



Arif Shah (Maaden Approved, Aramco Approved, SEC Experienced)

Residence permit: 2618386235 **Work permit:** Saudi Arabian **Nationality:** Pakistani

Date of birth: 03/03/1992 **Place of birth:** Pakistan **Gender:** Male

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ABOUT ME

Results-driven HSE Engineer/Supervisor/Officer having Bachelor degree in Chemical Engineering and M.A Economics, Certificates in Occupational Safety and Health NEBOSH, IOSH, ISO 14001 and Environmental Management Level 3 with 11+ years of progressive experience in Health, Safety, and Environment (HSE) management across construction, chemical, and food manufacturing sectors. Proven track record of implementing and maintaining HSE strategies aligned with ISO 45001, ISO 14001, OSHA, NFPA, SBC, and ILO standards.

Currently working as HSE SUPERVISOR in Within construction company Turaif. Previously served as Safety Engineer at GSSC (SEC) CNCEC, Safety Supervisor at Sepco Arabia with core responsibilities including risk assessments, incident investigations, compliance monitoring, audits, and reporting for major infrastructure projects. Earlier roles include Assistant HSE Manager at Qarshi Industries.

In this role, provided consultancy support for ISO 45001 & ISO 14001 system development, gap assessments, legal compliance reviews, internal audits, and management reviews ensuring sustained certifications and regulatory alignment.

Key strengths include hazard identification, development and implementation of OHS management systems, emergency response planning, corrective and preventive action development, incident investigation, and employee HSE training. Proven ability to promote a proactive safety culture, drive continuous improvement, and align HSE performance with operational and strategic goals.

As a consultant, adept at conducting gap analyses, legal compliance audits, root cause analysis, and ISO 45001/14001 system implementation across various industries. Experienced in developing HSE documentation, conducting mock audits, facilitating management reviews, and supporting third-party and certification audits. Skilled in preparing and monitoring HSE KPIs including LTIFR, TRIR, audit closure rates, non-conformance trends, and training compliance.

WORK EXPERIENCE

Within construction company (maaden) – Turaif, Saudi Arabia

HSE SUPERVISOR

[10/01/2026 – Current]

1. Site Safety Management

Implement and enforce the HSE Plan and site-specific procedures
Ensure compliance with PTW (Permit to Work), JSA/JHA, and method statements
Coordinate safety activities with site engineers, supervisors, and subcontractors.

2. Hazard Identification & Risk Control

Identify hazards related to work at height, lifting, excavation, electrical, confined space
Ensure risk assessments are prepared, reviewed, and communicated
Verify implementation of control measures (engineering, administrative, PPE).

3. Inspections & Monitoring

Conduct daily site safety inspections and audits
Check scaffolding, ladders, lifting equipment, tools, machinery, and barricading
Monitor unsafe acts and unsafe conditions and ensure corrective actions.

4. Emergency Preparedness

Ensure emergency plans are implemented (fire, medical, evacuation)
Conduct emergency drills and coordinate with emergency response teams

Ensure availability of firefighting equipment, first aid, and emergency signage.

5. Legal & Client Compliance

Ensure compliance with local regulations and client HSE standards

Maintain HSE documentation and records

Coordinate with client HSE representatives during inspections and audits.

6. Environmental Protection

Monitor waste management, spill control, and housekeeping

Ensure safe storage of chemicals and fuels

Control dust, noise, and environmental pollution.

7. Reporting & Documentation

Prepare daily/weekly/monthly HSE reports

Maintain records of inspections, training, incidents, and permits

Saudi electricity company (Tabuk 02 Power plant) – Tabuk, Saudi Arabia

HSE ENGINEER

[04/11/2025 – Current]

1. **Risk Assessment and Hazard Identification:** Conduct Hazard Identification (HAZID) and Risk assessment for all transformer maintenance activities, such as oil sampling, washing and painting transformer, filter changes, oil filtration. Identify potential hazards (e.g., electrical shock, fire, working at height, chemical exposure to transformer oil) and evaluate existing control measures.
2. **High Voltage Safety:** Ensure strict adherence to high-voltage operation responsibility protocols and the absence of voltage through proper testing before any work on the transformer.
3. **Chemical/Oil Handling:** Oversee the safe handling, storage, and disposal of transformer oil.
4. **Permit-to-Work (PTW) System Oversight:** Verify and enforce the permit-to-work system, including isolation procedures, Lockout/Tagout (LOTO) protocols, and gas testing (if applicable to the environment) before maintenance work commences.
5. **Site Inspections and Audits:** Perform regular site inspections and safety audits of the work area, equipment, and tools to ensure ongoing compliance with safety standards and immediate correction of unsafe conditions.
6. **Safety Policy Implementation:** Develop and implement site-specific safety plans and procedures for transformer maintenance, ensuring they align with national/local regulations (e.g., OSHA, specific power sector laws) and industry best practices.
7. **Training and Awareness:** Organize and deliver safety inductions, toolbox talks, and specific training sessions on topics relevant to transformer maintenance, such as proper handling of hazardous materials, use of personal protective equipment (PPE), and electrical safety.
8. **Incident Management and Investigation:** Investigate all safety incidents, accidents, and near-misses using root cause analysis techniques. Document findings, recommend and track corrective and preventive actions, and share lessons learned to prevent recurrence.
9. **Emergency Preparedness and Response:** Coordinate and facilitate emergency response planning and drills (e.g., fire, chemical spills, evacuation) specific to the power plant environment. Ensure the availability and readiness of first aid kits, firefighting systems, and trained emergency response personnel.
10. **Documentation and Reporting:** Maintain comprehensive records of all HSE activities, including inspections, training logs, incident reports, and safety documentation. Prepare and submit reports to management and regulatory bodies as required.
11. **Environmental Compliance:** Monitor waste management and disposal procedures for hazardous materials like used transformer oil, ensuring compliance with environmental regulations.

China National Chemical Engineering Company – Saudi Arabia

Safety Engineer

[01/01/2022 – 31/05/2025]

1. Advised senior management on HSE strategy, policy development, and risk management to align with national regulations and international standards.
2. Developed, implemented, and regularly updated HSE policies and procedures in compliance with regulatory requirements and client expectations.
3. Led internal and external Client HSE audits, ensuring continuous improvement and 100% audit readiness.
4. Conducted HIRA, Job Safety Analysis (JSA), Management of Change (MOC), and Permit to Work (PTW) reviews across diverse project scopes.

5. Oversaw incident investigations using root cause analysis techniques, ensuring timely implementation of corrective and preventive actions.
6. Delivered behavioral safety programs and emergency response training to cross-functional teams, achieving over 95% training compliance.
7. Conducted site safety inspections, tracked findings through digital HSE reporting tools, and achieved a 90%+ closure rate of identified non-conformities.
8. Monitored key HSE KPIs (LTIFR, TRIR, audit closures, and training hours), preparing trend analysis and performance reports for senior leadership.
9. Ensured contractor/subcontractor HSE compliance through prequalification, site inspections, and performance evaluations.
10. Collaborated with emergency services and regulatory bodies, ensuring legal compliance and swift resolution of inspection findings.
11. Promoted a strong safety culture by initiating recognition programs, facilitating safety committees, and driving employee engagement initiatives.

SEPCO Arabia.co – Saudi Arabia

Safety Supervisor

[01/12/2019 – 31/12/2021]

1. Conducted comprehensive risk assessments and hazard identification, ensuring effective controls and safe work environments across high-risk activities.
2. Developed and implemented site-specific HSE policies and procedures aligned , and legal regulatory requirements, resulting in 100% audit readiness and zero major non-conformities.
3. Executed weekly HSE inspections and monthly audits, with a 95%+ closure rate of corrective actions within prescribed timelines.
4. Delivered mandatory and task-specific HSE training to over 100+ personnel, including emergency response, fire safety, and permit-to-work (PTW) procedures, achieving 98% training compliance.
5. Investigated all incidents and near misses within 24 hours, applying root cause analysis (RCA) methodology and implementing preventive actions, resulting in a 30% reduction in repeat occurrences.
6. Maintained detailed HSE records, including incident logs, audit trails, equipment inspections, and training matrices, ensuring full compliance documentation protocols.
7. Monitored compliance with Permit-to-Work systems, including Hot Work, Confined Space, Excavation, Lifting, and Work-at-Height, ensuring 100% procedural adherence across daily operations.
8. Coordinated emergency drills (fire, medical, evacuation) on a quarterly basis, assessing team readiness and identifying gaps in response protocols.
9. Oversaw inspection and readiness of critical safety equipment, including PPE, SCBA, fire extinguishers, alarms, and eyewash stations, with zero equipment failure incidents reported.
10. Facilitated daily toolbox talks and weekly safety meetings, increasing worker engagement and promoting a proactive safety culture, reflected in a 45% reduction in unsafe observations.
11. Analyzed HSE performance data through KPIs such as LTIFR, TRIR, audit closure rate, and training hours per employee, and presented findings in monthly reports to project leadership.
12. Led and participated in incident review boards and HSE committee meetings, driving continuous improvement initiatives and reinforcing leadership commitment to safety.

B.R C.A.T International – Saudi Arabia

HSE Officer

[01/06/2017 – 30/11/2019]

1. **Hazard identification & Risk Assessment:** Identify hazards, perform risk assessments using tools like Job Safety Analysis (JSA), and recommend measures to control risks.
2. **Emergency Response:** Develop and manage emergency plans for scenarios such as fires, spills, and leaks, and conduct drills to test their effectiveness.
3. **Incident Management:** Investigate accidents and near misses, determine root causes, and implement corrective actions to prevent recurrence.
4. **Training and Awareness:** Organize safety training and awareness campaigns for all personnel, promoting a strong safety culture.
5. **Fire Safety and Emergency Preparedness:** - Ensuring all fire safety systems (alarms, extinguishers, sprinklers) are in place and regularly maintained and Conducting regular fire drills and emergency evacuation exercises.

6. *Environmental Management: Monitor air, water, and waste management practices, and promote sustainability initiatives to minimize the facility's environmental impact.*
7. *Inspections & Audits: Conduct regular on-site inspections and audits to check for compliance with safety procedures and environmental standards.*
8. *Risk Mitigation: Oversee specific risk mitigation efforts related to the handling, storage, and transfer of petroleum products, including fire and explosion prevention measures.*
9. *Health Monitoring: Implement programs to monitor the health of employees exposed to potential occupational hazards.*
10. *Documentation: Maintain accurate records of incidents, audit findings, safety training, and corrective action.*

 **Qarshi Industries PVT LTD** – Hattar Haripur, Pakistan

Assistant Manager HSE

[01/04/2015 – 01/04/2017]

1. *Ensuring compliance with integrated management systems, including Quality Management System (ISO 9001:2015), Environmental Management System (ISO 14001:2015), and Occupational Health and Safety (OSHA 2015).*
2. *Developing and implementing health and safety working programs and strategies, including providing specialist advice and information to organizations and advising on necessary changes.*
3. *Conducting examinations of machinery, working environments, and structures, measuring noise, heat, and vibrations, and collecting samples as required.*
4. *Visiting industrial premises to inspect processes and procedures, ensuring compliance with health and safety practices.*
5. *Investigating accidents and complaints to determine potential breaches of health and safety law.*
6. *Ensuring workers are provided with Personal Protective Equipment (PPE) and investigating procedures for working in hazardous environments or with harmful substances.*
7. *Compiling reports on inspection and investigation results, completing detailed paperwork, and determining when further action is necessary.*
8. *Developing methods to predict potential hazards based on experience, historical data, and other relevant information sources*

EDUCATION AND TRAINING

Bachelor in chemical engineering

University of wah Pakistan [11/10/2010 – 30/09/2014]

City: Wah Cantt | Country: Pakistan | Website: www.wecuw.edu.pk | Level in EQF: EQF level 6

M.A economics

University of lakki marwat [01/06/2021 – 01/07/2023]

City: Lakki marwat | Country: Pakistan | Website: www.ulm.edu.pk | Level in EQF: EQF level 6

NEBOSH IGC In Occupational health and safety

NEBOSH [31/12/2022 – 01/04/2023]

City: UK | Country: Pakistan | Website: www.nebosh.org.uk | Level in EQF: EQF level 3

IOSH MS UKin occupational safety and health

IOSH [01/01/2015 – 01/03/2015]

City: UK | Country: United Kingdom | Website: IOSH.com | Level in EQF: EQF level 1

Environmental Management Level 3

HiquaL [25/09/2024 – 25/12/2024]

Country: Pakistan | Website: HiquaL.co.uk | Level in EQF: EQF level 3

ISO 14001

Hiqual [23/12/2024 – 27/12/2024]

Country: Pakistan | Website: Hiqual.co.uk | Level in EQF: EQF level 1

LANGUAGE SKILLS

Mother tongue(s): Urdu

Other language(s):

English

LISTENING C1 READING C1 WRITING B2

SPOKEN PRODUCTION B2 SPOKEN INTERACTION B2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

SKILLS

Word / Power point / Excel / Aspen hysys / Strong internet surfing and research skills

NETWORKS AND MEMBERSHIPS

[01/04/2015 – Current] Islamabad Pakistan

Pakistan engineering council