

# RESUME

**Name** : Muhammad Zeeshan CSP  
**Name of Proposed Key Position** : QHSE Lead/Engineer  
**Total Experience** : 7+ years  
**Sex** : Male  
**English Fluency in Oral / Written** : Excellent  
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**Iqama** : Transferable  
**Location** : Al Qassim Province  
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**YouTube Channel** : @Hsecareerhub

## PROFESSIONAL SUMMARY

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Certified Safety Professional CSP, ASP (BCSP-USA), CertIOSH (UK) and ISO Lead Auditor (CQI—IRCA) QHSE professional with 7+ years of experience delivering safety leadership across construction, infrastructure, and industrial projects with strong expertise in risk assessment, incident investigation, compliance auditing, and implementation of HSE management systems aligned with OSHA, Saudi Aramco, GACA and international standards like NFPA,ASTM .

Proven track record in developing and enforcing safety policies, driving a proactive safety culture, and reducing workplace risks through effective training programs and continuous improvement initiatives. Skilled in hazard identification, root cause analysis, and ensuring regulatory compliance while maintaining project timelines and budgets.

Recognized as a collaborative and hands-on leader with strong analytical and problem-solving abilities. Experienced in leading teams, conducting audits, managing emergency response, and improving overall safety performance. Additional background in medical response supports effective injury assessment, case management, and workplace health readiness.

Committed to achieving zero incidents by fostering safe work environments, enhancing operational efficiency, and aligning safety strategies with organizational goals.

## QUALIFICATION

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- Certified Safety Professional ® (CSP ®) from BCSP -USA
- Associate Safety Professional ® (ASP ®) from BCSP -USA
- NVQ Level 6 and 7 in OSH
- Cert-IOOSH (260551 UK)
- Lead Auditor ISO 45001,14001,9001(CQI—IRCA)(2026-OHS-955)
- Bachelor of Science (BS Honors Laws)
- Diploma in Safety Health and Environment
- High School Diploma
- Fire Safety Management (ITC-ILO)
- Incident/Accident Investigation
- COSHH Risk Assessor Certification
- OSHA 30-Hour Construction Safety and Health

## SUMMARY OF EXPERTISE

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- HSE Planning and Management
- HSE Inspection and Auditing
- Prevention Through Design (PtD)

- Subcontractor HSE Management
- Work Permit System Implementation
- Risk Assessment and Job Safety Analysis (JSA)
- Training and Development
- Process Safety Management (PSM), Management of Change (MOC)
- Incident Investigation and Root Cause Analysis
- Internal Auditor (ISO 14001, ISO 45001, ISO 9001, ISO 27002)
- Emergency Response Plan and Drills
- QHSSE Reports and Documentation
- Fair Culture and Behavior-Based Safety
- Continuous Improvement
- Regulatory Compliance (Maaden, Aramco, NFPA, GACA, OSHA, NCEC, SBC, ISO)
- Prevention through Design
- Integrated Management System Development

## KEY PROJECTS & POSITIONS HELD

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<b>Lead - QHSE</b>	Aug 2024 – Present
ALAMSHAWI CONTRACTING ESTABLISHMENT (AXENORCO)	
Fence installation along all critical infrastructure of the Al-Baitha Mine, storage tank installation, and maintenance of administration building, PGB Maintenance and Repair, crusher foundation, TLO, Village Buildings and substation construction	
<b>Lead - HSE</b>	Jan 2023 – Aug 2024
RED DUNE CONTRACTING COMPANY	
Construction and Precast Concrete Installation (Red Sea Project – Shura Island)	
<b>HSE Engineer</b>	July 2020 – Dec 2022
MEMAAR	
Healthcare Construction (North West General Hospital – Block B)	
<b>Safety Officer</b>	Aug 2018 – Jan 2020
HIDAYATULLAH CONSTRUCTION COMPANY	
Mixed-Use Development of Prime Towers – 15 Floors	

## EXPERIENCE

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- Develop, implement, and monitor the HSE Management System (HSEMS) in line with ISO 45001, 14001, 9001 Maaden (MAC) and Aramco requirements; lead the Project HSE team
- Coordinate with Client and consultant for safety issues and respond promptly to resolve them
- Conduct Safety Committee meetings and prepare Minutes of Meeting (MOM)
- Develop and maintain HSE policies, procedures, Hazard Identification & Risk Assessments (HIRA), and waste reduction plans
- Plan, coordinate, and implement HSE initiatives ensuring full compliance with HSEMS, MAC, and Aramco standards
- Investigate incidents, perform root cause analysis, and close out accident reports
- Deliver HSE training in process safety, firefighting, occupational safety, and Emergency Evacuation
- Conduct HSE inspections including Fire Extinguisher, First Aid box, Vehicle, Crane, Lifting tools, and Safety Harness
- Oversee product handling, spill prevention, and safe site operations
- Participate in MOC, HAZOP, PHASER, PSSR, SIL assessments, and SIMOPS planning
- Manage emergency situations with the CERT (Company Emergency Response Team)
- Ensure sealing of safety-critical equipment (Pressure Safety Valve, Pressure Control Valve, and Safety Relief Valve)
- Overall in charge for Maintenance & Testing of Active & Passive Firefighting System and Fire alarm

System as per NFPA Standards

- Coordinate with competent persons for Third Party Inspections
- Perform basic HSE calculations for airborne contaminant concentrations, noise exposure (TWA/dose), emission limit compliance, and exposure time-dose relationships
- Follow-up for Environment Monitoring (Ambient Air, Soil, Noise, Lux & Drinking Water)
- Perform site inspections, safety walkdowns, and prepare Safety Observation reports
- Prepare HSE Plan and review subcontractor HSE plans
- Prepare monthly Training Matrix and deliver job-specific training
- Monitor confined space activity and ensure safety compliance
- Participate in Toolbox talks, Mass TBT, and safety briefings
- Prepare Emergency Response Plan and conduct mock drills
- Monitor high-risk activities such as Lifting, Confined Space, and Maintenance
- Ensure Legal Compliance as per the legal register
- Deliver training on Fair Culture Policy and implement Behavior-Based Safety
- Coordinate for External ISO Audit (ISO 9001, 14001 & 45001)
- Handle Safety Violations fairly
- Coordinate Safety Walk rounds of site with project management
- Prepare Monthly HSE Report and share with Management

## **IN-HOUSE TRAININGS**

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Confined Space Entry, Equipment Safety, Heat Stress, Power Tools, Hand Tools, Excavation Safety, Lifting & Rigging, Safe Driving, Slip Trip Fall, PPE, LOTO, Work Permit, Electrical Safety, Work at Height, Welding Safety, Environmental Awareness, Hazard Identification, SCBA Training

## **HSE METRICS & ACHIEVEMENTS**

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- Reduced LTIFR by 35% and TRIR by 28% across industrial and construction sites
- Conducted 120+ safety audits and inspections, identifying 450+ corrective actions
- Delivered 2,500+ man-hours of HSE training, achieving 100% contractor compliance
- Led emergency response drills and tabletop exercises, enhancing preparedness for mining operations
- Implemented process safety reviews (PHA, HAZOP, LOPA), mitigating high-risk hazards in EPC projects

## **COMPUTER SKILLS**

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Microsoft 365 — SAP — Primavera — AutoCAD Safety Modules — HSE Software Systems — Documentation Control — Microsoft Teams — SharePoint — Zoom — Canva (Safety Training)

**Certificates:** Board of Certified Safety Professionals (CSP & ASP) and all other professional certifications complete version are available upon request and can be verified online .

