

UZAIR AHMAD

TRAIN THE TRAINER / HSE OFFICER / HSE SUPERVISOR

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PROFESSIONAL SUMMARY

Dedicated **HSE Officer** with over **5 years of experience** in enforcing health, safety, and environmental standards across **commercial high-rise construction**, industrial, and hospitality projects in Saudi Arabia. Skilled in risk assessments, incident investigations, digital reporting systems, safety training, and regulatory compliance. Demonstrated success in achieving **60 million LTI-free man-hours**, improving safety culture, and implementing proactive safety initiatives. Strong knowledge of TRIR, LTIR, PTW systems, emergency response, and ISO-based HSE management systems. Committed to maintaining safe, compliant, and incident-free workplaces.

KEY SKILLS

HSE Compliance & Enforcement | Risk Assessment & Hazard Identification | PTW (Permit to Work) Management | Incident/Accident Investigation (RCA) | Emergency Response & Preparedness | Site Inspections & Safety Audits | Toolbox Talks & Safety Trainings | TRIR, LTIR & KPI Monitoring | JSA/JHA Development | PPE Compliance Monitoring | Behavioral-Based Safety (BBS) | High-Risk Work Supervision (W@H, lifting, scaffolding, excavation)

TECHNICAL SKILLS

Digital near-miss reporting tools | Microsoft Excel, Word | Risk assessment templates | Safety documentation: SDS, PTW records.

WORK EXPERIENCE

Safety Officer | Albawani construction company – Qiddiya, Riyadh, KSA

Jan 2025 – till present

Consultant: MAB | **Client:** Qiddiya

Project Type: Entertainment, hospitality and residential project – civil, finishing & MEP

Workforce Supervised: 120–140 workers

Key Responsibilities & Achievements:

- Conducted routine safety inspections to maintain a hazard-free construction environment.
- Supported compliance audits and coordinated with management on emergency response plans.
- Ensured proper use of PPE and enforced safety rules during all construction activities.
- Reported unsafe conditions and minor incidents to senior HSE personnel.

HSE Officer | MAS ECC – Prime Business Resort Project, Riyadh, KSA

Nov 2024 – Dec 2025

Consultant: Dewan | **Client:** Mawan

Project Type: Multi-story commercial high-rise with civil, finishing & MEP works

Workforce Supervised: 80–110 workers

Key Responsibilities & Achievements:

- Enforced company OHS policies and Saudi labor safety regulations across all construction activities.
- Conducted risk assessments, developed control measures for high-risk tasks including lifting, W@H, scaffolding, and excavation.
- Delivered 8–12 toolbox talks per month on PPE, hazard awareness, fire safety, and emergency procedures.
- Participated in 4–6 emergency drills annually, including fire, evacuation, medical, spill response, and confined-space rescue.
- Implemented a digital near-miss reporting system that improved reporting accuracy and close-out efficiency.
- Supported the achievement of 60 million LTI-free man-hours through proactive safety supervision.
- Monitored KPIs such as TRIR, LTIR, NCR %, near-miss close-out rate, PPE compliance, and safety observation participation.
- Supervised one HSE assistant and collaborated with engineers, subcontractors, and management teams.

HSE Officer | Almabani – Riyadh metro project, Riyadh, KSA

June 2022 – Aug 2024

Consultant: RMTTC | Client: RCRC (Royal commission for Riyadh city)

Project Type: Large-scale public infrastructure project with civil and structural works

Workforce Supervised: 60–80 workers

Key Responsibilities & Achievements:

- Conducted hazard identification, routine site inspections, and maintained safety documentation including SDS and PTW.
- Investigated incidents and developed corrective/preventive actions aligned with client expectations.
- Improved site safety by upgrading safety signage and implementing scenario-based emergency drill programs.
- Ensured compliance with client specifications, Saudi regulations, and ISO-based safety frameworks.
- Delivered HSE induction programs for employees and subcontractors.

HSE Officer | IHHC – Saudi German Hospital, Dammam, KSA

Jan 2021 – May 2022

Consultant/Client: Middle East Healthcare Corporation

Project Type: Hospital construction – civil, finishing & MEP

Workforce Supervised: 60–80 workers

Key Responsibilities & Achievements:

- Conducted routine safety inspections to maintain a hazard-free construction environment.
- Supported compliance audits and coordinated with management on emergency response plans.
- Ensured proper use of PPE and enforced safety rules during all construction activities.
- Reported unsafe conditions and minor incidents to senior HSE personnel.

EDUCATION, CERTIFICATIONS & PROFESSIONAL TRAININGS

BS Biotechnology | Abdul Wali Khan University Mardan – 2018 | Grade: A (3581/4700)

FSc (Pre-Medical) | BISE Mardan – 2014 | Grade: A (835/1100)

Matric (Science) | BISE Mardan – 2012 | Grade: A (809/1050)

CERTIFICATIONS

- NEBOSH IGC
- IOSH UK
- OSHA USA
- Construction safety
- Work at Height
- Risk Assessment
- DIT – Diploma in Information Technology

LANGUAGES

- English – Fluent
- Urdu – Fluent
- Pashto – Native
- Arabic – Basic