENT

SCAN TO VERIFY



**ofqual**  
REGULATED  
register.ofqual.gov.uk



nebosh

# NEBOSH International General Certificate in Occupational Health and Safety

This is to certify that

**Fazaib Khizar**

was awarded this qualification on

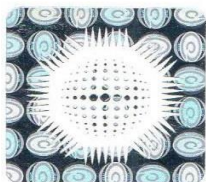
13 October 2020

Les Philpott  
Chair

Dee Arp  
Accountable Officer

Master log certificate No: 00543622/1191626

SQA Ref: R630 04

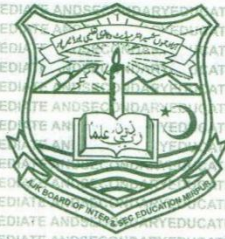


**The National Examination Board in  
Occupational Safety and Health**

Registered in England & Wales No. 2698100  
A Charitable Company Charity No. 1010444

**AZAD JAMMU AND KASHMIR  
BOARD OF INTERMEDIATE AND SECONDARY EDUCATION MIRPUR**

Sr. No. **0504298**



ROLL NO. **130013**

**SECONDARY SCHOOL CERTIFICATE**

**Certified that** **FAZAIB KHIZAR**  
**Son/Daughter of** **KHIZAR HAYAT**

**Religion** **ISLAM**  
**Registration No:** **1068741009**

**Mark of Identification** **NIL**  
**has passed the Secondary School Certificate**

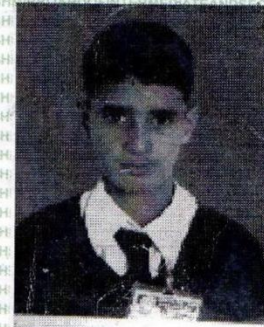
**Examination** **ANNUAL 2010** **In** **FULL**  
**Group of Subjects** **SCIENCE** **REGULAR**

**Attempt (s)** **SINGLE** **Grade** **(Internal) A** **(External) B**

**Institute / District** **NATIONAL MODEL SCHOOL & COLLEGE DATOT PACHHOT A.K.**

**Date of Birth** (In Figures) **18-01-1995**

(In Words) **EIGHTEENTH JAN. ONE THOUSAND NINE HUNDRED AND NINETY-FIVE.**



**DETAIL OF MARKS**

Sr. No	Name of Subjects	Maximum	Obtained
1	ENGLISH	150	109
2	URDU	150	091
3	ISLAMIYAT	075	035
4	PAKISTAN STUDIES	075	058
5	MATHEMATICS	150	091
6	PHYSICS	150	082
7	CHEMISTRY	150	077
8	COMPUTER SCIENCE	150	090
<b>Total</b>		<b>1050</b>	<b>633</b>

(In Words) **SIX HUNDRED AND THIRTY-THREE.**

**Mirpur (AK) 03-April-2012**

**SECRETARY**



This is a certificate awarded to

**Fazaib Khizar**

on successfully completing

**Managing Safely**

a course approved and validated by the

**Institution of Occupational Safety and Health**

in association with

**Abacus International Hse Services (Pvt) Ltd**

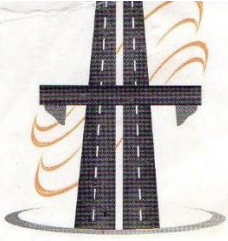
*Approved Centre: 3728*

Signed on behalf of IOSH

Chief Executive

Course Organiser





**HABIB**  
CONSTRUCTION SERVICES  
(Pvt.) Ltd.

**TO WHOM IT MAY CONCERN**

This is certified that **Mr. Fazaib Khizar S/O Khizar Hayat CNIC # 82303-0530007-9** has been working with HABIB CONSTRUCTION SERVICES Pvt. Ltd.

He has been working from January 2014 to February 2015 as a "Site Supervisor" at:

- **Construction of Heritage Hotel Bahria Town Lahore.**

During his stay his performance has been generally satisfactory, A

Youngman to have been grooming well because of his dedication to duty

And hard work.

We wish him the best of luck in his future assignment.



**Project Manager**  
Habib Construction Services (Pvt.) Limited



# Punjab Board of Technical Education Lahore

*First Annual Examination, 2013*

Certified that FAZAIB KHIZAR  
son/daughter of KHIZAR HAYAT  
Registration No 210-1284-00939 of the  
PAK POLYTECHNIC INSTITUTE, LAHORE



has satisfactorily completed the THREE YEAR Programme of Instructions in  
CIVIL TECHNOLOGY

and has passed the Examination as a whole securing 2553 marks  
out of 3500 and has been placed in "A" Grade

*In recognition thereof this*

## Diploma of Associate Engineer

*is awarded at Lahore on the October 02, 2013*



*Praseer*

Secretary

شركة المنزل الماسي المحدودة

تليفون: +٩٦٦١٢٦١٢٥٠٠٦

فاكس: +٩٦٦١٢٦٥٤٤٢٤٨



شركة المنزل الماسي المحدودة

AL Manzil Al Massi Co. LTD

**TO WHOM IT MAY CONCERN**

**AL MANZIL AL MASSI CO. LTD, KSA** Certify that Mr. Fazaib Khizar — Pakistani National, ID# 2428651216 — has worked for us as **Safety Officer** from **16/01/2017 to 11/03/2020** and has shown during his work time promptness in performing and executing his assigned tasks with full honesty, quality and professionalism.

He was also cooperative with his managers and colleagues and worked with great spirit. We wish him best of luck for his future.



**PROJECT MANAGER**

**(Maher Basha)**

PO.Box : 4687 Hira - Al-Marwah - Unit No. : 102 - Jeddah 23545 - 8641 Kingdom Of Saudi Arabia  
T: +966-12-6125006 - +966-12-6125007 - +966-12-6125008 - F: +966-12-6126444  
[www.almanzilalmassi.com](http://www.almanzilalmassi.com)



# International Association of Safety Professionals

In recognition of the successful completion of the requisite course of study and by virtue of authority granted by The International Association of Safety Professionals hereby presents the

## 30 Hour OSHA Standards Training

Certificate Awarded to  
**Fazaib Khizar**

In witness whereof this Certificate, signed by the International Association of Safety Professionals Certified Trainer and sealed with the corporate seal of The National Association of Safety Professionals, is granted. The Signatory below is solely responsible for the quality and content of said training, and attests to attaining certification appropriate to provide training from The International Association of Safety Professionals.



\_\_\_\_\_  
President, CEO

\_\_\_\_\_  
Executive Director

\_\_\_\_\_  
558280  
Student ID

\_\_\_\_\_  
,504912  
Certified Trainer Signature

\_\_\_\_\_  
2020-08-28  
Date

## EMERGENCY FIRST AID & CPR



# OSHA Academy™

Occupational Safety & Health Training



**Fazaib Khizar**  
Student Name

169410-182  
Student #

08/12/2021  
Issue Date

08/12/2024  
Exp. Date

GENUINE ★ AUTHENTIC ★ ORIGINAL