

REHAN ULLAH

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Gender: Male | **Date of birth:** 05/01/2003 | **Iqama status:** Transferable | **Available:** Immediately

CAREER SUMMARY

A Bachelor's graduate in Zoology specializing in Environmental Science and Toxicology, with NEBOSH certification and practical experience in laboratory and construction site safety. Skilled in risk assessment, hazard identification, and safety compliance. Seeking an entry level HSE position to contribute to a safe and efficient work environment.

WORK EXPERIENCE

- Feb 2023 - Feb 2024** **CGGC - DESCON Joint Venture - Mohmand Dam Hydropower Project (800 MW), Pakistan**
Safety Officer (Part-Time)
- Implemented and monitored workplace safety programs under senior HSE supervision during the hydropower project construction phase.
 - Conducted daily site inspections, safety briefings, and ensured compliance with HSE standards.
 - Supported risk assessment activities, accident prevention measures, and incident reporting.
 - Promoted safety awareness among workers through on-site training and toolbox talks.
 - Recognized by project management for professionalism, reliability, and strong work ethic.
- Mar 2024 - Jul 2024** **Capital Engineering Services (Pvt) Limited (CES) - Peshawar, Pakistan**
HSE Officer / Documents Controller (Part-Time)
- Implemented HSE policies, conducted site inspections, and delivered safety training.
 - Monitored work permits and maintained HSE records.
 - Managed project documents and coordinated reports for audits.
- Aug 2024 - Jul 2025** **Toxicology/ Fisheries Laboratory, Department of Zoology, Hazara University, Pakistan**
Research Assistant
- Ensured adherence to laboratory safety protocols and chemical handling procedures during experiments.
 - Conducted water quality and toxicity analyses using safe sampling and disposal techniques.
 - Monitored and reported environmental exposure impacts with data visualization in SPSS and QGIS.
 - Prepared and maintained safety checklists for experimental setups and sample storage.

EDUCATION

- Sept 2021 - Jul 2025** **Bachelor of Science (B.S.) in Zoology, Environmental Science and Toxicology**
Hazara University Mansehra, Pakistan (www.hu.edu.pk)
- Thesis Title:** "Assessment of Microplastics Induced Immuno-Endocrine Disruption in The Endemic Freshwater Fish *Tor putitora*".
- Aug 2019 - Jul 2021** **Higher Secondary School Certificate (equivalent to A-Level)**
The Knowledge School and College Khal, Dir Lower, KPK
- Passed all courses with 1st Division.
 - Studied Biology, Chemistry, Physics etc.
- Apr 016 - Mar 2018** **Secondary School Certificate (equivalent to O-Level)**

Government High School Shekowli, Dir Lower, KPK

- Passed all courses with 1st Division.
- Studied in Group Science.

CERTIFICATION

- **NEBOSH International General Certificate (IGC).**
- **OSHA 48 Hours General Industry Standards.**
- **IOSH Managing Safely.**
- **ISO 50001: 2018 Energy Management System Awareness.**
- **Fire Warden Training.**
- **Fire Prevention & Safeguarding.**
- Soft Skills Training.
- Computer Basic Course.

TRAININGS, CONFERENCES & WEBINARS

- Beyond the Edge – high rise planning and safety at height | Webinar
- From Risk to Readiness: how to protect lone workers in a crises-driven world | Webinar
- Stress Risk Management | Webinar
- Offshore community: stay focused, stay safe – distraction at sea
- The 100 Days of Summer – staying safe and strong in the heat | Webinar
- The impact of climate change and heat stress on occupational health and safety | Webinar
- Engaging youth as champions of social action for climate change | Training

SKILLS

- **English** - Proficient (written and spoken)
- **Arabic** - Beginner
- **Urdu** - Native

Administrative & Document Management

- Proficient in MS Office (**Word, Excel, PowerPoint**), **Google Sheets**, and **Google Docs**.
- Expert in **Outlook, Gmail** and document management tools, including **PDF Nitro** and **iLovePDF**.
- Working knowledge of document control and file management using **Aconex, SharePoint**, and similar platforms.
- Data entry, data cleaning, and documentation management.
- Report preparation, record keeping, and organized file management.

HSE Competencies

- Hazard Identification & Risk Assessment
- Safety Audits & Inspections
- Incident Investigation & Reporting
- Emergency Response Planning
- Toolbox Talks & Worker Safety Training
- Permit to Work (PTW) System Awareness
- PPE Compliance Monitoring.

REFERENCES

- Available upon request