



Mohamed Abd El wahed

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Mansoura, Egypt

Permit: Saudi driving license

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SKILLS

- Operation programs (Fadilio, Sweit 8, Maximo)
- Teamwork skills
- Ability to effectively plan
- Originality
- POS software expertise
- Workplace safety
- Risk mitigation
- Team building
- Problem-solving
- Data gathering and review

PERSONAL DETAILS

Date of Birth / Age:

25/09/1982

Nationality: Egyptian

Marital Status: Married

LANGUAGES

Arabic

Native

English

Fluent

PROFESSIONAL SUMMARY

HSE Operations

- Implementation of Safety management system according to OSHA general, construction.
- Implement HSE program & Safety plans, site emergency plans, Project Safety Rules & Policies.
- Capable to review and sharing to prepare lifting plans and Check all using lifting gears on site.
- Conducting Training safety courses for employees as a safety program.
- Conducting risk assessment for different activities in field.
- Participating and leading incident investigation.
- Auditing and producing reports to support the successful implementation of preventive safety measures.
- Enable Departments / Sites in setting annual HSE objectives and monitor progress.
- Maintain records for safety inductions, fire trainings, inspections, auditing, accident investigations, and incidents involving companies' property damage.
- Prepare and issue H.S.E reports and records as well as and follow up subcontractor's reports.
- Regenerate and regularly update H.S.E instructions as required.

*- Environment operation

- Direct internal audits to ensure all operations are executed within environmental standards. (Green star hotel)
- Plan, organize, coordinate & supervise Environmental systems. And review the green star plans on hotel
- ISO 9001:2015, ISO 14001:2015, ISO 45001:2018

WORK HISTORY

November 2022 - Current

Safety engineer, Saudi building technical maintenance company LTD, Riyadh, Saudi Arabia

[Imam Mohammad ibn Saud Islamic University Riyadh](#)

August 2021 - November 2022

Safety engineer, Saudi building technical maintenance company LTD, Jeddah, Mecca

Project achievements maintenance ([Prince Abdullah Al Faisal Stadium Jeddah](#))

NEBOSH Conference 2024

- Creating ... a more inclusive workplace
- Creating ... a robust mental health management system
- Creating ... a workplace risk assessment: confidently navigate process
- Creating ... a work –related stress risk assessment
- Health and safety market insights: overcoming candidate and client challenges
- Creating ... HSEQ excellence through sustainability
- Creating Safety culture

NEBOSH Webinar 2024

- The Impact of Climate Change and Heat Stress on Occupational Health and Safety

NEBOSH Webinar 2025

- The role of AI and digitalization at work
- Building a successful career in health and safety
- Slip Accidents: Serious, Scientific, Stoppable

NEBOSH Webinar 2026

- **OSH issues for Artisanal and Small Scale miners – the global challenge**

July 2018 - August 2021

Safety engineer, Saudi building technical construction company LT, Jeddah, Mecca Region

Project achievements construction ([Prince Abdullah Al Faisal Stadium Jeddah](#))

May 2015 - July 2018

Safety engineer, Saudi building technical maintenance company LTD, Riyadh, Riyadh Region

Project achievements maintenance ([KING FAHD ROAD PROJECT](#))

November 2014 - May 2015

Safety engineer, Reef Oasis beach resort hotel, Sharm El sheikh, Egypt

October 2006 - April 2014

Safety supervisor, Iberotel Club Fanara hotel, Sharm El sheikh, Egypt

EDUCATION

October 1999 - May 2004

Bachelor of Science, Chemistry Department

Damietta university, Egypt

Training Courses

- 30-Hour Occupational Safety and Health Training course in OSHA General Industry Safety Standards 11-20008.
- 30-Hour Occupational Safety and Health Training Course in OSHA Construction Industry Safety Standards 4-2010
- Occupational safety & Health specialist 3/2007& 2/2014
- Commit member's Occupational safety & Health 10/2007&10/2010
- Firefighting training course 6/2007&6/2011&7/2012&11/2013
- Train the trainer program (hotel) 3-2011
- Certified hospitality department trainer (American Hotel & Lodging) may 2011
- English for hotel staff course (with grade of excellent)1-2011
- HOTEL GREEN STAR Initiative 10-2011
- SCAFFOLD INSPECTOR NOVEMBER 2018
- Change management training program April 2021
- Awareness training ISO 9001:2015, ISO 14001:20015, ISO 45001:2018 (September 2021)
- Internal Auditor Training ISO 9001:2015 (March 2023)
- Life Ambassador first -Aid (Saudi Red Crescent Authority May-2024)
- First -Aid (EDRAAK May -2024)
- Adult First Aid /CPR AED all Ages (2020) (HSI November 2024)
- Adult First Aid /CPR AED all Ages (2020) (HSI November 2025)
- Introduction to industrial occupational health and safety (public Health Academy January 2024)
- Industrial occupational health and safety advanced level (public Health Academy January 2024)
- Training Safety Management System Operation LEVEL FMS (public Health Authority January 2024)
- Basics of occupational health & safety program (government of Sharjah prevention and safety Authority January 2024)
- Health and safety in facilities (Monsha'at May 2024)
- Basic of occupational safety and health for worker (Saudi NCOSH August 2025)

- Occupational health and safety in Medical sector (Saudi NCOSH September 2025)
- Basic OSH for Oil & Gas sector (Saudi NCOSH September 2025)
- Occupational safety and health in construction sites (Saudi NCOSH September 2025)
- First- Aid (M3aarf May -2024)
- Inspection and Penalties from OSHA Inspections (M3aarf May -2024)
- Mechanical Safety (M3aarf May -2024).
- Occupational Safety and Health from OSHA NASP (M3aarf May -2024).
- Accredited Occupational Health and Safety Diploma (M3aarf June -2024).
- Occupational Health (M3aarf June -2024).
- Professional Safety Occupational Safety (M3aarf June -2024).
- Occupational safety and health instructions and signs (M3aarf June -2024).
- Occupational safety and health (M3aarf June -2024).
- Road traffic safety (M3aarf June -2024).
- First -Aid (M3aarf June -2024).