

HAMAYAL ADNAN

HSE Officer (NEBOSH IGC Certified)

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PROFESSIONAL SUMMARY

NEBOSH Certified HSE Professional specialized in digital safety monitoring and site compliance. Expert in managing Hazard Identification and Risk Assessments (HIRA) within Riyadh's construction sector. Proven ability to maintain 100% PTW compliance and deliver technical Toolbox Talks (TBT). Proficient in creating Advanced Safety Dashboards (WPS/Excel) for real-time man-hour tracking and incident reporting.

CORE COMPLIANCE

- **HSE Management:** Hazard Identification, Risk Assessment (NEBOSH Standard) & Incident Investigation.
- **Regulatory Compliance:** MHRSD Standards, Saudi labor law, & Permit-to-Work (PTW) System.
- **Digital Reporting:** Advanced Safety Dashboards (WPS/Excel), Daily Man-Hours Tracking, & Data Visualization.
- **Technical Safety:** Emergency Response Planning, Fire Safety, & Confined Space Monitoring.

PROFESSIONAL EXPERIENCE

Safety Officer | OHCC, Riyadh (Aug 2024 – Aug 2025)

- Executed daily site inspections to ensure strict adherence to MHRSD and Saudi Labor Law safety standards.
- Developed and maintained Digital Safety Logs using WPS/Excel, reducing reporting time by 30%.
- Conducted technical Toolbox Talks (TBT) focusing on high-risk activities like scaffolding and confined spaces.
- Verified and managed Permit-to-Work (PTW) systems for all on-site subcontractors.
- Monitored site safe man-hours and ensured zero lost-time injuries (LTI) during the project phase.

Technical Skills & Tools

- **Digital Safety Reporting:** Advanced MS Excel & WPS Office Dashboards.
- **Safety Documentation:** JSA (Job Safety Analysis), Incident Reporting, & TBT Logs.
- **Compliance Standards:** Saudi Labor Law (MHRSD) & International Safety Protocols.

EDUCATION & CERTIFICATIONS

Professional Certifications:

- NEBOSH International General Certificate (IGC) | Certified (March 2026)
- OSHA 30-Hour General Industry Safety & Health
- IOSH Managing Safely

Technical & Site Safety Training:

- Permit-to-Work (PTW), Confined Space, Risk Assessment, and First-Aid Training.

Academic:

- Intermediate (HSSC) | Sindh Board, Pakistan

Languages:

- English (Professional), Arabic (Basic), Urdu (Native).