

## **HEALTH & SAFETY OFFICER**

***Mehran Ahmed Khan***

***Total 05 years of Experience***

***Contact #+966-56-8389038***

***Present Address: Riyadh Saudi Arabia***

***[Ahmedmaahnoor@gmail.com](mailto:Ahmedmaahnoor@gmail.com)***



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### **OBJECTIVE:**

Dedicated HSE Professional with 5 years of valuable experience in the construction industry. Possesses a strong foundation in occupational health and safety (OHS) principles and regulations, consistently improving safety metrics and maintaining stringent compliance. Expertise includes risk assessment, incident investigation, and developing effective safety control measures that are transferable across diverse environments. Seeking to utilize international best practices to foster a secure and productive workplace in Saudi Arabia.

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### **PROFESSIONAL CERTIFICATION:**

- **NEBOSH International General Certificate (IGC)**
- **OSHA**
- **IOSH**
- **Diploma in Occupational Health, Safety and Environment (OHSE)**
- **ISO 45001:2018 - Occupational Health and Safety Management Systems (OHSM)**
- **Safety Management in Construction (SMC)**

### **ACADEMIC QUALIFICATION:**

- **Master's degree - University of Peshawar (2016)**
- **Bachelor's degree - University of Peshawar (2012)**
- **Intermediate Certificate (Pre - Engineering) - Islamia Collage Peshawar (2007)**

### **EXPERIENCE SUMMARY:**

**I am currently working with Al Zahir Salem Co.**

**Safety Officer with Al Zahir Salem Co.**

**From June -2025 till date at Riyadh KSA.**

Project: Reef Residential Community

Main Contractor: Tamear – Saudi Real Estate Construction Co.

CLIENT: Al Akaria

**Safety Officer with JAN ASSOCIATES (Pvt.) Ltd. Oct 2022 till May 2025**

Peshawar University Road KPK, Pakistan.

Projects: 1. Tariq Jewelers House Peshawar City. KPK, Pakistan.

2. Nazeer Muhammad Super Market Ring Road, Peshawar City. KPK, Pakistan.

**Safety Officer with ARCH-AID CONSULTANT (Pvt.) Ltd. May 2020 till Aug 2022**

2<sup>nd</sup> Floor Trust Building Sunehri Masjid Road Peshawar Cantt; KPK, Pakistan.

Project: SYED ALI SHAH TOWER. Office and Residential Building.

(3 Basements & 7 Stories Building). Near Amin Hotel. Nishtar Abad Peshawar City, KPK. Pakistan

**RESPONSIBILITIES:**

- ❖ Supervise the activities and work of subordinates to ensure that all work within a specific area of the activity is carried out in an efficient manner which is consistent with operating procedures and policy.
- ❖ Conduct regular site visits, and inspections, monitoring site HSE management and performance to ensure effective implementation and maintenance of the HSE Management Plan/System in the Projects.
- ❖ Develop and implement health & safety plans and procedures in the workplace according to legal guidelines and Company OHS Policy.
- ❖ Ensure all H&S processes and procedures are implemented and standardized across the project.
- ❖ Monitor compliance with policies and laws by inspecting the workplace, employees, and operations.
- ❖ Monitor all H&S procedures and recommend strategies to avoid incidents/accidents.
- ❖ Evaluate workplace environment and develop safety-management policies & procedures that identify and define the safety responsibilities of all Employees.
- ❖ Conduct and direct activities to identify potential hazards and develop safety action plans to correct any non-compliance issues at the workplace.
- ❖ Coordinate with the subcontractors to ensure that work sites comply with federal, state, and local safety regulations.
- ❖ Help to conduct Health & safety audits and compliance inspections by following ISO, OSHA & Company's S&H policies and enforced Safety and Health standards and regulations.
- ❖ Develop and Implement emergency response systems, policies, and procedures to manage all kinds of foreseeable emergencies.
- ❖ Monitor, review and evaluate the Company's HSE performance.
- ❖ Coordinate and conduct HSE review committee meetings.
- ❖ Evaluate the site team's S&H performance in line with Project Management.
- ❖ Prepare & update HSE documents/records, statistics, and reports.
- ❖ Prepare & submit HSE reports/records to the management and client.

**MASTERSKILLS:**

- |   |  |
|---|--|
| 1. Site Safety Induction                                  | 14. HSE training skills  |
| 2. HSE Inspection (Power tools/Equipment)                 | 15. Permit to work system  |
| 3. Risk Assessment  | 16. Incident Investigation Report & prevention                   |
| 4. Safe System of work                                    | 17. Job hazard analysis & Hazard Identifications                 |
| 5. Process Safety   | 18. Problem solving  |
| 6. Behavior based safety                                  | 19. Identify Unsafe Act & Unsafe Conditions & corrective actions |
| 7. Scaffolding Inspection (Design Calculation as per load | 20. Work at height & Fall protection system                      |
| 8. Safe lifting procedures                                | 21. Emergency Response plan                                      |
| 9. Lifting hoisting                                       | 22. Fire prevention  |
| 10. LOTO  | 23. HSE reporting  |
| 11. Energy Isolation                                      |  |

## **PERSONALPROFILE:**

<b>Father Name:</b>	<b>Haji Aman Khan</b>
<b>DOB:</b>	<b>31-05-1991</b>
<b>IQAMA Transferable:</b>	<b>2608997850</b>
<b>Marital Status:</b>	<b>Married</b>

## **HABITS:**

- Reading Books
- HSE research
- Attending Webinars (HSEQ related)

## **Language:**

- English: Fluent
- Arabic: Intermediate
- Pashto: Native
- Urdu: Fluent



nebosh

# NEBOSH International General Certificate in Occupational Health and Safety

This is to certify that

**Mehran Ahmad Khan**

was awarded this qualification on

**10 April 2024**

Rob Hull  
Chair

Dee Arp  
Accountable Officer

Master log certificate No: 00816375/1421482

SQA Ref: R630 04



**The National Examination Board in  
Occupational Safety and Health**

Registered in England & Wales No. 2698100  
A Charitable Company Charity No. 1010444



The National Examination  
Board in Occupational  
Safety and Health

Dominus Way  
Meridian Business Park  
Leicester LE19 1QW

[www.nebosh.org.uk](http://www.nebosh.org.uk)

12 April 2024

## NEBOSH International General Certificate in Occupational Health and Safety

### UNIT RESULT NOTIFICATION

Learner number: **00816375**  
First name/s (given name): **Mehran Ahmad**  
Surname (family name): **Khan**  
Full name: **# Mehran Ahmad Khan**

Learning Partner: **1404 - Pak Safety Solutions**

Unit	Description	Mark	Status	Exam Date	Results expected	Learning Partner	Unit result	High valid mark
IG1	Management of Health and Safety	47	Pass	07/02/2024	09/04/2024	1404	Pass	47
IG2	Risk Assessment		Pass	07/02/2024	10/04/2024	1404	Pass	

Overall mark: **47**

Grade: **PASS**

For any information on your Certificate/Parchment please click [here](#).

If you have received a refer in your unit(s) and would like to re-sit the unit, please contact your Learning Partner to book a re-sit. Alternatively, if you believe your mark does not reflect your performance, you can apply for an Enquiry About Result. For more information on this process click [here](#).

NEBOSH offers a wide range of qualifications for learners at all stages of their career. For more information, please visit our website or click [here](#).

\*\* Your name will appear on your qualification parchment as shown above, please ensure your full name is displayed correctly.

To validate the information on this document, please select [here](#).

This qualification has been credit rated for the SCQF by SQA. Please refer to the table(s) below for the unit combinations concerned:

Title	Level	Credit Points
UNIT IG1	6	5
UNIT IG2	6	6
OVERALL CREDIT RATING	6	11



Registered in England and Wales number 2698100  
A charitable company limited by guarantee  
Registered charity number 1010444



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**Learner:00816375 URN**

1 message

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**noreply** <noreply@nebosh.org.uk>

Fri, 12 Apr 2024 at 7:18 am

To: ahmedmaahnoor@gmail.com <ahmedmaahnoor@gmail.com>

Dear Mehran Ahmad Khan,


Please find attached your Unit Results Notification for the NEBOSH International General Certificate in Occupational Health and Safety

Regards,

NEBOSH

\*\*\*\*This is an automated email and replies will not be monitored. If you have any questions regarding your result please use the links on the attached document for further information, alternatively please contact your Learning Partner\*\*\*\*

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 **URN\_00816375\_IG.pdf**  
329 KB



**OSHAcademy**<sup>TM</sup>  
Occupational Safety & Health Training



*Certificate of Completion*  
*Professional Development Program*

*This is to certify that*

**MEHRAN AHMED KHAN**

*Has demonstrated academic excellence with distinction by completing all academic requirements in this 30-hour OSHA Academy Professional Development Certificate Program presented by OSHA Academy Authorized Training Provider (ATP), EIOSH Private Limited. This achievement demonstrates commitment and professionalism in the field of Occupational Safety and Health.*

**Construction**  
**Safety and Health**

301918-117

12-05-2025

Student #

Issue Date

Steven J. Geigle, OMA, GET, CSHM-E  
Director, Instructor  
OSHA Academy Safety and Health Training

Validate Certificate



Certificates can be validated through the  
OSHA Academy website.  
Validation Code: 301918-117-353-3b32f  
[www.oshaacademy-atp.com/verify](http://www.oshaacademy-atp.com/verify)



Anshu Mahmood  
Training Director  
EIOSH Private Limited  
Pakistan  
ATP #: 201003PK

The content of this training conforms with U.S. Department of Labor (OSHA) training standards and ANSI Z490.1, Criteria for Accepted Practices in Safety, Health and Environmental Training.



This is a certificate awarded to

**Mehran Ahmed Khan**

on successfully completing

**IOSH Managing Safely**

a course approved and validated by the

**Institution of Occupational Safety and Health**

in association with

EIOSH Private Limited

*Approved Centre: 3292*

Signed on behalf of IOSH

*Vanessa Hameed-Ul-Idris*

Chief Executive

*Rashid*

Course Organiser



IOSH certificate number: 35697523-01-ZQTF

Issued Date: 22 November 2025



3rd August, 2025

Date of Award



DIPLOMA

MEHRAN AHMAD KHAN

has received this award for successfully  
completing the course:

Diploma in Occupational Health, Safety and  
Environment (OHSE)



7364-50846253

[alison.com/certification  
/check/31c0cc483a](https://alison.com/certification/check/31c0cc483a)

*Maevé Richardson*  
Director of Certification



3rd August, 2025

Date of Award



CERTIFICATE

MEHRAN AHMAD KHAN

has received this award for successfully  
completing the course:

ISO 45001:2018 - Principles of Occupational  
Health and Safety Management Systems

To verify:



[alison.com/certification/check/f89527ce74](https://alison.com/certification/check/f89527ce74)

*Maere Richardson*  
Director of Certification



4th August, 2025

Date of Award



**CERTIFICATE**  
**MEHRAN AHMAD KHAN**

has received this award for successfully  
completing the course:

**Safety Management in Construction**

To verify:



5077-50846233

[alison.com/certification/check/200e200c49](https://alison.com/certification/check/200e200c49)

*Maere Richardson*  
Director of Certification

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

# University of Peshawar Pakistan

This certifies that

**Mehran Ahmed Khan** son of **Haji Aman Khan**

having fulfilled all the requirements is hereby admitted to the degree of

**Master of Arts in Islamiyat**

and is entitled to all the rights, honours and privileges thereunto appertaining.

Given this 11th day of February, 2016.

Roll No: 30122

Session: Annual 2015

Reg. No: 2007-I-3970



186209

A handwritten signature in black ink, appearing to be 'M. Javed'.

Registrar

A handwritten signature in black ink, appearing to be 'M. Javed'.

Vice Chancellor

Verified and Found Correct

39

Controller of Examinations  
University of Peshawar

*[Signature]*  
6/5/21

6/5/21

*[Stamp]*  
28/4/21  
28/4/21  
28/4/21



# University of Peshawar Pakistan

This certifies that

**Mehran Ahmed Khan** son of **Haji Aman Khan**

having fulfilled all the requirements is hereby admitted to the degree of

**Bachelor of Arts**

and is entitled to all the rights, honours and privileges thereunto appertaining.

Given this 14<sup>th</sup> day of September, 2012.

Roll No: 55570

Session: Annual 2012

Reg. No: 2007-I-3970



186218

Registrar

Vice Chancellor

University of Peshawar  
Peshawar

To the Registrar of the University of Peshawar

For the purpose of the examination of the students of the University of Peshawar

Verified and Found Correct 38

Controller of Examinations  
University of Peshawar

6/5/21  
6/5/21

28/4/21  
28-4-2021

418886

S.No.

Roll No. 64596

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ



# Board of Intermediate and Secondary Education Peshawar

N.W.F.P. Pakistan

Secondary School Certificate Examination

SESSION 2005- ANNUAL

(Science Group)



This is to Certify that Mehran Ahmad Khan Son of Haji Aman Khan  
and a student of Iqra Public School Mathra Warsak Road Peshawar has passed the Secondary School Certificate  
Examination of the Board of Intermediate and Secondary Education, Peshawar held in March, 2005 as a Regular  
candidate. He obtained 796 Marks out of 1050 and has been placed in Grade A Representing Excellent

The Candidate passed in the following subjects:

- |            |            |                     |                     |
|------------|------------|---------------------|---------------------|
| 1. English | 2. Urdu    | 3. Islamiyat (Comp) | 4. Pakistan Studies |
| 5. Maths   | 6. Physics | 7. Chemistry        | 8. Biology          |

Date of birth according to admission form May 31, 1991

Asstt Secretary

This certificate is issued without alteration or erasure.

Secretary

187

**GRADING**

**Maximum Marks 1050**

**Percentage of Marks**

- 80% and above
- 70% and below 80%
- 60% and below 70%
- 50% and below 60%
- 40% and below 50%
- Below 40% and Minimum Pass Marks

Roll No. <b>1206</b>
ON: <b>1-7-2012</b>
WING PAF BASE KOHAT

480  
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S.No. 201752

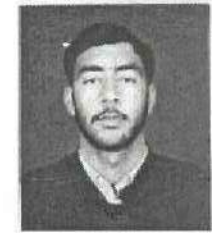
Roll No. 58724

Group. Pre-Engineering



**Board of Intermediate and Secondary Education**  
**Peshawar N.W.F.P. Pakistan**  
**INTERMEDIATE EXAMINATION**

**SESSION 2007- ANNUAL**



*This is to Certify that* Mehran Ahmad Khan *Son of* Haji Aman Khan  
*and a student of* Islamia College Peshawar *Registered No.* 413-B/I-2005  
*has passed the Intermediate Examination of the Board of Intermediate & Secondary Education, Peshawar*  
*held in* May, 2007 *as a* Regular *candidate. He obtained* 718 *Marks out of 1100 and*  
*has been placed in grade* B *Representing* Very Good *. The examination was taken as a whole.*

Asstt Secretary

Secretary

## GRADING FORMULA

**Maximum Marks 1100**

**Percentage of Marks**

80% and above  
 70% and below 80%  
 60% and below 70%  
 50% and below 60%  
 40% and below 50%  
 Below 40% and Minimum Pass Marks

**Grades**

A One 880 and above  
 A 770 to 879  
 B 660 to 769  
 C 550 to 659  
 D 440 to 549  
 E 439 and below

**Remarks**

Outstanding  
 Excellent  
 Very Good  
 Good  
 Fair  
 Satisfactory

ISSB <b>TEST &amp; INTERVIEW</b> 1 <sup>ST</sup> APPEARANCE AT KOHAT Course <u>133 fma 4c</u> Batch Identity No. <u>Para 1107</u> Duration From <u>29/11</u> to <u>29/11</u>
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*16-12-13*