

# CURRICULUM VITAE

## Safety Officer

**Name: Hafiz Muhammad Zahid Afzal**

**Email: hafizzahid45908@gmail.com**

**Mobile: +966543694105**



### CAREER OBJECTIVE:

Enthusiastic, disciplined, team player and result-oriented individual. I am looking forward for a challenging engineering role where I can not only implement what I've learning my previous workspace but also develop new skills. I intend to remain technical and aim to achieve the status of Certified Safety Professional in the future.

### EDUCATIONAL QUALIFICATION:

**B.SC (Science)**

**NEBOSH**

**IOSH**

### H & S COURSES AND TRAININGS:

**Confined Space Safety**

**First Aid**

**Behavior Based Safety**

**Job Safety Analysis**

**Emergency Procedure**

**Breathing Apparatus course**

**Construction Safety Course**

**Hazard Identification**

**Risk Assessment**

**Fire Safety**

### EXPERIENCE PROFILE:

**Company Name: - Building Roots CO.LTD (BRC)**

**Salini Saudi Arabia (SSA)**

**Project: - Diriyah Square project Riyadh**

**Position: - HSE Officer**

**Duration: - October 2024 – January 2026**

**Company Name: - Arab Supply & Trading CO.LTD (ASTRA)**  
**Project: - HEGRA ROAD PRIMARY AND SECONDARY INFRASTRUCTURE| AL ULA**  
**Position: - HSE Officer**  
**Duration:- February 2023 - July 2024**

**Company Name: - Jaber Sameeh Al Harbi Group (JSG)**  
**Project: - KHRO2 | KSA**  
**Position: - Safety Officer**  
**Duration: - January 2022– December 2022**

**Company Name: - Saudi Fal**  
**Project: - Emerson Al KhobarKSA**  
**Position: - Safety Officer**  
**Duration: - January 2020 – November 2021**

**Company Name: - Wish N Deal Engineering Pvt Ltd.**  
**Project: - Sadara (Petro Chemical)**  
**Position: - Safety Officer**  
**Duration: - March 2019– December 2019**

### **JOB RESPONSIBILITIES:**

- ❖ **Completes daily assessments of high risk activities i.e. Lifting Operations, Rigging,**
- ❖ **Excavation, Work at height, Confined space, Scaffolding Etc.**
- ❖ **Implementation of HSE Policy for the premises of the project.**
- ❖ **Monitoring all site related activities and ensuring that activities are performed following Health and Safety standards.**
- ❖ **Ensuring safe procedures are adopted when doing Hydro Testing**
- ❖ **Conducted safety trainings as per company requirements.**

- ❖ Verifying that all tools and equipment are adequate and safe for use.
- ❖ Promoting safe practices at the job site. Attending site safety meetings and monitoring points to ensure remedial actions is taken where required.
- ❖ Maintain and produce health, safety and environmental statistics and records.
- ❖ Conduct daily checks of Permit to Work.
- ❖ Identifying all Mechanical and Electrical hazards present in workplace.
- ❖ Making sure that better housekeeping is maintained.
- ❖ Inspection of the site to ensure it is a hazard-free environment.

### **COMPUTER SKILLS:**

MSWord

MS Excel

MS Power Point

### **PERSONAL DETAILS:**

- ❖ Father's Name : :Muhammad Afzal
- ❖ Date of Birth : 16-04-1992
- ❖ Iqama No : 2555022264
- ❖ Religion : Islam
- ❖ Nationality : Pakistan
- ❖ Marital Status : Single
- ❖ Driving License : Valid
- ❖ Languages Known : English, Urdu, Arabic
- ❖ Visa Status : Transferable



nebosh

# NEBOSH International General Certificate in Occupational Health and Safety

This is to certify that

**Muhammad Zahid**

was awarded this qualification on

06 October 2021

Les Philpott  
Chair

Dee Arp  
Accountable Officer

Master log certificate No: 00320941/1243680

SQA Ref: R630 04



**The National Examination Board in  
Occupational Safety and Health**  
Registered in England & Wales No. 2698100  
A Charitable Company Charity No. 1010444

Serial No 137820

Reg. No 13-US-34-259



# University of Sargodha

Pakistan

Roll. No 10335

2015

*The Chancellor, University of Sargodha confers on*

**Hafiz Muhammad Zahid Afzal**  
son of Muhammad Afzal  
of Punjab College of Science, Sargodha  
(Late College Student)

*who has fulfilled all the requirements of the program of study, the degree of*

## BACHELOR OF SCIENCE

*He qualified the examination in parts on 1st March 2016 securing  
360 / 800 marks and was placed in 2nd Division.*



Controller of Examinations

Sargodha 20 March 2016



Chancellor





This is a certificate awarded to

**Muhammad Zahid**

on successfully completing

**Managing Safely**

a course approved and validated by the

**Institution of Occupational Safety and Health**

in association with

College of Occupational Safety Health

*Approved Centre: 3129*

Signed on behalf of IOSH

*Vanessa Hamood-Ul-Wakeels*

Chief Executive

*[Signature]*

Course Organiser



Date: 20 August 2023

Cert No: MS517169T

Possession of this certificate does not confer exemption from accredited qualifications which lead to membership of IOSH

Date: 06-07-2024

### **TO WHOM IT MAY CONCERN**

This is to certify that **Hafiz Muhammad Zahid Afzal S/O Muhammad Afzal**, Iqama Number, **2555022264**. Employee code **10640** has worked with ASTRA constructions from **February 2023** till **July 2024** as "HSE Officer".

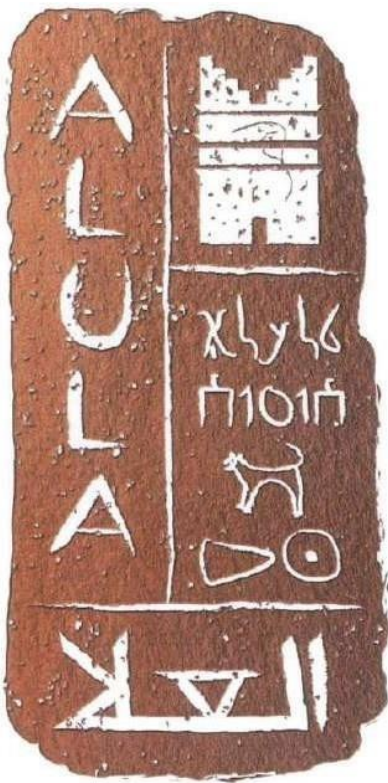
During his working tenure, Company found him hard working, punctual and dedicated toward his work.

ASTRA Constructions wish him for his future endeavors.

Sincerely



HOD HS&E



# CERTIFICATION OF APPRECIATION

This Certificate is proudly presented to

**Hafiz Muhammad Zahid**

In recognition of your outstanding performance and contribution to keeping Hegra Road Infrastructure Early Works of Primary and Secondary Infrastructure, HEGRA PKG3, a safe working environment.

**Congratulations on achieving a flawless safety record of 1,000,000 Safe Man-Hours**

  
**Sami Eldaye**  
SEA-PMCM Director

