



LUCID



Adil Mohammed Khan

HSE Supervisor

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Career Objective

Dedicated HSE Professional with 9 years of experience in ensuring workplace safety and compliance with regulatory standards. Training employees on safety protocols, and implementing safety programs to minimize accidents and injuries. Seeking to leverage expertise in occupational health and safety, environmental safety to contribute to the safety culture at workplace.

Core Competencies

- HSE Policies & Procedures
- Risk Assessment & Hazard Identification (HIRA).
- ISO 45001 Compliance & Audits.
- Safety Audits & Assessment.
- Training & Development.
- Incident / Accident Investigation & Root Cause Analysis.
- Emergency Response & Crisis Management.
- Excellent Communication & Interpersonal Skills.
- Documentation, Reporting & Record Management.
- Legal & Regulatory Compliance (Local & International).
- Leadership, Communication & Team Coordination.

PROFESSIONAL EXPERIENCE

Cimtas Metal Yapi

Designation: HSE Supervisor

Project: Qiddiya Speed Park

Client: Qiddiya

Consultant: TFD

Duration: July 2025 to till Date

- Ensuring all company policies related to Health and Safety are complied.
- Working knowledge of HSE systems i.e., ISO14001 & ISO 45001.
- Daily Monitoring, Supervision, and Inspection of onsite works and activities.
- Conducts various HSE trainings, worker orientations, toolbox talks, investigations, pre-job talks, Site Safety Log book, safety campaigns etc.
- Promoting & Practicing Health and Safety as the top priority in the organization to establish and maintain a positive safety culture.
- Consult with the employees on HSE matters, escalate issues as appropriate.
- Performing specialized field audits i.e., PTW, WAH, Lifting, Hot Work etc.
- Conduct & Evaluate Hazard Identification & Risk Assessment (HIRA) / Job Safety Analysis (JSA) within the organization and submitting to the clients when required.
- Preparation of Emergency procedures and First Aid requirements.
- Providing Medical Fitness Certificate of workers; should they be requested by clients.
- Carrying out Proactive daily, Weekly site HSE inspections, Emergency drills / Exercise report, etc.
- Provide and Submit to Client HSE reports on weekly and monthly basis.
- Participates on HSE walkthroughs and Audits.

- Receive Clients observations, request & complaints and follow up for their closures.
- Maintaining and ensuring records of competent employees and equipment.
- Conducting Investigations, Recording and reporting incidents – To identify the root cause to take corrective action and prevent a recurrence.

Global Horizon

Designation: Safety Supervisor

Project: Lucid Manufacturing Factory (KAEC)

Client: Lucid

Consultant: Hill International & ABCC

Duration: February 2024 to June 2025

- Supervise daily HSE activities across construction site.
- Implement PTW system for high-risk activities (lifting, confined space, hot work, WAH).
- Conduct site safety inspections and audits.
- Immediately rectify unsafe acts and conditions.
- Prepare and review risk assessments and method statements.
- Deliver toolbox talks and HSE training programs.
- Investigate incidents and implement corrective actions.
- Coordinate with client, consultant, and management.
- Ensure compliance with Saudi regulations and international standards.

ARMETAL Metal Industries Company LTD. Riyadh, KSA

Designation: Safety Officer

Project: 3E2 Metro project in Riyadh

Client: RCRC

Consultant: RMTC (RIYADH METRO TRANSIT CONSULTANTS)

Duration: August 2021 to January 2024

- Monitored safety during heavy lifting and structural works.
- Carried out day-to-day duties accurately and efficiently.
- Conducted daily site inspections and safety walkdowns
- Maintained safety documentation and reports
- Implemented emergency response procedures
- Reduced unsafe acts through proactive safety campaigns.
- Managed PPE compliance and safety training.
- Conducting regular site inspections and audits to identify hazards and ensure 100% compliance with HSE plans.
- Regularly verify the proper use and authorization of work permits, activity and equipment checklists.

Designation Safety Officer

Employer: S.K BUILDING CONSTRUCTIONS, Hyderabad, TELANGANA

Project: Harmony towers.

Duration: April 2016 to May 2021

- Conduct daily site safety inspections and audits.
- Implement PTW system for high-risk activities.
- Prepare risk assessments and method statements.
- Deliver toolbox talks and safety training.
- Reduced site incidents by implementing control measures.
- Monitoring and Maintaining of Work Permits on Daily basis.
- Conduct comprehensive site inspections and report any unsafe conditions or practices.
- Submit safety observations using management system tools for effective tracking.

- Addressed employee concerns related to health and safety issues in a timely manner.
- Responded promptly to complaints from employees about health and safety matters.
- Inspect workers and equipment at the job site to ensure compliance with safety procedures as per client requirements.
- Prepare daily reports on unsafe practices and recommend preventive measures.

Skills

- Maintaining Safety Records
- Written and Verbal Communication
- MS Word, MS Excel, Document & Report
- Hazard Identification
- Employee Safety Orientations
- Compliance Monitoring
- Teamwork
- Leadership
- Effective Communication
- Critical Thinking

EDUCATION

- Computer Science Engineering **Jawaharlal Nehru Technology & University**, Telangana.

PROFESSIONAL CERTIFICATIONS

- **NEBOSH IGC**
- **NEBOSH-HSW**
- **IOSH Managing Safely**
- **OSHA 30-Hour Training Construction Safety and Health**
- **Diploma in Fire and industrial safety.**
- **Occupational Health & Safety Supervisor Training.**
- **Accident Investigation Training.**
- **Confined Spaces Course.**
- **Electrical Safety Course.**
- **COSHH Awareness Level 2.**
- **Medical First Aid (MFA)**
- **Emergency Evacuation (EVA)**
- **Risk Assessment (RA)**

Personal Details

Nationality : Indian
Religion : Islam
Iqama Status : Transferable
Marital status : Married
Languages known : English, Hindi, Urdu
Current location : Riyadh (KSA)

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